

Meditation at the United Nations



MONTHLY BULLETIN OF THE
UNITED NATIONS MEDITATION GROUP



Our Hope For Mankind

INSIDE - FRONT COVER - BLANK

MEDITATION AT THE UNITED NATIONS

MONTHLY BULLETIN OF THE
UNITED NATIONS MEDITATION GROUP

(1)

Since January, 1973, the United Nations Meditation Group has published the monthly bulletin, *Meditation at the United Nations*. This publication offers a basic introduction to meditation techniques and spirituality through questions and answers and lectures, and also reviews the group's activities. Profits from the sale of this bulletin are donated to UNICEF.

Editor:

Elizabeth Addison

Distribution:

Margarita Ignatieff

Cynthia Austin

Assistants:

France Vacher

Maureen Guiney

Anselmo Evans

For information:

Elizabeth Addison

Room 3401

Copyright © 1977 by Sri Chinmoy.

UNITED NATIONS MEDITATION GROUP



WE BELIEVE

. . . and we hold that each man has the potentiality of reaching the Ultimate Truth. We also believe that man cannot and will not remain imperfect forever. Each man is an instrument of God. When the hour strikes, each individual soul listens to the inner dictates of God. When man listens to God, his imperfections are turned into perfections, his ignorance into knowledge, his searching mind into revealing light and his uncertain reality into all-fulfilling Divinity.

—*Sri Chinmoy*

(3)

EDITOR'S NOTE

The United Nations Meditation Group consists of U.N. staff members, representatives, delegates and NGO's who believe that a spiritual approach to world peace is inherent in the basic U.N. ideals and can go hand in hand with political striving for U.N. goals. The Meditation Group at New York Headquarters was inaugurated on April 14, 1970. At that time it invited the well-known mystic and philosopher Sri Chinmoy to lead its meetings in the Peace Room of the Church Center for the United Nations. As its membership increased and the scope of its activities expanded, the Meditation Group began holding meetings Tuesdays at 1 p.m. and Fridays at 12 noon in the Secretariat. A Geneva branch of the Meditation Group, which was established in early 1977, meets Tuesdays at 12:30 at United Nations Geneva.

Staff members of the Secretariat, delegates and representatives from Missions, Specialized Agencies and non-governmental organisations accredited to the U.N. are most welcome to join in these meetings, as well as in our other activities.

TABLE OF CONTENTS

Painting for World Peace Unveiled.....	6
Questions and Answers.....	20
* <i>on the world situation and the United Nations</i>	
United Nations Meditation-Flowers	33
To-morrow's Noon	35
Song by Sri Chinmoy	37
* <i>"The Lord's Sun-Vision Plan"</i>	
Questions and Answers.....	38
* <i>submitted by Mr. Robert Muller</i>	

PAINTING FOR WORLD PEACE UNVEILED

An environment in green, blue and a myriad of other colours was unveiled the evening of 3 May 1977 by Ms. Martha Lackner, World Environment Day Coordinator, at the Jharna-Kala Gallery in Manhattan.

The 6-foot-by-9-foot painting by Sri Chinmoy, Director of the United Nations Meditation Group, is entitled "United Nations: the Heart-Home of the World-Body" and is dedicated to U.N. efforts toward world peace. It is scheduled to go on world tour, beginning with showings in Geneva, England and France.

After the dedication of the painting, Sri Chinmoy spontaneously painted 51 additional works. "Jharna-Kala", which is what he likes to call his art, is the Bengali term for "Fountain-Art", art springing spontaneously from the deeper regions of man's consciousness.

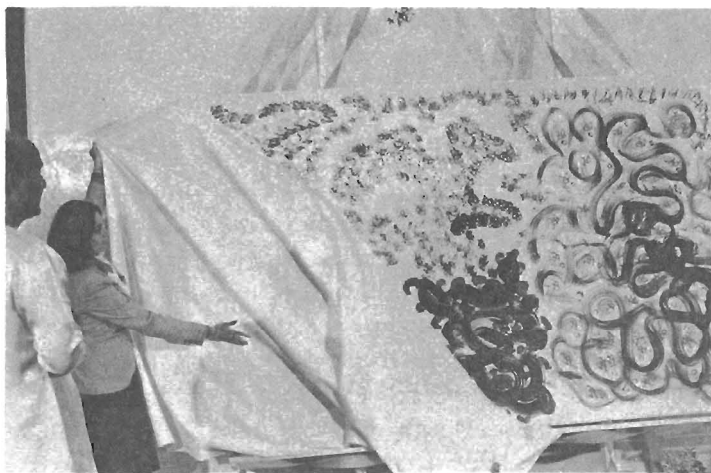
The evening was enriched by performances by members of the U.N. Meditation Group of a play, songs and music.

Sri Chinmoy's paintings, which include acrylics, oils, watercolours and pen-and-ink drawings, are not for sale. There have been exhibits, however, at the Museo del Arte in Ponce, Puerto Rico and the School of Visual Arts in New York, which recognised his work with a special award. Gallery

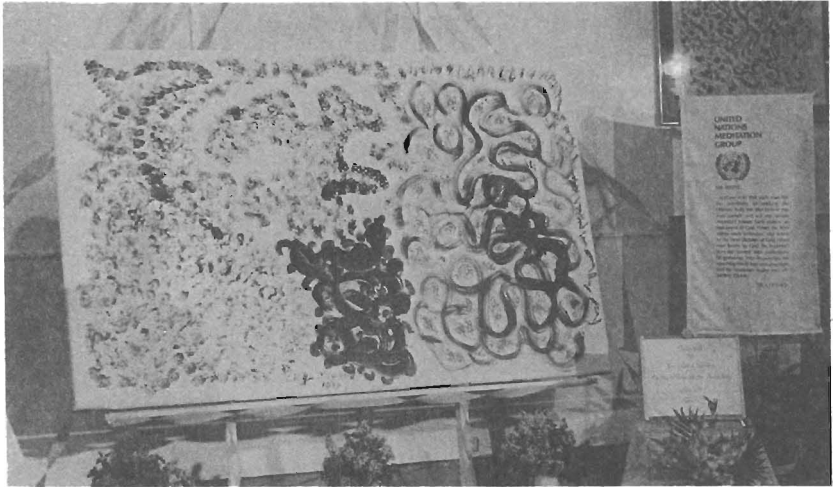
showings have been held in New York, Washington, San Francisco, Ottawa, Montreal, Zurich and Hamburg.

A portion of Sri Chinmoy's paintings, which number 120,000, are usually exhibited twice yearly in the New York area as a one-man gallery showing, which is always well-attended by U.N. staff.

At the close of the evening, staff from the United Nations Secretariat, UNICEF, UNEP, delegations and non-governmental organizations expressed their support and praise for the United Nations. The transcriptions of their spontaneous comments follow.



Ms. Martha Lackner, World Environment Day Coordinator, unveils Sri Chinmoy's painting dedicated to the U.N. efforts toward World Peace (photo by Richard Howard).



The painting is entitled: "The United Nations: the Heart-Home of the World-Body."

Ms. Martha Lackner, World Environment Day Coordinator: I am very happy to be here tonight, and I would just like to say a few words about World Environment Day, which is the fourth of June.

Its goals are not only to raise the consciousness of the people in New York City and throughout the U.S. and the world to the very terrible environmental degradation that goes on, but also to look for the good things that we can do, to seek harmony with all living things around us.

I just want to ask you all to come to the United Nations on June fourth where Margaret Mead and Jacques Cousteau and the Director of the United Nations Environment Programme, Dr. Tolba, will speak. And after the ceremony at the United Nations, at Dag Hammarskjold Plaza there will be an environmental fair. There will be literally hundreds of organizations taking part and more speeches and good food and good entertainment. I hope you all come. Thank you.

Ms. Brigitte Trimmer-Smith, UNICEF spokeswoman: My name is Brigitte Trimmer-Smith and like some of the others present I work for UNICEF, the United Nations Children's Fund. From the programme so far this evening, I can see the great spirit that is here towards the U.N. So I know I don't really have to offer my encouragement. I am sure most of you have seen the recent articles in the *Daily News* attacking the U.N. and I feel it is necessary for people who support the U.N. to express their support. Unfortunately, bad news makes the headlines; good news does not.

I want to mention something which I feel is very good news and an exciting possibility. It is the International Year of the Child, which the recent General Assembly approved for 1979. UNICEF has been asked to coordinate the activities for the Year. It might be a little early to be speaking about it, but I feel the Year is a good example of the United

Nations' work. This Year could really help in a great way to abolish ignorance in many forms among the children of the world. The less ignorance there is in the world, the more possibilities there are for people to support the ideas for which the U.N. exists. The children are the future of the world; they ensure the best chance for peace.

The last thing I wanted to say was about Sri Chinmoy's paintings. They are so incredibly joyful, full of colour and lively. I don't know if the artist has any plans for the paintings but I think a good idea and something I would like would be to see one of them for UNICEF, to be on the UNICEF greeting cards, especially for the Year of the Child.



Sri Chinmoy greets sculptor Domenico Mazzone, who recently sculpted a bust of former Secretary-General U Thant for him.

Ms. Yvette Riplinger: I am Yvette Riplinger and I belong to one of the latest children of the United Nations, the United Nations Institute for Training and Research. I have been a staff member a very long time and I have seen the U.N. evolve like a flower. Sometimes it opens, sometimes it closes and opens again, as the lotus in the morning. We have to keep before us this image which I am sure Sri Chinmoy understands very well. Also, I have always thought of myself as one of the stones, or rather one of the bricks, part of the brick walls—meaning the foundation which we built. I did not think of it at first in terms of the soul, but I realise that, in fact, even bricks have souls; they *are* like souls. And the souls of all of us make up the U.N. walls. It is like a church where the souls of the members are the true composite of the church. So is the U.N. a kind of spiritual edifice, towering high in the sky, not only physically but also in ourselves. We have to keep our eyes focussed on this lofty definition of “the body” and especially the “soul” of the United Nations. Sri Chinmoy must be thanked for focussing our attention on this particular way of looking at it.



Mr. David Rowe, Political Advisor to the U.S. Mission, expresses his support for the United Nations, amidst the colourful Jharna-Kala exhibit.

Mr. David Rowe, Political Advisor, United States Mission to the U.N.: I'm David Rowe at the U.S. Mission to the U.N., one of the many humble servants of the U.S. Government working here. What I would like to say is sort of in the way of a personal anecdote, which I hope will be illustrative of a point which I think is very, very important to the work that goes on at the U.N.

When I arrived in New York, I was told that I would be assigned to a certain committee. It had a

very long title and it sounded very impressive, so I said yes. So I proceeded to this committee. There were many serious men sitting around this table and I asked them what they did. There was sort of an embarrassed shuffle, and I was told that they did a lot of talking. I thought that was all right. I like to do a lot of listening, so I thought it would be a fairly successful occasion. But it turns out this committee has been in operation for twelve years. In fact, I have just come from one of the meetings of this committee, and its total accomplishment in twelve years is to write four sentences. They are tortured sentences that have cost blood, sweat and tears of these very dignified men. Some of our very best advisers of the U.S. Government are there, so I know it is a very important committee. But I asked myself many times and I ask myself this evening: Why is it that sane men would sit around a table and seemingly in good faith spend that amount of time? I've looked for the answer because there seems to be good will there, there seems to be determination there; and yet there must be something else as well. And I think I've found that something else this evening as I found before when I first discovered Sri Chinmoy and the U.N. Meditation Group. It's a sustaining type of force, a force that's based on illumination and compassion. And this is the element which I think keeps the U.N. together. In addition to the good will and cooperation of well-intentioned men, there is a force, a force that is beyond all this.

Let me give a further illustration of this. There is an old saying about the U.N.—I'm sure you've heard it: "If it didn't exist, it could not be created." It's usually said by the U.N.'s detractors that this means the U.N. is so bad that it would be impossible to create such an institution. But on the other hand, I think it can be interpreted as meaning that it's so good, that there is so much of a base, plus this special dimension, this special force and energy that is there, that it couldn't possibly be created by mere human beings. I think we owe an enormous debt of gratitude to Sri Chinmoy and the U.N. Meditation Group and to all of Sri Chinmoy's disciples for their contribution and sustaining influence in the United Nations. Thank you.



*Sri Chinmoy chats with Mr. Brian Gormley,
Dean of New York's School of Visual Arts.*

Mr. Donald Keys, World Association of World Federalists: I am Donald Keys, one of those Non-Governmental Organisational people, and I feel that there are two United Nations. There is the United Nations that makes the *Daily News* headlines and then there is the inner United Nations, which many people do not think about but many people feel. The United Nations is a microcosm of mankind. It's the first time and the first place that all of humanity has in a sense been together in one place. And because that is true, it is creating something entirely new to the planet and entirely new to our experience.

I feel very strongly that it's that very fact that has brought someone like Sri Chinmoy to this place, to stand for, to interpret, to focus and to represent that inner, truer, realer United Nations which is beginning now to make itself felt—the United Nations which, in years to come, will in fact transform the state of affairs between nations and for mankind.

Mr. John Ofosu-Benefo: My name is Ofosu-Benefo. I am from the Secretariat. I would just like to say a few words about the United Nations Organization. As you all well know, the United Nations Organization was established to maintain international peace and security. And while its achievements in many fields have not been very

spectacular, it has been able to bring peace in many parts of the world. Of course, it is not safe to mention places where peace has been achieved because, by implication, one would be saying that there was no peace there, and that maybe is debatable.

But as you all know, before the Organization can do anything it has to get the concurrence of the member governments. And as most people are aware, member governments are not very willing to surrender part of their sovereignty to the Organization, so that it can carry out its many duties and functions under the Charter very successfully. Therefore, the success and "failure" of the Organization is a reflection of the success and "failure" of governments in their dealings with the Organization.

There are some people such as the Guru, Sri Chinmoy, who are dedicated to serving the Organization. Even though he doesn't represent a government, we know that he represents those who are sincerely trying to bring about peace and maintain international security and order in our troubled world.

We feel that it is a God-sent blessing that we have the Guru to direct the spiritual progress of sincere seekers at the United Nations who also sincerely believe in the Organization and in its goals. Even though the Organization is not yet perfect, still through our collective efforts, our collective willingness and determination to do things with

single-mindedness, we will be able to achieve great things for the Organization and the Organization will be able to live up to the Charter and all its other obligations.

So while the Organization is still imperfect, we should consider ourselves very, very fortunate to have people of good will both from governments and from other organizations, representatives of the press, for example, who really believe in the Organization, who believe that the Organization is there to serve all mankind and not to serve any particular government or group of people. At a gathering like this, to witness the dedication of Sri Chinmoy's beautiful and inspiring painting to the United Nations, we cannot but feel grateful that we have a Guru of his calibre in our midst here in New York. Through his hard and dedicated work and indeed the devotion of his life in serving humanity, Sri Chinmoy has set an example for all of us to emulate. As a result of his efforts, his insights and his teachings, we ourselves are trying to live the kind of life that he has been emphasizing since he was invited to become the Director of the United Nations Meditation Group. With his co-operation and with the guidance of the Supreme Pilot, we hope to be able to achieve much for the United Nations. Thank you.

Ms. Nishta Baum, Sri Chinmoy Centre NGO representative: On behalf of the Sri Chinmoy Centres I would like to thank all of our U.N. guests and honoured friends who have joined us tonight. Sri Chinmoy is a man of tremendous vision and inspiration. These gifts he imparts to us in many diverse areas of life, as demonstrated by the lovely paintings in this *Jharna-Kala* Gallery and by his exemplary dedication to his work at the United Nations. In all his endeavours Sri Chinmoy touches the soul, the true spiritual Reality, the highest Source. His meditative life is the key that enables him to uncover this Height and Depth. His paintings, his music, his literature, his offerings to the United Nations, bring earth something absolutely original and deeply genuine. They are revelations of a Source deep within him—the outer music of his deepest Inner Silence.

Those of us who have been blessed to know him are showered with his exemplary inspiration—his determination, creativity, constant self-transcendence and, above all, his embodied vision that each man may lead this world to Peace through self-offering, inner joy and universal love.

The spontaneity and childlike enthusiasm of Sri Chinmoy's art always leap into my heart whenever I visit his galleries. And tonight I am deeply grateful on behalf of myself, the Sri Chinmoy Centres, and the United Nations for this beautiful new painting which is a gift for the entire world. It will begin its

journey around the world very soon and I am sure wherever it goes it will impart Sri Chinmoy's enlightened consciousness of universal Love, Joy and Oneness.

I feel extremely grateful to be among those selected to witness this painting's unveiling—a moment that, I feel, symbolised the removal of the ignorance-veils of centuries to reveal the soul's inmost consciousness. I hope the world will receive this painting's Light and I hope the world will take note that Sri Chinmoy has unveiled it first for the United Nations, which he truly regards as the body and soul of the entire world. Thank you.

QUESTIONS AND ANSWERS

On 20 May 1977 Sri Chinmoy answered the following questions, which had previously been submitted to him by a member of the United Nations Meditation Group.

Question: In general what is the order of importance, urgency or priority today of the following problems of mankind: economic, social, political, religious? Why?

Sri Chinmoy: According to me, this will be the order: religious, political, social and economic. Why? If people are religious, they will try to lead a better life, a purer life. What the world needs most is a better life and a purer life. Next is political. Politics governs the mind, the vital and the body of mankind. As religion mainly deals with the heart and inner feelings, even so politics deals mostly with the mind—the organising mind, the energising vital and the alert body. Then comes the social. After religion has touched the heart and politics has touched the mind, the vital and the body, then there should be amity and friendship in the society. At this time the individual is becoming collective. After an individual becomes religious and offers light to mankind, then he has to establish his

friendship, his social qualities. At that time economic problems will be solved easily.

So first we think of God and offer light to our nation, our country. Then we want to become closely connected with others. When we want to become closely connected with others, then economic problems will be solved considerably. For then my need you will feel as your need and your need I will feel as my need. At that time I shall be more than ready to help you and you will be more than happy to help me. But if we don't feel our oneness, then we shall not feel each other's needs. So first religion, then politics, then social problems and then economics.

Question: In particular, which is more important: the relations East-West (political) or North-South (economic)?

Sri Chinmoy: Both are equally important. If East and West are not united, if they do not see eye to eye with each other, then there will be a disaster not only on the mental plane but also on the vital plane and the physical plane. So political relations between East and West are of paramount importance. Again, of equal importance are the economic relations between North and South. If North and South do not share their economic achievements, then there will also be a terrible disaster on

the mental plane, the vital plane and the physical plane.

In both cases, between East and West and between North and South, what we need is a feeling of sympathetic concern, love and oneness. Between East and West the political reality is of paramount importance. Between North and South the economic reality is of paramount importance. The political reality of one hemisphere should not try to dominate the political reality of another hemisphere. Again, the poverty-stricken countries and the rich countries have to realise that they can have satisfaction only when the rich offer their wealth to the poor and when the poor accept this wealth with gratitude and not with a demanding attitude.

Question: What should be the attitude of a world-disciple in relation to dictatorships, imposed will and restriction of individual rights and liberties? To refuse any contact or compromise in the hope of their evolution?

Sri Chinmoy: A world-disciple will never compromise. His is the life that will soulfully and dauntlessly fight dictatorship, imposed will and the restriction of individual rights and liberties. Compromise can never be the answer. When we make a

compromise with darkness and ignorance, then it is half and half: ignorance gives half and light gives half. But the half that ignorance keeps is destructive, so ignorance has to be totally transformed. The entire ignorance has to come and take shelter in light. So there can be no compromise between truth and falsehood. If there is a compromise between the two, then falsehood will rule half the world.

There is no such thing as compromise in the inner life—either God or Satan, either ignorance or light, either day or night. If you compromise with darkness and hope that eventually darkness will change into light in the process of evolution, then I wish to say that this is a false hope. Night will not change, darkness will not change. It is the light that has to operate consciously in and through night. Otherwise, night, as such, on its own will never give way to light. It is the power of light that will have to compel the night to surrender for its own good.

Question: Do you think it is possible to change the United Nations organisation without changing the Member States? If so, of what use would be the existence of such a closed circuit?

Sri Chinmoy: It is not necessary to change the Member States in order to change the United

Nations organisation. One may call the Member States a closed circuit and, from a particular point of view, one may be justified in saying so. But from a different angle if we see the situation, then we can say that when there is a large body or organisation, within the large body there has to be a smaller body to organise the thing. If all the countries were equal, and everybody held the same status, then there would be no organisation. When there is a school, there is one teacher and many students. It is not a hierarchy in an authoritarian sense; only it is a necessity. If we build a house, then we need an engineer and an architect, and also a few workers. If everybody does the job of the architect, then there will be no workers to build the house.

In such a big organisation as the United Nations, some countries have to shoulder more responsibility than other countries, so naturally they will have more voice. If everybody became the king, then there would be no subjects. Here I am not saying that some Member States are kings; only some should come forward to show light to others. If everybody had light, then everyone would be in Heaven. At that time earth would be Heaven itself. But this is not the case. Again, all the countries should be more sympathetic and develop greater oneness. Then it would be an ideal situation.

Question: Do you agree that the main task of the world-disciple today is to help bring the nations' souls to the fore?

Sri Chinmoy: Yes, I fully agree. The world-disciple must needs help bring the nations' souls to the fore. When the soul comes to the fore with its inner effulgence, divine effulgence, then it is only a matter of time before the mind, vital and body accept it. The aspiring heart immediately accepts it, but the other members may take some time. But we have to come without from within. We sow the seed underground and then it germinates. It becomes a sapling, a plant and finally a giant banyan tree. So from within the reality must come forward, and it is the soul that embodies the reality and the divinity within.

Question: Good will is love in action and a first step to true spiritual love. Should it not be the main quality to be fostered and pointed out to mankind?

Sri Chinmoy: You are absolutely right. Good will is love in action and it has to be fostered and pointed out to mankind. But in order to point it out to mankind and foster it, we have to know where good will comes from. Does it come from the physical mind? No. Does it come from the dynamic

vital? No. Does it come from the alert body? No. Good will comes only from the crying heart, the heart that cries to see its Beloved Supreme in itself and in all other hearts. So the source of good will is man's aspiring heart. This good will that comes from the aspiring heart is undoubtedly love in action. And without fail it has to be fostered and pointed out to mankind in order to accelerate humanity's progress.

Question: Do you see any role for the United Nations organisation in the enlightenment of mankind? If so, will music be one of the components of such a role?

Sri Chinmoy: Yes, I see that the United Nations organisation has a definite role in enlightening the life of mankind. But it is not the outer music that will do the needful. Only it is the inner music, the music of the heart, that continuously feels and makes others feel that we are of the One and for the many. The many are our extended and expanded reality. Not the instrumental music, not the vocal music, but the psychic music of the United Nations can and will enlighten the face of mankind.

Question: Do you think that the system of "one country-one vote" is democratic? If not, do you see

alternatives before the accumulated wisdom of the nations' souls becomes the yardstick in the voting system?

Sri Chinmoy: It is always advisable for one country to have one vote. But this vote has to come from the general mass. It is not an individual will that is being executed. Otherwise, it will be like many minds going in many ways. At that time nothing will be settled and there will be no hope of reaching any conclusion. So the unity of the collective reality will have to voice forth, and then there will be one vote, one will, one reality—one illuminating and one fulfilling choice.

Question: If the United Nations Development Programme is the “heart centre” of the United Nations, which of the following—the Secretary-General, the Security Council or Economic and Social Council—is (or should be) the mind? Are there any other correspondences or analogies between organs and centres?

Sri Chinmoy: The heart centre need not be an individual; it need not be the Security Council or the Secretary-General or the Economic and Social Council. These are all realities, but these realities need not remain as separate entities. They can be combined together or at least the essence and

qualities of each of these realities can be unified. Then, when they are unified, there will be a feeling of oneness, and this feeling of oneness is nothing short of the heart centre.

Question: Do you envisage the creation of a second chamber at the United Nations? If so, should it be composed of some NGOs or of the wise men of nations? Should the General Assembly, as is, represent the will of the nations and that second chamber the love of peoples?

Sri Chinmoy: I do envisage the creation of a second chamber at the United Nations but it does not have to be composed of NGOs or of the so-called wise men of nations. The new creation must be composed of only selfless, dedicated workers—true servers and lovers of mankind, who do not merely remain in the theoretical plane but also come down to the practical plane and offer practical, effective answers to mankind.

Question: Do you foresee the possibility of a fully committed spiritual person becoming Secretary-General in this century?

Sri Chinmoy: It is hard to say who is fully committed spiritually and who is not fully committed

spiritually. In this case, as far as my inner feeling goes, I feel that Dag Hammarskjold was undoubtedly a fully committed spiritual person. As we know, spirituality does not mean self-abnegation. True spirituality means the acceptance of life as such. Here we have to know that this life which we accept is composed of spirit and matter. So if one embodies the spirit and wants to make the spiritual reality operate in and through the material proper, then one is undoubtedly spiritual. In the case of Dag Hammarskjold, we saw his inner light inundate his mind. Then from the mind, from the illumined mind, he executed the will of the heart, combining the illumining realities of the vital and the sacrificing realities of the physical. In the case of U Thant, who was a staunch and devout Buddhist, we saw that he brought to the fore the compassion-aspect of life, which is the purest jewel-reality in the human existence. He offered this compassion-reality to mankind unreservedly, almost unconditionally.

Sometimes the word "spiritual" is misunderstood badly. A spiritual person becomes an object of ridicule to the cynical human beings. Sometimes the non-believers, if not disbelievers, in God the Source of the Oneness-Creation, look down upon those who are spiritual. But those who inwardly see the inseparable oneness of God the Creator and God the Creation try to offer this realisation to the world at large. In spite of being misunderstood, in

spite of being assailed by physical ailments, as in the case of U Thant, in silence they act. And they leave the result at the Feet of God, the Author of all Good. I wish to tell you that the twentieth century has already been blessed with two spiritual giants: Dag Hammarskjold and U Thant. Secretary-General U Thant and Secretary-General Dag Hammarskjold are two most outstanding examples of spiritual persons. Outwardly they may not be recognised as spiritual figures. But being a spiritual man, I have established my own oneness with them – with their achievements, with their tremendous sacrifice, with their inner cry – and I wish to say that they were undoubtedly spiritual persons committed to **spiritual realities** which are not easy for the doubtful, sophisticated mind and analytical intellect to comprehend.

Question: The Preamble of UNESCO's constitution states that wars begin in the minds of men and it is there that they will have to be eradicated first. Mankind's minds are changing; yet a general war is still a possibility. Would you comment?

Sri Chinmoy: It is true that wars begin in the minds of men. If the mind changes, then there will be no war. But how will the mind change? The mind will change only when it is transformed. There is only one way to transform the mind and

that is to bring the reality, the divinity, of the heart to the fore. The mind of humanity is changing, but it is going at the speed of an Indian bullock cart. At any moment the storm of doubt and the hurricane of jealousy can stop humanity's mind from proceeding farther. But if the heart qualities come forward and illumine the mind, then there can be no doubt-storm or jealousy-hurricane. An illumined mind founded upon the loving heart can not only put an end to war, but also expedite world-oneness, world-perfection and world-satisfaction.

Question: Nuclear arms and nuclear energy are very dangerous tools. What is your attitude toward both?

Sri Chinmoy: First of all, we do admit that nuclear arms and nuclear energy are very dangerous tools. Right now they are used for a destructive purpose, especially nuclear arms. But who is their creator? Their creator is a human being. A human being is the creator of nuclear arms and nuclear energy. But we have to know that the human creator is also a creation of a Supreme Creator. In a fraction of a second the Supreme Creator can change the destructive mind of an individual human being into a loving mind, a universal mind.

It is the operation of the mind that either maintains mankind or destroys mankind. If the Supreme

Force wants to operate in humanity's mind, then the dangerous things and dangerous achievements on earth need not and cannot remain dangerous. For there is something which is infinitely more powerful than the dangerous tools created by mankind, and this supremely powerful thing is God's Compassion for His children. When God uses His supreme weapon, Compassion, no human tool—no matter how dangerous—can face it. God's Compassion and God the Compassion are always for mankind. First God sends His representative, which is Compassion. Then, if He sees that His representative is not strong enough to solve the problem, at that time He Himself comes as God the Compassion. But in most of the cases, God's Compassion-Power is more than enough to save the world from imminent crises.

UNITED NATIONS MEDITATION-FLOWERS

The following short inspirational talks were delivered by Sri Chinmoy during recent meetings of the United Nations Meditation Group.

WHAT IS MY NEXT DUTY?

What is my duty? I have stopped dining with ignorance-sea. I have stabbed darkness-night. I have given a smart slap to frustration-giant. I have boxed the ears of anxiety-twinges. I have broken the nose of jealousy-impurity. I have kicked off my insecurity-world.

What is my next duty? I have literally taken the life-breath out of pride-autocracy. I have soulfully embraced humility-light.

What is my next duty? I have unlearned everything that I have learned from this insufficiency-world.

What is my next duty? Simplicity's life I have become. Sincerity's heart I have become. Purity's soul I have become.

What is my next duty? I have seen God face to face. I have loved God's Earth-Body and God's Heaven-Soul all at once.

What is my next duty? My vision has inseparably become one with God the Silence in Heaven. My

mission has inseparably become one with God the Sound on earth.

What is my next duty? My next duty, my only duty, is to beg the present God the Creator to transform Himself into a new Creator. I shall then urge the new Creator to create a new world which will be known as Infinity's Satisfaction-Delight, founded upon Immortality's Perfection-Light.

3 May 1977

ON A BIRTHDAY

On our birthday the Absolute Supreme reminds our soul about the promise that it has made to Him. On our birthday the soul reminds the body, the physical consciousness, about the promise that the physical has made to it.

The soul's promise to the Absolute Supreme was God-manifestation through conscious and constant cooperation with the body-consciousness. The body's promise to the soul is cooperation and unreserved and unconditional manifestation of the Supreme. When these two promises are fulfilled, the human being becomes a perfect instrument and perfect representative both of Heaven and of earth.

20 May 1977

TO-MORROW'S NOON

(continued from previous issue)

40.

The real fool is he who thinks that the act of surrender is an exorbitant price for God-realisation.

41.

Do not yield to frustration, for God-Compassion is running very fast towards you in order to save you, please you and fulfil you.

42.

Neither your aridity nor your austerity can bring God closer to you, for that task is meant only for your surrender-heart.

43.

A sophisticated life is not only a divine failure but also a human failure.

44.

Our doubting mind is usually distraught by the absence of its brood: frustration and destruction.

45.

Nothing is so hard as to dissuade the mind from doubting the reality's Existence-Bliss.

46.

A seeker of all-illuminating and all-fulfilling harmony must have a discerning ear for any dissonance either in the vital world or in the mental world.

(continued in next issue)

THE LORD'S SUN-VISION PLAN

U.N., U.N., U.N., U.N.!

You are the Lord's Sun-Vision Plan.

We know your soul, its beauty's flow,

A world-body's translucent glow.

$\text{♩} = 88$ Moderate-slow

U. N., U. N., U. N., U. N. ! You are the Lord's Sun—Vi---sion

Plan. We know your soul, it's beau-ty's-- flow, a world—

—bo--dy's trans--lu---cent glow-----.

The image shows a musical score for the hymn 'The Lord's Sun-Vision Plan'. It consists of three staves of music in a single system. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a time signature of 4/4. Above the first staff, the tempo is indicated as 'Moderate-slow' with a quarter note equal to 88 beats per minute. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes. The music features a mix of quarter, eighth, and sixteenth notes, with some rests. The piece concludes with a double bar line at the end of the third staff.

QUESTIONS AND ANSWERS

In the spring of 1977 the following soulful and profound questions were submitted to Sri Chinmoy by Mr. Robert Muller, Director and Deputy to the Under-Secretary-General for Inter-Agency Affairs and Co-ordination (continued from previous issue).

Mr. Robert Muller: Anthropologists have found a gradation of religious beliefs over the history of mankind: ritualism, animism, ancestor worship, polytheism, monotheism. All these forms were associated with changes in the social structure. Recently, the “age of reason” and the scientific and industrial revolution have rendered religion and spirituality obsolete—even harmful—in the eyes of many. What, in your view, is likely to be the “religion” or “spirituality” of humanity tomorrow as a satisfactory answer to man’s queries about his relationships with the universe, his fellow men and the mysteries of life? Is this likely to be reflected in the United Nations as a forum where humanity is seeking new ways for its destiny and fulfilment?

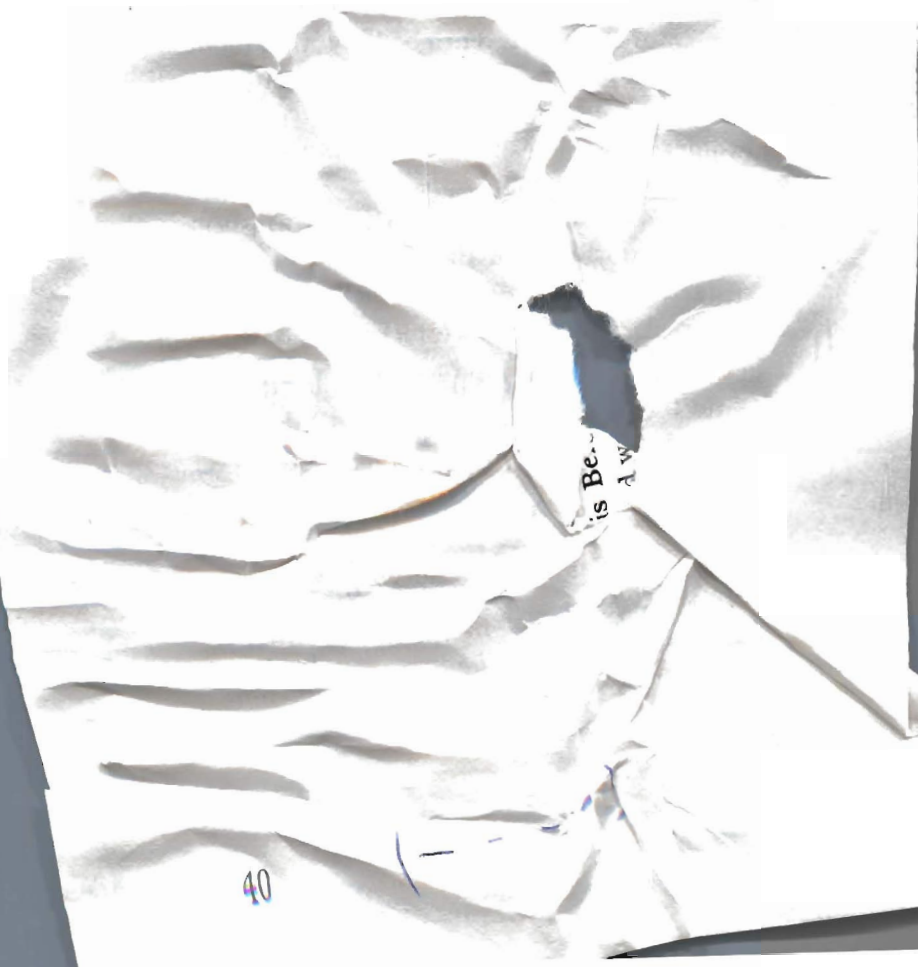
Sri Chinmoy: The spirituality of tomorrow will neither be the merciless rejection of life nor the disproportionate imposition of life; the spirituality of tomorrow will be the devoted acceptance of life

and the pure dissemination of the seeker's self-giving breath in order that he may become a God-blossoming beauty within and without.

Here at this point I am tempted to share with the rest of the world your most illumining ideas and most nourishing thoughts: "Indeed, how can we reach full consciousness and enlightenment if we do not let the entire world and humanity enter ourselves? Humility and the lowering of one's ego lead in the end to righteousness, happiness and the full mastery over oneself, enriched by the thoughts, dreams and feelings of others. Together with meditation, it is perhaps the clue to serenity in our bewildered, complex world. U Thant was a living proof of it."

The spirituality of tomorrow's dawn will beckon the desire-world to show the desire-world that real satisfaction lies only in the aspiration-life. The real spirituality of tomorrow's dawn will beckon the aspiration-world to show the aspiration-world that satisfaction lies only in the seeker's unconditional surrender oneness with his Source. The reality when the reality or the reality grows into the reality is in the reality. But when the reality grows into the reality even the stone blind must admit that the reality does exist, because of its scorching heat and loving warmth. Today's United Nations divinity-flame can be denied or challenged, but tomorrow's

United Nations divinity-sun shall give sight to the blind, offer legs to the lame and offer voice to the voiceless to mark the slow, steady and unerring beginning of man's quenchless satisfaction in God and God's breathless satisfaction in man.



and the pure dissemination of the seeker's self-giving breath in order that he may become a God-blossoming beauty within and without.

Here at this point I am tempted to share with the rest of the world your most illumining ideas and most nourishing thoughts: "Indeed, how can we reach full consciousness and enlightenment if we do not let the entire world and humanity enter ourselves? Humility and the lowering of one's ego lead in the end to righteousness, happiness and the full mastery over oneself, enriched by the thoughts, dreams and feelings of others. Together with meditation, it is perhaps the clue to serenity in our bewildered, complex world. U Thant was a living proof of it."

The spirituality of tomorrow's dawn will beckon the desire-world to show the desire-world that real satisfaction looks large only in the aspiration-life. The real spirituality of tomorrow's dawn will beckon the aspiration-world to show the aspiration-world that real satisfaction lies only in the seeker's unconditionally surrendered oneness with his Source, his Beloved Supreme.

The blind world can be skeptical of the reality or it can deny the reality when the reality is in the flame stage. But when the reality grows into the sun stage, even the stone blind must admit that the sun does exist, because of its scorching heat and loving warmth. Today's United Nations divinity-flame can be denied or challenged, but tomorrow's

United Nations divinity-sun shall give sight to the
blind, offer legs to the lame and offer voice to the
voiceless to mark the slow, steady and unerring
beginning of man's quenchless satisfaction in God
and God's breathless satisfaction in man.

