

Meditation at the United Nations



MONTHLY BULLETIN OF THE
UNITED NATIONS MEDITATION GROUP



Our Hope For Mankind

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MEDITATION AT THE UNITED NATIONS

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Since January, 1973, the United Nations Meditation Group has published the monthly bulletin, *Meditation at the United Nations*. This publication offers a basic introduction to meditation techniques and spirituality through questions and answers and lectures, and also reviews the group's activities. Profits from the sale of this bulletin are donated to UNICEF.

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UNITED NATIONS MEDITATION GROUP



WE BELIEVE

. . . and we hold that each man has the potentiality of reaching the Ultimate Truth. We also believe that man cannot and will not remain imperfect forever. Each man is an instrument of God. When the hour strikes, each individual soul listens to the inner dictates of God. When man listens to God, his imperfections are turned into perfections, his ignorance into knowledge, his searching mind into revealing light and his uncertain reality into all-fulfilling Divinity.

—*Sri Chinmoy*

EDITOR'S NOTE

The United Nations Meditation Group consists of U.N. staff members, representatives, delegates and NGO's who believe that a spiritual approach to world peace is inherent in the basic U.N. ideals and can go hand in hand with political striving for U.N. goals. The Meditation Group at New York Headquarters was inaugurated on April 14, 1970. At that time it invited the well-known mystic and philosopher Sri Chinmoy to lead its meetings in the Peace Room of the Church Center for the United Nations. As its membership increased and the scope of its activities expanded, the Meditation Group began holding meetings Tuesdays at 1 p.m. and Fridays at 12 noon in the Secretariat. A Geneva branch of the Meditation Group, which was established in early 1977, meets Tuesdays at 12:30 at United Nations Geneva.

Staff members of the Secretariat, delegates and representatives from Missions, Specialized Agencies and non-governmental organisations accredited to the U.N. are most welcome to join in these meetings, as well as in our other activities.

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PRESENTATION OF MAZZONE SCULPTURE

On 18 February 1977 Mr. Robert Muller, Director and Deputy to the Under-Secretary-General for Inter-Agency Affairs and Co-ordination, presented Sri Chinmoy with a bronze bust of U Thant by sculptor Domenico Mazzone. In honour of Sri Chinmoy's recent programmes of tribute to U Thant and the publication of his book U Thant: Divinity's Smile and Humanity's Cry, Mr. Muller commissioned Mr. Mazzone to do this replica of the sculpture of U Thant which stands in the bronze collection of the United Nations International School of New York. Sculptor Mazzone was also present as Mr. Muller dedicated the work to Sri Chinmoy with the following words:

Mr. Robert Muller: Dear Sri Chinmoy, as a small token of my deep appreciation for all you have done for the memory of our beloved U Thant, I have commissioned sculptor Domenico Mazzone, another great friend of U Thant, to make for you a bust of the late Secretary-General. It is my pleasure to offer it to you in memory of him.

Sri Chinmoy: Dear Mr. Muller, esteemed brother, I am accepting this with my heart's infinite gratitude. My heart will always treasure this soulful and blessingful gift of yours. This contains the living presence of our beloved U Thant. Each member of the United Nations Meditation Group will treasure this living presence which I

have just received from you both. The memory of this blessingful gift will be written and will always remain written on the tablet of our gratitude-hearts. On behalf of all the members of the United Nations Meditation Group, to you I offer our ever-growing gratitude.

You have received in abundant measure aspiration in the inner world and inspiration in the outer world from our beloved U Thant. Today you are blessing us with that inspiration and aspiration. We shall try our best to be more devoted to the cause of the United Nations and to be more worthy instruments of the soul of the United Nations.



Mr. Robert Muller and sculptor Domenico Mazzone present a bust of U Thant to Sri Chinmoy.

You have the same vision as our Secretary-General had. Your oneness-vision with him, with his soul, will be a beacon of light pointing the way to our journey's ever-transcending goal. U Thant was an extraordinary leader of the world. He was not only a pilot of the United Nations-Boat but also a supremely able pilot of the World-Boat. His was a colossal moral strength. His was an indomitable inner courage which sought to change the face of the world and transform human ignorance into divine wisdom-light.

Now I am holding not a mere bust, but a blessingful personality that guided and still guides humanity's destiny. U Thant's illumining soul, his soul of illumination, will always remain within us and his life of dedication will always remain for us. We are sailing in his boat of dedication, which is bound to reach the Golden Shore, the Shore that has boundless Peace, boundless Light, boundless Harmony and boundless Satisfaction.

Again, to you I offer my heart of infinite gratitude, and this I offer not only on my behalf but on behalf of all the members of our Meditation Group. This we shall cherish as an invaluable treasure in our heart of aspiration and dedication.

(Sri Chinmoy presents Mr. Mazzone with a copy of his book, U Thant: Divinity's Smile and Humanity's Cry): As a token of our deepest appreciation and admiration to the master sculptor in you, I wish to offer you this book.

Sculptor Mazzone: Thank you, thank you very much, I am deeply touched by your words. I feel like crying inside, so beautiful is this ceremony. What you said of U Thant is so true: he is the real light of the world. I have met many celebrities, but U Thant is really unique, so unique that I cannot find the right words. All I can say is that in my view he was very, very close to God. Thank you very much, thank you from the bottom of my heart.

Sri Chinmoy: I wish to play a very short piece on the esraj that I have dedicated to U Thant. It says:

U Thant, U Thant,
We love your silence-soul,
We loved your compassion-heart.
Your world harmony role
Challenged ignorance-dart.
U.N. pilot supreme,
You treasured perfection-dream.

I wish to offer this to the master sculptor in you.

After playing the esraj, Sri Chinmoy asked Mr. Muller to read out a short story Mr. Muller had written about his first acquaintance with Domenico Mazzone and the sculptor's work for the United Nations.

Mr. Robert Muller: Dear friends, this comes as a surprise to me, for I did not expect to be called upon to read this little story. I had sent it to Sri Chinmoy in order to acquaint him with the friendship which had developed between U Thant, Mazzone and myself. There are in this world mysterious forces which make it that certain people are destined to meet and to know, love and help each other in the pursuit of a common cause. Perhaps a noble objective tends to gather its servants. Or perhaps it happens outside of any rational law. It just happens. The story of my acquaintance with Domenico Mazzone and his presence here today are just two more links in a chain of events. When I have a little time, I write down these stories so that they may not be completely lost and may perhaps engender further beautiful happenings in the ascent of mankind. Here is my story of "Mazzone, or the Faith of a Great Artist".

One day, on my way to the United Nations, I saw in the window of a gallery in New York City a most extraordinary exposition of sculptures. There were powerful bronzes of Christopher Columbus, Toscanini, Cardinal Cooke; white marbles of nudes projecting themselves towards heaven in magnificent movements of joy; peaceful, classical Florentine busts of unknown persons; and several white plasters among which a pathetic Christ hanging from a pole, his two hands tied together above the head, sagged down in a dramatic gesture of death and despair. I thought to myself:

“Is it possible that there still exists such an artist in our epoch of largely decomposed and disarticulated art? Who is this would-be Michelangelo lost in our twentieth century? How can a man have such a strong belief in himself?”

An open book in the window told the story of the artist. It showed pictures of his mother and father from Puglia in the south of Italy. He had had no formal art training and was a simple stonecutter who had found in himself the urge to sculpt and to mould with his hands. He worked with some of the master sculptors of Italy and later came to America with no lesser an ambition than to be recognized as the leading sculptor of the twentieth century.

I stopped in front of that window every morning as long as the display lasted, deriving from its sight great strength for my own work at the United Nations. This man had an incomparable, intuitive grasp of the greatness and drama of life. His sculptures reflected the eternal trilogy of creation, preservation and destruction. Each bust expressed the deepest characteristics and aspirations of the sculpted person. His Christ in particular engraved itself profoundly on my mind. I had always wanted to have a Christ in my office at the United Nations, but it had to be a very special, a very beautiful and meaningful Christ. Mazzone's Christ was extraordinarily moving and beautiful. What a dream if it could someday adorn my office and inspire my daily work! But, alas, this was only a dream, for I would never be able to afford such a masterpiece.

I wanted to make the acquaintance of the artist who carried such a strong message in himself. He would be ideally suited to give expression to mankind's dreams for peace, justice, progress and beauty. I jotted down his name and address and told my secretary that I would write to him someday.

But in the turmoil of daily affairs such laudable intentions always receive lowest priority. Art and beauty are not main preoccupations of our time. For one artist, there are dozens of economic consultants or other experts who knock at the door of the United Nations. It is true that food, health and shelter deserve priority, but artistic production and creativity too can offer happiness to the most humble creatures on Earth.

Several months passed and I never wrote to the sculptor. The display of his works in Manhattan ended, and all that was left in my mind was the powerful impression of his sculptures, above all that of his Christ.

Then one day I found on my desk a large envelope addressed to me by "Mazzone, sculptor, Jersey City". I thought I was dreaming, and I asked my secretary if by any chance I had written to him. I had intended to, but never did. The thought of telepathy crossed my mind, but the answer was much simpler: Mgr. Giovanetti, the Observer of the Holy See at the United Nations, had advised Mazzone to write to me in order to convey to the

Secretary-General U Thant his wish to sculpt a bust of him. This time I seized the telephone and called the artist at his studio:

"Mr. Mazzone, I know you well. I admired your work for many days at your display and I intended to get in touch with you. You seem to carry in yourself a very special message which is close to the ideals of the United Nations. I am sorry that I have not written to you as I intended, but Fate has corrected my negligence since you have written to me."

I told him also of the profound impression his Christ had left on me: "I will never forget the image of this tormented plaster body hanging against the background of a rough sack material."

A few days later Mazzone came to my office at the United Nations. He held an elongated object in his arms, reminding me of a covered machine-gun! He unwrapped it carefully: it was a replica of his Crucifix! He offered it to me with these words:

"I hope you will like this copy of my Christ. I made it especially for you. May God help you in your work as He does in mine."

This took place early in 1971. Today I could write a book about Mazzone. He has taught me so much about art and life. Above all, he has sustained my own faith with his unfaltering enthusiasm and zest for life. Often, in the evening, when I feel tired and discouraged after a troublesome day at the United Nations, I call Mazzone and I hear him say:

“Mr. Muller, I will never get discouraged, *mamma mia!* Life is so beautiful, even when I do not have one dollar in my pocket. You will see, everything will be all right.”

When people hear me speak so optimistically about the future of the world, they have someone in front of them who is often reinvigorated by Mazzone’s tenacious courage and faith. When I do not see him for a while, his Christ in my office reminds me that man should never give up hope in his struggle for justice, peace and beauty.

Today, two magnificent busts of U Thant adorn the U.N. International School in New York and the Peace Museum in Menton, France. Mazzone has created numerous priceless works dealing with United Nations subjects. U Thant, like me, fell in love with him, and one of his last joys was to learn that his bust had been unveiled at the International School shortly before his death.

Perhaps I was able to be of some help to Mazzone in his search for expressions of human feelings. I prompted him relentlessly to sculpt mankind’s highest ideals, such as peace, brotherhood, friendship, help, co-operation, love, faith, liberty, solidarity, etc. He always came out with the straight, simple and beautiful answers of the great poets and artists. When I challenged him to express happiness, he equated it with six fundamental feelings in a series of bas-reliefs reproduced on tin plates sold today in gift shops all over the United States. His perceptions were:

Happiness is being a mother.
Happiness is being a father.
Happiness is being brothers.
Happiness is being sisters.
Happiness is being a grandfather.
Happiness is being a grandmother.

In these lapidary statements he had defined happiness infinitely better than I in my essays. Hanging on a wall or standing on a cupboard, his bas-reliefs procure today more joy to more people than any lengthy philosophical works. My pride and consolation is that Mazzone's famous series on Happiness might never have seen the light of day if I had not prompted him to do it.

I hold only one thing against that great artist: he is the only man on Earth who made me regret that I was not rich. I have never laboured for wealth or fame since God has blessed me with a good body and mind, with a wonderful family and the most satisfying job in the world. But since I have known Mazzone, I have often thought that, if I were rich, I would lock him up in a studio and make him work day and night, as the Florentine rulers did, in order to extract from his divine hands the greatest possible number of immortal sculptures.

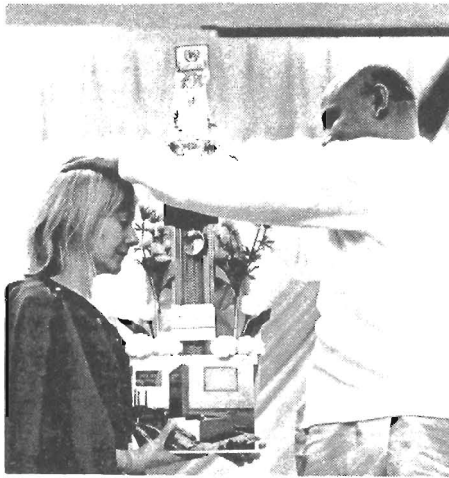
ANNOUNCEMENT OF GENEVA MEDITATION GROUP

At a meeting of the United Nations Meditation Group on 8 February 1977 Sri Chinmoy announced: Several days ago a branch of our Meditation Group was established in Geneva, United Nations. Our Sumedha was there for a Conference. With the help of Andreas Beyer she has officially formed a Meditation Group at the United Nations, Geneva, so this is a very encouraging and illumining achievement.

A few days later when Ms. Elizabeth Addison returned to New York, Sri Chinmoy presented her with a decorative trophy, saying: We talk about the United Nations: we have done this, we are going to do this in the near future or we shall do something in the distant future. At every second, at every moment we achieve something for the United Nations; if not in the outer world, then in the inner world we achieve something for the soul of the United Nations. Now, the source of our success, progress and continous achievement is our dearest Sumedha. With her we started our journey. It was she, the divine seeker in her, who first inspired us by opening up a Meditation Group in United Nations, New York. New York, United Nations is her contribution, utmost contribution. My heart's gratitude, ever-glowing gratitude, I offer to the Supreme in her.

Recently she was in Geneva and there she opened up a branch of this Meditation Group. On behalf of all the members of the Meditation Group, on behalf of all those present here, on behalf of the Supreme, my heart's continuous gratitude I am offering to her.

In telling about the Geneva group, Ms. Addison said: The group meditates every Tuesday at 12:30 p.m. with about twenty members. The people there were really glad to have something like this, and they are especially interested in having a theme for each meditation pertaining to things that the United Nations is doing and various conferences that it is holding.



Sri Chinmoy presents Sumedha with a trophy for her outstanding dedication to the soul of the United Nations.

A meeting of the United Nations Meditation Group held in the Dag Hammarskjold Auditorium was recently filmed and this short movie will be viewed by the Geneva group during one of their meetings to strengthen the inner and outer bond of aspiration and purpose that the two groups share.

UNITED NATIONS MEDITATION-FLOWERS

The following short inspirational talks were delivered by Sri Chinmoy during recent meetings of the United Nations Meditation Group.

The talks printed in the January 1977 issue, "Possibility-Seed" and "Sorrow," were given on 28 January.

NOW IS THE ONLY TIME

I hear a still small voice in the depth of my heart.
It tells me that now is the only time for me
To become great in the outer world,
And that now is the only time for me
To become good in the inner world.
My greatness is from God the omnipotent Creator.
My goodness is from God the omnipresent
Liberator.

Now is the only time to do God's Will.
What is God's Will?
God's Will is that I should never try to earn
anything from God.
I cannot earn anything from God.
Indeed, that is an impossible task.
Indeed, that is an absurd notion.
I can only cheerfully accept from God
What God unconditionally gives me.

Needless to say, God grants me at every moment
What He has and what He is.
But alas, where is my receptivity?
I know God has a special Will for me.
He always wants to take the initiative.
He wants me to follow Him.
He tells me that I am not going to lose my personal
freedom.
On the contrary, I shall increase my freedom,
For His Freedom-Vision is carrying me to my
destination
Which is flooded with Perfection-Delight.
In this connection, I have also discovered
something very important.
There is a great difference between these two
realisations:
I am one with God's Will and God is one with
my will.
I am one with God's Will. What does it mean?
It means that I am swimming in the ocean of
God's Wisdom-Delight.
God is one with my will. What does it mean?
It means that God is more than willing to be
with me in my ignorance-night
With His infinite Compassion-Light.
To know God's Will, surrender is the real way.
Indeed, that is the road for me.
I can weather all the storms of my inner life
and outer life

When my existence becomes unmistakably and
unreservedly
A surrendered flower-heart.
God tells me, "True, you do not know Me,
but your surrender-life knows.
True, you do not love Me, but your gratitude-heart
loves.
Your surrender-life is my cosmic Vision-Seed.
Your gratitude-heart is my cosmic Reality-Fruit."

1 February 1977

I AM HAPPY

I am happy because I always choose the right
moment.

I am happy because I am a good listener.

I am happy because I keep my voice down.

I am happy because I do not try to convince
others.

I am happy because I do not complain.

I am happy because I do not do two things at the
same time.

I am happy because I never think of two objects
at the same time.

I am happy because I have realised the truth
that the most important thing in my life is self-
improvement.

I am happy because I unreservedly accentuate
the good in others.

I am happy because I have considerably cut down on my desiring needs.

I am happy because I follow my thought-control programme every day.

I am happy because I never quit.

I am happy because every day I purify my heart by offering my heart of gratitude to the Absolute Supreme.

I am happy because I know that my love of purity works wonders.

I am happy because of a soulful daily prayer of mine, and that prayer is:

“O Beloved Supreme,
O Eternity’s Pilot Supreme,
Do transform the world
Starting with me, my life, my all.”

I am happy because every day I cry and cry to see the Real in me. The Real in me is my oneness divine, unreserved and unconditional, with the Will of my Beloved Supreme.

I am happy not because I am for my Supreme Pilot, not because my Supreme Pilot is for me, but because my Supreme Pilot eternally is. His very existence here on earth, there in Heaven, is my satisfaction. When I try to have Him for myself, I pull Him into my desire-life. But when I am for Him, I carry my desire-life into Him. In no way do I want to bind my Beloved Supreme. From now on my satisfaction, my supreme satisfaction, will lie only in my discovery of the fact that He alone eternally is.

15 February 1977

LIKE ME

Like me, do you dare to believe
That the finite has taken full responsibility
For revealing the Infinite?

Like me, do you dare to believe
That the life of duality has taken full responsibility
For revealing the sole Absolute Supreme?

Like me, do you dare to believe
That the life of sorrow has taken full responsibility
For revealing the life of Delight?

8 February 1977

HOW DO I KNOW?

How do I know
That I shall have a better opportunity tomorrow
To pray to God and to meditate on God?

How do I know
That I shall have the same opportunity tomorrow
To pray to God and to meditate on God?

How do I know
That I shall have any opportunity tomorrow
To pray to God and meditate on God?

How do I know
That God will stay with me tomorrow
In spite of my lengthening lethargy?

How do I know
That God will stay with me tomorrow
In spite of my increasing insecurity?

How do I know
That God will stay with me tomorrow
In spite of my staggering impurity?

Such being the case,
I shall have to depend only on today.

Even today is too much.
Stark temptation and wild frustration
May kill me if I wait for God-realisation
Until the end of the day.

To be sure, there is no tomorrow, not even a today.
All I have is now.
All I can ever have is now.

With now, my preparation begins.
In now, my realisation dawns.
For now, my perfection glows.

11 February 1977

APHORISMS

To love is to see man in God. To serve is to see God in man.

*

Ungratefulness strengthens the animal in us, weakens the human in us and shortens the divine in us.

*

Do you want to be happy? If so, then either push your desire-life aside or pull your aspiration-life inside.

*

To err is human, but only a special person has the God-given capacity to forgive.

*

We shall eventually give to God what He has already given to us: Eternity's soulful cry and Infinity's fruitful smile.

*

To have cheerfulness in utter helplessness is to start climbing up the Realisation-tree and to start climbing down the Manifestation-tree.

*

I have discovered two places where God is not. He is not in my ingratitude-heart and He is not in my non-acceptance of life. No matter how hard I try, I simply cannot be where God is not.

*

Yesterday my cheerfulness was my unparalleled achievement. Today my soulfulness is my unparalleled achievement. Tomorrow my willingness will be my unparalleled achievement.

*

No two friends are as intimate as cheerfulness and confidence.

*

A spiritual Master was once asked: "Why do you talk so much?" His immediate answer: "It satisfies. It satisfies the human in me and it satisfies the divine in my spiritual children."

*

Our best performance on earth is to employ
God's Compassion. God's best performance is to
destroy our imperfections.

4 February 1977

QUESTIONS AND ANSWERS

(Continued from previous issue)

On 12 November 1976 Sri Chinmoy requested the members of the United Nations Meditation Group to ask him a question from any field of endeavour. These soulful questions and answers, appearing first as a series in the U.N. Meditation Group Bulletin, are to be published in book form during the early part of 1977 as a New Year's offering to the soul and the body of the United Nations.

Jody Yeates: Is the United Nations destined to obtain spiritual power as well as political power?

Sri Chinmoy: The United Nations has already obtained spiritual power along with its political power. Unlike the political power, the spiritual power works in silence. Therefore, it is not noticeable to our human eyes, but it is being constantly felt in the hearts of those who are crying for a better, more illumining, more fulfilling life on earth.

Blaise Scavullo: Are the people who work at the United Nations especially chosen to work at the United Nations by some higher force?

Sri Chinmoy: In some cases, some of the workers in the United Nations are specially chosen by some higher forces to work at the United Nations. Again, in some cases it is mere chance. But if one works

devotedly and soulfully, no matter what brought him to the United Nations or how he came to the United Nations, then by virtue of his selfless service he becomes a chosen instrument of the soul of the United Nations.

Kathy Splain: How can we consecrate our lives to the soul of the United Nations?

Sri Chinmoy: We can consecrate our lives to the soul of the United Nations by constantly feeling that the goal which the United Nations has placed before us is something unprecedented. The United Nations is desperately trying to unify the weak and the strong, the small and the big, the unfortunate and the fortunate, the mind-power and the heart-power, the body-power and the vital-power. To unite and then elevate everything to a higher plane of consciousness is undoubtedly the unprecedented promise offered by the United Nations to the world at large.

Peter Neumann: How can we best inspire the people we work with?

Sri Chinmoy: You can best inspire the people you work with by becoming a constant flame of aspiration that illumines all those who are still

cherishing, consciously or unconsciously, ignorance-night, which is a lesser form of light.

Ralph Ireland: How can we meditate on the soul of the United Nations?

Sri Chinmoy: You can meditate on the soul of the United Nations either by imagining something that you feel is most beautiful, or by praying for the soul of the United Nations itself to reveal its presence in your conscious mind. Once your conscious mind sees or feels the soul of the United Nations, try to keep the experience constantly alive in your aspiring heart.

Bill Hass: How can the strong and developed countries offer their guidance to the less developed countries without incurring resentment?

Sri Chinmoy: It is entirely a matter of love. When the developed countries offer their guidance, sometimes the less developed countries show a kind of unfortunate resentment. Some countries feel miserable that they are not already endowed with the qualities and capacities that they have been crying for. Their resentment is almost akin to a rebelling, sulking nature. When this occurs, the developed countries must invoke the qualities of

earthly parents. They have to bring to the fore the parent-child relationship when dealing with the little members of the family who are at times unconscious, ungrateful or resentful.

Catherine Crager: What is the main problem or quality in the countries of the world which keeps them from acting according to the ideals of the United Nations?

Sri Chinmoy: The main problem is the problem of superiority and inferiority where the sense of separativity looms large. The feeling of identification is wanting. Therefore, the receiver and the giver are not willing to stand on the same footing of inseparable oneness.

Tish Noyes: How can I work with true spontaneity and sincerity at the United Nations?

Sri Chinmoy: You can work with true spontaneity and sincerity at the United Nations if you yourself constantly discover your own heart's spontaneity and cultivate your own life's sincerity at every moment of your conscious existence on earth.

Wendy Tashiro: What is the best way to bring a divine consciousness to everyday activities at the United Nations?

Sri Chinmoy: The best way to bring a divine consciousness to everyday activities at the United Nations is by making yourself consciously and soulfully feel that you are of the one Source and you are trying to manifest the Source in order to create a new world in the heart of the present-day world.

Sal Viscardi: How can the delegates and representatives at the United Nations best convey the ideal of the United Nations to their people in their countries?

Sri Chinmoy: The delegates and the representatives can best convey the ideal of the United Nations to their people by making the people of their nations feel that the United Nations is the reality-tree and that their own countries are solid branches of that reality-tree, which are destined to bear all-nourishing, all-energising fruits.

Matthew Hogan: Each year, does the United Nations try to achieve something new and if so, what has it tried to achieve inwardly and outwardly this year?

Sri Chinmoy: Yes, it is true that each year the United Nations tries to achieve something new. This year, 1976, it was trying to achieve two things—a glowing hope and a searching mind, and a fulfilling promise and a dedicated heart.

Merri Weisbrot: When we invite our co-workers who are interested in meditation but know nothing about it, is it preferable to just have them come and learn through silence or is it a good idea to explain meditation as best we can beforehand?

Sri Chinmoy: It is always advisable to explain meditation as effectively as you can according to their receptivity before you invite them to come to meditate. Otherwise, they will be totally lost and they will not be inspired to come again.

Gail Gershon: What is the best way to unite the ways of politics and the ways of the soul of a country?

Sri Chinmoy: The best way to unite the two is to convince the politicians and the political world that there can be no branches without a tree. The tree is the soul. The political world as such has no peace and will never have peace unless and until some illumining light comes to the fore from the

inner world. This inner light is always of the soul, and it is always for all who want to remain united and, at the same time, enjoy real freedom in co-existence and oneness-light.

Danny Tuohy: When does God want His Name spoken?

Sri Chinmoy: God wants His Name to be spoken at every moment, at every place, by every human being. We are His fruits. If the fruits can be aware of their seed, then the fruits will taste much better. That is to say, the individuals will be able to become better instruments, more illumining seekers and more fulfilling hero-warriors of God for God's manifestation on earth.

Peter Neumann: What stands between the outer goal of the United Nations and the inner goal of the United Nations?

Sri Chinmoy: First of all, we have to know what the two goals are. The outer goal of the United Nations is the expansion of its lofty ideas. The inner goal of the United Nations is the manifestation of its illumining and fulfilling ideals. A lack of self-giving stands between the ideas and ideals. If individuals and nations, instead of being self-

centered become self-giving, then there would be nothing to separate the ideas from the ideals, the outer goal and the inner goal.

Cynthia Weiss: For how long did the Supreme have the Dream of the United Nations before the soul was born and it became a reality?

Sri Chinmoy: The soul of the United Nations was born the day the Supreme embodied the Dream itself. For the Supreme, the Dream-Reality and the Reality-Dream are always together and are always the same thing. But human beings see the dream one day and the manifestation of that dream some other day. With regard to the birth of the soul of the United Nations, human beings had the dream two hundred years ago when America got its independence. Real independence, real freedom and real union are inseparable. Oneness is within; freedom is without. And the soul of the United Nations became vivid to us the day President Wilson's dream manifested itself in the form of the League of Nations. It is the same soul that is operating in and through the United Nations, infinitely more powerfully and infinitely more convincingly.

Linda Zwingenberg: What does the soul of the United Nations need most from the Member States?

Sri Chinmoy: The United Nations needs most from the Member States a true sense of compassion in the inner world and a true sense of co-operation in the outer world. The sooner the Member States become more self-giving and more co-operative, the sooner world harmony, world peace and world satisfaction will come into being.

Richard Howard: What is the spiritual significance of a photograph?

Sri Chinmoy: A photograph is at once meaningful and fruitful. The inner life can be seen on the outer face. The inner reality can be visible on the face of the outer reality. The inner height can be measured by the outer eyes. The inner depth can be felt by the human heart. Each photograph, if it is taken from a higher plane of consciousness, leaves behind a new hope, a new aspiration and a new realisation for Mother Earth to cherish and treasure.

Michele Hein: How can we help the speed of the United Nations increase?

Sri Chinmoy: We can help the speed of the United Nations increase by increasing our own inner speed. Our inner speed increases only when we have acquired a peaceful mind, a soulful heart and a fruitful soul.

Bob Knapp: How can we awaken spirituality in the other workers at the United Nations?

Sri Chinmoy: We can awaken spirituality in the other workers at the United Nations by our own examples. If they see something divine in us, something truly satisfying and fulfilling, then sooner or later, unconsciously or consciously, they will try to emulate us. Then they will be awakened the way we are awakened.

Pat Smith: As the United Nations evolves, will it become less of a political centre and more of a spiritual centre?

Sri Chinmoy: A divinely political centre and a truly spiritual centre are not two different things. We have to know that the United Nations has to be both divinely political and truly spiritual. When it is truly spiritual, it covers entirely the inner and outer existence of reality. And then it needs an opening to express itself. The divine politics, which

is inside the devoted hearts of the individual nations, can at that time be of great assistance to humanity.

(Continued in next issue.)

TO-MORROW'S NOON

(Continued from previous issue)

16.

In the inner world, there is but one intrepid hero and that hero is our sterling faith.

17.

Only a true and genuine seeker will not and cannot foment trouble for any human being on earth.

18.

If you get a thing in a fortuitous manner, your happiness will not or cannot last for good.

19.

With aplomb, you entered into the world. With aplomb, you can easily return to the Source.

20.

Do not speak ill of humanity. Humanity will ostracise you. But if you speak ill of divinity, divinity will not only forgive you but also illumine you and fulfil the Supreme in you at His choice Hour.

21.

The human way is bound to remain stereotyped, unless the divine way liberates the human way. The human way is to catch the reality and smile at the reality. The divine way is to feel the reality as one's very own and to dance with the reality in eternal oneness.

22.

A stilted life casts a slur on humanity's inner progress and divinity's pride inside human beings.

23.

Since God's Will is inscrutable, the best thing for us is to pray to become one with God's Will and derive joy from it rather than try to understand God's inscrutable ways.

(Continued in next issue)

LIE, TRYGVE LIE!

Lie, Trygve Lie!
O U.N. Boat's first pilot high,
Dauntless you fought for your ideal-sky.

Lie, Trygve Lie!
O Oslo, Norway's 'peace mission' son,
The world salutes your Spirit's run.

Lie, Trygve Lie!

$\text{♩} = 96$ Moderate

LIE, TRYGVE LIE!

The musical score is written on five staves in a single system. The key signature has three flats (B-flat, E-flat, A-flat), and the time signature is 4/4. The tempo is marked 'Moderate' with a quarter note equal to 96 beats per minute. The score begins with a double bar line and repeat signs. The lyrics are written below the notes, with hyphens indicating long notes. The final line of the score ends with a double bar line and repeat signs.

Lie, Tryg-ve--- Lie! O U---N. Boat's----- first-- pi--lot
high-----, Daunt-less you--- fought for-- your---
i---deal-----sky. Lie, Tryg-ve--- Lie! O Os-lo, Nor--way's
'peace mis-sion' son, the world sa-----lutes your
Spi-rit's run----- Lie, Tryg-ve--- Lie! Lie, Tryg-ve--- Lie!

OUR ASCENDING HOPE

U.N., U.N., U.N.!

You are our ascending hope,
 You are our spreading scope.
 The meteor speed of your boat
 Is touching the shore remote.
 Your victory's flower-light
 Shows us the Silence-Height.

$\text{♩} = 116$ Moderate

The musical score is written on five staves. The first staff begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a 4/4 time signature. The tempo is marked 'Moderate' with a quarter note equal to 116 beats. The melody is written in a single line. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes. A 'fine' marking is placed above the end of the second staff. The score concludes with a double bar line.

U.---N., U.---N., U.---N.!

You--- are--- our--- a--- scend-^{fine}ing
 hope, you--- are our--- spread-ing-- scope. The me-teor speed-

of--- your-- boat is touch-ing the shore re-----mote.

Your vic-t'ry's flo----wer—light shows us the---- Si-lence—

—Height-----, Height-----.

Da capo without repeat

"MEDITATIONS FOR THE WEEK"

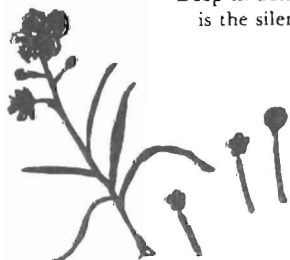
The following "Meditation for the Week" cards were offered to all who attended the regular weekly meetings of the Meditation Group.

What is truth?
Truth is the longing,
the birthless and deathless longing,
which we have and which we are.
This is the only truth—
nothing more, nothing less.



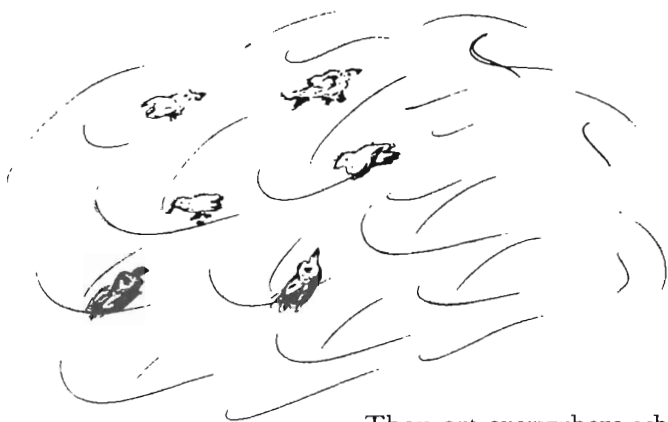
*1-7 February
U.N. Meditation Group*

Deep in action, in the heart of action,
is the silence of meditation.



*8-14 February
U.N. Meditation Group*

see page 38



Thou art everywhere when I say 'Yes,'
Thou art nowhere when I say 'No.'

C.K.G.
see 5th 1974

15-21 February
U.N. Meditation Group

The outer courage sees the right way.
The inner courage does the right thing.

22-28 February
U.N. Meditation Group



C.K.G.
see 6th 1974

ESSAY CONTEST

In January, Mr. Joseph LaGalia, a member of the United Nations Meditation Group, received Honorable Mention and a silver Papal medal in an essay contest sponsored by the Holy See Mission to the United Nations in celebration of World Peace Day, 1 January. The contest, open to staff members and their children between the ages of 15 and 21, was on the subject: "If your generation were given the responsibility for the United Nations activities at the present time, what would you propose to implement the Pope's World Peace Day theme: 'If you want peace, defend life?'"

At a ceremony for the entrants hosted by His Eminence Terence Cardinal Cooke, Archbishop of New York, the two first prize winners read out their papers and the Secretary-General spoke.

Following are excerpts from Mr. LaGalia's essay:

. . . I would like to clarify the erroneous concept of the term "peace." I am speaking of a peace of mind, peace of the perfected mind. The mind whose thoughts are turbulent and aggressive is a definite obstacle to our goal. This is far from the peace I am referring to. I wish to speak of a more spiritual peace, through the spiritual approach.

Each Nation must be more morally and spiritually aware of the consequences of each act. For every act

there is a coinciding result. Those that violate basic human, moral and spiritual rights will not reap peace. Any so-called settlement which violates these laws is no true settlement. These settlements pay attention to the outer circumstances and pay no heed to inner principles.

There is an inner peace that can easily abide within us. It can be implemented by calling together the mind and the spirit. Effort must be made by each nation to realize that the time and energy channeled into arms development can be directed toward a conscious effort to overcome war and destruction. Certain political leaders and other men of high ranking posts, such as former Secretaries-General Dag Hammarskjold and U Thant and the late President Childers of Ireland, have indeed tried to view world affairs with a more spiritual approach. They became aware of the truths embodied in all religions and tried to integrate these basic ideals into their work. These are the ideals of love and brotherhood which are at the base of the United Nations Charter. The United Nations has become a school for modern man which teaches him peace. Here each individual and Nation learns and teaches the art of building peace. In a speech delivered at the United Nations Headquarters on October 4, 1965, Pope Paul stated, "The world looks to you as to the architects, the builders of peace."

These builders of peace are true builders of life, promoters of life. To them life is sacred. Our approach to peace must reflect this. In order to fulfil this role, we must value the dignity of each life. The heart of compassion must come forward and reveal the necessary guidelines for humanity's real progress. Our progress cannot be found in war and revolution, but in transformation and evolution. We will own peace only after we have stopped finding fault with others, whether they are a Nation, a religious or a political group. This change must spring from within; from man's love of God and love for humanity.

The United Nations can be a place where this love for man and God can be proved through service. Pope John XXIII said, "We must think of our society as primarily a spiritual reality. Through it enlightened men can share their knowledge of Truth." If, in the future, the United Nations becomes increasingly a place where men of wisdom, such as Pope Paul, U Thant, Sri Chinmoy, Director of the United Nations Meditation Group, and others, can spread their message of peace and life, then through them the heights of theory and the depths of practice will become one.

ANNAM BRAHMA BANQUET

The United Nations Meditation Group sponsored a banquet on 8 February 1977 for United Nations delegates and staff members. Among the guests of honour were Mrs. Aye Aye Myint-U, daughter of the late Secretary-General U Thant, and her husband, Dr. Myint-U. A number of officials from the various departments and organizations of the U.N. and members of the Women's Guild also attended. Sri Chinmoy served the guests their food personally.

The affair was held at Annam Brahma Restaurant, in Queens. The programme included a premier performance of several new songs by Sri Chinmoy, dedicated to the United Nations, a short play and instrumental performances.

Photo by Richard Howard



Sri Chinmoy and Mr. Robert Muller discuss the large paintings by Sri Chinmoy and the display of his books in Annam Brahma

Photo by Richard Howard.



Sri Chinmoy welcomes Dr. and Mrs. Myint-U.

Photo by Richard Howard.



Guests enjoy themselves before the evening of music and entertainment begins. *From left to right:* Dr. and Mrs. Myint-U; Mr. Robert Muller, Deputy Under-Secretary-General for Inter-Agency Affairs; Mr. David Rowe, Advisor, U.S. Mission to the U.N. *Front:* Mr. and Mrs. Donald Keys, World Association of World Federalists.

