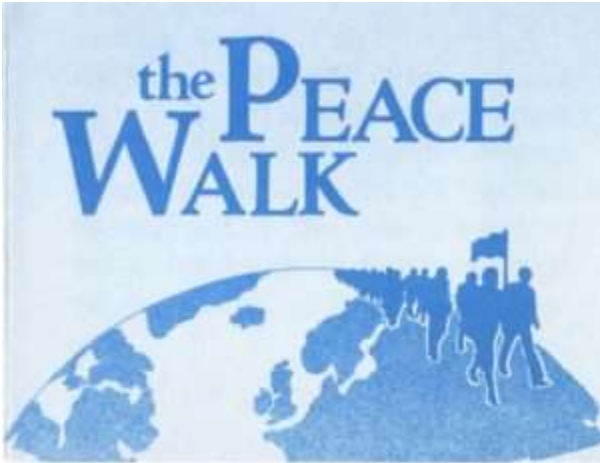


3-11 Highlights Peace Walks for UN - 1983 to 2001 Draft

***Since 1983 United Nations delegates and staff have taken a moment from their busy schedules to express their hopes for world peace by participating in the Peace Walks...***

Peace Walks were co-sponsored by a number of Permanent Representatives to the United Nations along with Sri Chinmoy: The Peace Meditation at the United Nations and were held on United Nations Charter Day (26 June) and United Nations Day (24 October) each year.



During these events, nationals of the United Nations Member States walked around the UN Rose Garden, each country following in relay fashion. They carried a copy of the Preamble to the UN Charter, in eloquent testimonial to the universal desire for peace. Participants signed a copy of the Preamble to the UN Charter as a way to renew personal commitment to its ideals.

Also, in observance of the start of the General Assembly Session, a contemplative early-morning seven-mile walk for peace began and ended at UN headquarters. Other events were sometimes organized to complement these activities. For example, many years an interfaith prayer breakfast followed the walk. These were held in the Church Center for the UN or Labouisse Hall at UNICEF House on

44th Street. One year a "Lifting up the World with a Oneness-Heart " programme was held after the walk. Delegates and staff, including James Grant, the Executive Director of UNICEF, were honoured there by Sri Chinmoy. The event was held in the small park adjacent to UNICEF (now named James Grant Plaza).

All the events mentioned above sometimes inspired similar events in various locations around the world. See details below.

A partial List of events related to the Peace Walks and Runs include

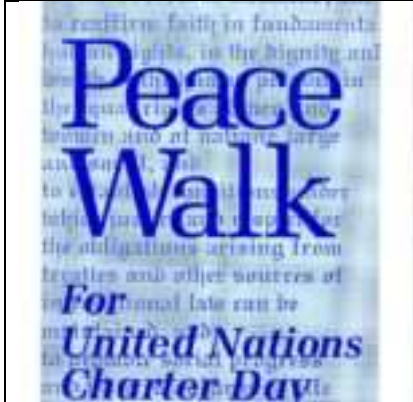
- A. Peace Walk for UN Charter Day - June
- B. Peace Walk for the Opening of the General Assembly - Sep
- C. Peace Walk for UN Day - Oct
- D. Peace Run from Lake Success - Apr through Sep on various years
- E. Seven Minutes of Silence of World Peace (Was Oct UN Day and Recently Sep)
- F. Interfaith Prayer Breakfast for Peace - Sep
- G. Encouraging Peace Related supportive events world wide (Jun - Sep - Oct )

**See Also Part 3-03 Highlight UN Anniversaries**

**Members of the Peace Meditation Group at the UN Supported 7 Types of Related Events and Activities in various years**

**A. Peace Walk for UN Charter Day - June**

Commemorating the signing of the United Nations Charter in San Francisco in 1945, members of the UN community, including delegates and staff members, walked for their countries in relay fashion around an area of the UN garden. They then signed a replica of the Charter’s Preamble in the spirit of the original signing. A final international walk and ceremony gave participants an opportunity to share their commitment to the ideals of the Charter. The walk was held **on or about 26 June each year** from 1983 through 2001 (not held 1993-94 due to construction in the garden).



1991-06jun-26-peace-walk-un-charter-day-brochure-front-rt



1984-06-25-05-jun-charter-day-ckg-amb-read-preamble-charter-26-jun-crp



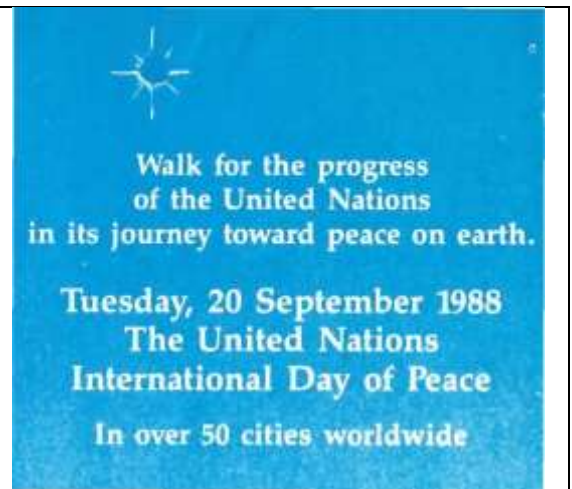
1985-06-24-05-un-charter-day-prog-jun-26-jun-final-prog


**B. The Peace Walk – September (Honoring and International Day of Peace and Opening of UN General Assembly)**

Held on the UN International Day of Peace\* in September, and in honour of the opening of the Annual UN General Assembly, people in dozens of cities on six continents walked, in a contemplative spirit, for the progress of the United Nations in its journey toward peace on earth. For example, in addition to the early morning event held in Manhattan, the New York UN Headquarters host city, in 1999 peace walks were held in 137 cities globally. The Peace Walk was held annually from 1986 through 2001.



UN staff and delegates walk for peace in early morning Manhattan.






**30 September 1986**  
The United Nations  
International Day of Peace

Walk for the progress  
of the United Nations  
in its journey toward peace on earth.

## A 7-MILE WALK FOR PEACE



UNITED NATIONS  
The Heart-Home  
of the World Body

A series of about one-hundred begins each annual session of the United Nations General Assembly on the International Day of Peace—the third Tuesday of September. Around the world, participants in The Peace Walk often share personal support for the official program of the General Assembly toward a lasting world peace.

United Nations delegates and staff in New York participate in a Peace Walk in the U.N. Garden. This event, held since 1965, is sponsored by the Secretary-General. The Peace Walk is co-sponsored with "The Children: The Peace Initiatives of the United Nations." The success of that international commitment on these occasions has led to the creation of a worldwide event: The Peace Walk.

The Peace Walk this September is being coordinated worldwide by "The Children: The Peace Initiatives of the United Nations." The initiative grows from associations of U.N. delegates and staff in New York, including responsibility meetings, special programmes and events for world peace since 1945 under the guidance of spiritual leader for Children, Lady Duan Yuhan will be organized in over 100 cities on six continents by members of The "The Children: The Peace Initiatives of the United Nations" and the presence of the Children: Members' Team.

Special leader for Children worldwide with United Nations Secretary-General Javier Pérez de Lardeira is head of the work of the "The Children: The Peace Initiatives of the United Nations" and should which some of the most important for peace, the world has completed, the world's first initiative and an extraordinary among men and women of all nations."

Photographs:  
1. United Nations  
2. International Day of Peace  
3. International Day of Peace

### The United Nations International Day of Peace

**Tuesday, 21 September 1993**  
7:45 a.m. to 9 a.m. • Rain or Shine

To register please call: (718) 523-3471

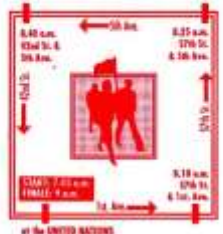
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**You are invited to:**

- walk in silence along the three-mile peace route, or city garden (peace), beginning and ending at the United Nations Headquarters
- represent your country's aspirations for peace while carrying its flag, or.....
- hold a United Nations flag to express your hope for peace on earth
- miniature flags supplied

THE NEW YORK HEAD OFFICE is co-sponsored by: 22 July 1993, by the heads of the Permanent Missions to the United Nations of the Bahamas, Bangladesh, Bolivia, Bulgaria, China, Cuba, Nepal, Sri Lanka and Venezuela in cooperation with "The Children: The Peace Initiatives of the United Nations."

#### The Peace Walk Route



at the UNITED NATIONS HEADQUARTERS  
48th St. & 47th St.

1986-09-sep-16-Peace-walk-support-open-ga-international-day-peace-brochure-rept\_Page\_1


1993-09sep-21-peace-walk-ID-Peace-narrow-info-card-p-2-NY

### C. Peace Walk for UN Day - October

Observing 24 October 1945, the date that the United Nations came into being, a peace walk was held in the UN garden in similar fashion as the Peace Walk for UN Charter Day as described above. The Peace Walk for UN Day was held annually on or about 24 October from 1984 through 2000 (not held 1993-94 due to construction in the garden).

**PEACE WALK  
FOR  
UNITED NATIONS DAY**

*24 October 1990*



**PEACE WALK FOR UNITED NATIONS DAY**  
United Nations Garden  
Friday, 23 October 1990

1990-10-oct-24-peace-walk-for-un-day-thank-you-1

1998-10-oct-23-peace-walk-un-day-p1





1985-oct-30-un-40th-anniv-peace-walk-photos\_Page\_2



1985-10-00-01-oct-30-peace-walk-un-40th-1.jpg

**D. Peace Run for the United Nations** – People of many countries ran together, carrying flags of their countries and of the UN in support of the United Nations work for peace. Not a race, the starting line for this 18.5 mile group run with police escort was in Lake Success, New York, early home of the UN Secretariat. After passing through Flushing Meadows Corona Park, site of the first UN General Assembly, the Peace Run proceeded to UN Headquarters in Manhattan. Participants were invited to run all or any portion of the run. This run was held annually, usually in April, from 1985 through 2000.



1999-09-sep-30-peace-run-lake-success-un-photos-1990s-need-date\_Page\_5.



pma-1995-peace-run-lake-success-to-un-ribbon-memento



1999-09-sep-30-peace-run-lake-success-un-photos-1990s-need-date



ny165-Peace-Run-1996-for-un-front-unisphere-banner-truck-crop-2.jpg



ny176-Peace-Run-for-un-unisphere-behind.jpg Novembre



Peace-Run-un-Flag-secretaiat-tall-build-behind-color.

**E. Seven Minutes of World Peace** – Initiated in 1984, people around the world shared seven minutes of **silence for peace** at the exact same moment on United Nations Day, 24 October, at the local time corresponding to 17.00 – 17.07 hours Greenwich Mean Time (1pm New York Time). The event sought to focus the world’s attention on the urgent need for peace in the international and interfaith spirit of the United Nations. It had no political affiliation or purpose other than to work toward and strengthen the universal human aspiration for harmony, peace and oneness among nations and peoples.

The local observances were sponsored by non-governmental organizations, United Nations Associations and others in cooperation with “Sri Chinmoy: The Peace Meditation at the United Nations”. People were invited to join individually or in groups and to register their participation.

Inspiring examples of participation: in Sri Lanka, the United Nations Association organized Seven Minutes observances where over 70,000 people joined in 1986, and millions in subsequent years; in the former Soviet Union, in 1994, extensive radio and newspaper announcements inspired over 20,000 individuals to hold group or personal observances in 47 cities. This programme was held [years] ...

Beginning in 2019, Seven Minutes of World Peace is now being held annually, with a revised format, on the UN International Day of Peace\*, 21 September...As of 2019 the Seven Minutes for World Peace which ws originally observed since 1984 to coincide with UN Day 24 October was celebrated (for the first time) in various countries on 21 Sept. **Seven Minutes of Silence for peace** over many years also took place in various Secretariat offices one a week



1985-

1985-10-oct-24-seven-min-world-peace-sri-lanka-scaled.jpg – 571 KB



1984-10-24-03-seven-minutes-for-world-peace-Sri-Chinmoy-leads-meditation-UN-conference-room-crp4.jpg 998 KB



1985-10-oct-24-seven-min-world-peace-sri-lanka-flags-2

### City of Bridgeport, Connecticut

#### Proclamation

WHEREAS,

SEVEN MINUTES OF WORLD PEACE ON OCTOBER 24, 1985 WILL MARK A GLOBAL OBSERVANCE WHICH WILL UNITE INDIVIDUALS, COMMUNITIES AND NATIONS AROUND THE WORLD FOR SEVEN MINUTES OF SILENCE, PRAYER, OR MEDITATION DEDICATED TO THE SPIRIT OF WORLD PEACE; AND,

WHEREAS,

SEVEN MINUTES OF WORLD PEACE IS SPONSORED BY SRI CHINMOY; THE PEACE MEDITATION AT THE UNITED NATIONS IN COOPERATION WITH UNITED NATIONS ASSOCIATIONS AROUND THE WORLD AND A BROAD RANGE OF RELIGIOUS, SPIRITUAL, EDUCATIONAL AND PEACE ORGANIZATIONS; AND,

WHEREAS,

SEVEN MINUTES OF WORLD PEACE HAS NO POLITICAL AFFILIATIONS OR POINT OF VIEW OTHER THAN THE UNIVERSAL HUMAN DESIRE FOR HARMONY AMONG NATIONS AND PEOPLES; AND,

WHEREAS,

OCTOBER 24, 1985 ALSO MARKS THE DAY OF SOLEMN PROCLAMATION OF THE INTERNATIONAL YEAR OF PEACE AND THE FORTIETH ANNIVERSARY OF THE UNITED NATIONS; AND,

WHEREAS,

THE UNITED STATES OF AMERICA IS "ONE NATION UNDER GOD, DIVISIBLE, WITH LIBERTY AND JUSTICE FOR ALL," AND HER CITIZENS CAN EXHIBIT THIS INDIVISIBLE ONENESS BY SIMULTANEOUSLY JOINING ONE ANOTHER IN THE SPIRIT OF PEACE FOR THESE SEVEN SPECIAL MINUTES; AND,

NOW, THEREFORE,

I, LEONARD S. PAOLETTA, MAYOR OF THE CITY OF BRIDGEPORT, PROCLAIM OCTOBER 24, 1985 TO BE

#### WORLD PEACE DAY

AND THE SEVEN MINUTES FROM 1:00 P.M. TO 1:07 P.M. TO BE

#### SEVEN MINUTES OF WORLD PEACE

IN BRIDGEPORT,

IN WITNESS WHEREOF, I HAVE HEREUNTO SET MY HAND AND CAUSED THE SEAL OF THE CITY OF

1985-10-oct-24-seven-min-world-peace-sample-city-proclamations\_Page\_7

**F. Interfaith Prayer Breakfast for Peace** – Held on or around the Opening of the UN General Assembly and UN International Day of Peace\* each September, this event was held most years in Labouisse Hall at UNICEF House. Hosted by a different UN Ambassador each year, the programme included traditional prayer offerings by religious leaders of various faiths, Songs and music by Sri Chinmoy dedicated to the spiritual aspect of the UN create a meditative



atmosphere. Sharing of a vegetarian meal followed. This Breakfast was held from 1986 through 2001. See also Part 3-09 Highlights – Interfaith Harmony & Shared Values



1999-09-sep-09-interfith-prayer-breakfast-open-of-un-GA-ocr\_Page\_04-to-resixe-fro-featured-image-e1508519843504.



ny281-1994-sep-20-james-grant-exec-dir-unicef-greats-sri-chinmoy-prayer-breakfast-uthant-

### **G. Encouraging Peace Related supportive events world wide (Jun- Sep – Oct )**

From the 1970s there were many events around the world that the meditation students and friends of Sri Chinmoy organized, to call attention to the work of the UN and related organizations like UNICEF or special Years like 1979 the International Year of the child (IYC). Such early public runs and bicycle relays were encouraged by Sri Chinmoy and the meditation group at the UN. The resulting expressions of public support were shared with the UN community. Please see also Part 3-03 UN Anniversaries for other examples of early activities.

Notes :

\*The date of the International Day of Peace fell on the third Tuesday of September most years ,(which was usually the opening day of the UN General Assembly) Some years that varied until 2002, when the date was fixed as 21 September each year by the UN General Assembly. See Part 3-03? UN Anniversaries for details on dates and history.

\* fuller description is I Part 3-03

#### [International Day of Peace - 21 Sept](#)

Each year the International Day of Peace is observed around the world on 21 September (An alternate date near 21 Sep in accord with local preferences and custom has sometimes been chosen) . The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire.

### **Background**

The International Day of Peace was [established](#) in 1981 by the UN General Assembly. It was first celebrated to coincide with the opening of the General Assembly Session each year (third Tuesday of September). Two decades later, in 2001, the General Assembly unanimously voted to move the Day to 21 September as a period of non-violence and cease-fire.

The United Nations invites all nations and people to honour a cessation of hostilities during the Day, and to otherwise commemorate the Day through education and public awareness on issues related to peace.

## Peace Bell

One of the days the Peace Bell is rung during a ceremony at UN Headquarter in NY) is to announce that year's International Day of Peace. Sometimes it is observed a few days in advance of September 21. The Peace Bell was donated by the UN Association of Japan in June 1954. The actual date for the Bell ringing event is adjusted based on UN activities planned for that time frame.



1971-03-21-mar-SG-U-Thant-before-ring-Peace-Bell-UN-NY-ceremony-“Earth-Day”UN-photo-240556-crp



2020-09-17-sep-Melissa-Fleming-left-USGs-remarks-SG-Antonio-Guterresright-Peace-Bell-ceremony-UN-HQ-un-photo-845400-crp



2020-09-17-sep-SG-António-Guterres-rings-Peace-Bell-UN-NY\_HQ-in-advance-Internat-Day-Peace-UN-photo-845461

3. *Invites all Member States, organs and organizations of the United Nations system, regional organizations, non-governmental organizations, peoples and individuals to commemorate in an appropriate manner the International Day of Peace, especially through all means of education, and to co-operate with the United Nations in the observance of that Day.*

*77th plenary meeting  
30 November 1981*

[undocs.org-A-RES-36-67-GA](https://undocs.org/A-RES-36-67-GA) res-international-year-day-of-peace-Participation[/caption]

Day moved to 21 September for 2003 observance. It was previously celebrated to coincide with the Opening for the General Assembly on the Third Tuesday of September.

**A/RES/55/28223 International Day of Peace** The General Assembly, Recalling its resolution 36/67 of 30 November 1981, by which it declared that the third Tuesday of September, the opening day of the regular sessions of the General Assembly, shall be officially proclaimed and observed as International Day of Peace and shall be devoted to commemorating and strengthening the ideals of peace both within and among all nations and peoples, ... achieving the broadest possible awareness and observance of the International Day of Peace among the global community, Desiring to **draw attention to the objectives of the International Day of Peace, and therefore to fix a date for its observance each year that is separate from the opening day of the regular sessions of the General Assembly,**



1. Decides that, with effect from the fifty-seventh session of the General Assembly, (2003) **the International Day of Peace shall be observed on 21 September each year**, with this date to be brought to the attention of all people for the celebration and observance of peace;

2. Declares that the International Day of Peace shall henceforth be observed as a day of global ceasefire and non-violence, an **invitation to all nations and people to honour a cessation of hostilities for the duration of the Day**; **Invites all Member States, organizations of the United Nations system, regional and non-governmental organizations and individuals to commemorate, in an appropriate manner**, the International Day of Peace, including through education and public awareness, and to cooperate with the United Nations in the establishment of the global ceasefire. 111th plenary meeting 7 September 2001

## **UN related Documents**

[General Assembly Resolution on International Year of Peace and International Day of Peace \(A/RES/36/67\)](#)

[General Assembly Resolution on International Day of Peace \(A/RES/55/282\)](#)

## **Seven Minutes for World Peace**

As of 2019 the Seven Minutes for World Peace which was originally observed since 1984 to coincide with UN Day 24 October was celebrated (for the first time) in various countries on 21 Sept. **Seven Minutes of Silence for peace** over many years also took place in various Secretariat offices one a week.

### **\*\* [Surashri's note for information:**

Dhrubha initiated this project in 1984 and I have limited records for it, especially for 1984 and 85. In 1986, a press release, with Dhrubha's contact info, was put out that covered both Peace Walk for UN Day and Seven Minutes. From that I gather that he was still organizing Seven Minutes that year. There was also a joint brochure for both events that year so it seems I coordinated that with Dhrubha. I didn't find a file folder for PWUNDay 1987 but I did have a 7Mins brochure for that year not of my design so probably it was done by Dhrubha. In 1988 and 1989, like 1986, there were combined PWUNDay/7Mins brochures. In 1990 PWUNDay (held Wed 24 Oct) brochure did not include a 7Mins observance. I have some docs indicating that Chandini was USA Coordinator in 1989 and 1990 (possibly earlier and later also). In April 1990 I wrote to Centres that were organizing UN-related events about PWSept and 7Mins. It is indicated that Chandini and I would be coordinating 7Mins. In '91 I found something written that 7Mins would "resume". Seems to imply that there was a break but that was not the case. No report from Centres seen in files but assume it did happen that year. In '92 it happened. Some reports on file from Centres; In '93 it happened. Reports on file + invitation announcement for a Chicago observance. For '94 and '95 I did not find a record but think it probably happened; In '96, '97 and '98 a packet for PWSept and 7Mins was distributed to Centres in April; In '99 there was a letter to Centres on file dated Oct; In 2000 a packet for PWSept and 7Mins was distributed to Centres in August; In 2001 a packet for PWSept and 7Mins was also distributed to Centres in August but 7Mins was later cancelled. (Note this text in the letter: "It is very important to represent Guru's connection with the United Nations accurately, therefore please do not alter the text of the enclosed information materials. Deletions may be made as long as they do not create misunderstanding concerning our relationship with the United Nations. Please be careful about this, and contact myself or Adhiratha if you have questions.") My scribbles related to my counting of events I organized indicates that "7 mins of world peace was not held 1 yr. – possibly in 1980's." However, from above notes it doesn't seem there was a gap in the 80's. Not easy to know for sure.]

### **Samples of examples of Seven Minutes of Silence: information shared:**

**SEVEN MINUTES OF WORLD PEACE**

"No hope can be so vast without the co-operation  
 Here we are to be peace without the presence"

— Sri Chinmoy, The Peace Meditation at the United Nations

Delegates and other members of the United Nations community are warmly invited to join a special observance for peace consisting of seven minutes of silent prayer or meditation from 1:17-1:24 p.m. in Conference Room 2 at United Nations Headquarters on United Nations Day, 24 October 1984.

Government leaders, peace and disarmament groups, religious organizations, schools and youth groups around the world have been invited to share seven minutes of silence at precisely the same time in a global effort for world peace.

This observance is sponsored by Sri Chinmoy, The Peace Meditation at the United Nations and is being conducted in conjunction with the Peace Walk for United Nations Day. Sri Chinmoy will be present to conduct the meditation at United Nations Headquarters.

1984-10-oct-24-seven-min-world-peace-invite-delegate-and-staff-QUOTE-Silent-Prayer-or-Meditation

**SEVEN MINUTES OF WORLD PEACE**

"No hope can be so vast without the co-operation  
 Here we are to be peace without the presence"

— Sri Chinmoy, The Peace Meditation at the United Nations

**SEVEN MINUTES OF WORLD PEACE**

Welcome to the Headquarters observance of Seven Minutes of World Peace. This is part of a global experience of silence that will be shared simultaneously by people in 40 countries. Its purpose is several-fold: to help convey the inner peace that comes with silence; to strengthen the oneness of people around the world; and to show that seven minutes of peace can grow into seven days, seven years and even seven centuries of peace on earth.

The observance will have no programs, as such. Sri Chinmoy, head of the Peace Meditation at the United Nations, has graciously agreed to lead the meditation during the Seven Minutes. The simplest way to join this meditation on peace is to still your thoughts, enter into a silent mind and focus on your spiritual heart. Then you will be able to share the peace which Sri Chinmoy will be invoking and feel a stronger inner connection with those participating in other parts of the world.

In Sri Lanka, the United Nations Association has publicized the Seven Minutes of World Peace widely, and it is expected that some 80,000 people will be participating there. In the United States, in addition to the silent participation by groups and individuals, many cities have proclaimed 24 October as World Peace Day. Some of these proclamations are exhibited on the walls of the room.

Seven Minutes of World Peace is one of a large number of activities organized by Sri Chinmoy, The Peace Meditation at the United Nations. Among these are the Peace Walks, regular twice-weekly meditations, as well as concerts and other programmes. These are intended to foster the highest ideals of the Organization and to encourage individuals to support the search for world peace in their own way. It was in this spirit that members of the Meditation Group sang the English Channel in honour of the UN's 40th anniversary and participated in a relay run from Headquarters to the Empire State Plaza in Albany.

For more information on the Peace Meditation and its regularly scheduled activities, please call 754-8484. Thank you for joining us today.

1985-10-oct-24-seven-min-world-peace-11in\_Page\_2-QUOTE-Global-Experience-Silence-maybe-for-1986

**SEVEN MINUTES OF WORLD PEACE** 1985

"Seven Minutes of World Peace", a global simultaneous observance of silence sponsored by Sri Chinmoy, The Peace Meditation at the United Nations, was held on United Nations Day from 1:00-1:07 p.m. Eastern Standard Time. Individuals, non-governmental organizations (particularly UN Associations around the world) and local, state and national governments participated in the event which was started last year on the premise that peace, being more than simply the absence of war, requires conscious awareness and fostering.

The Headquarters observance, held at the Church Center, introduced the seven minutes of silent prayer, reflection or meditation with songs about peace, and concluded by the reading of some of the many letters and proclamations received from participants. Messages of support received included a letter from Rudolf Kirchschlaeger, the President of Austria; a cable from Belisario Betancur, the President of Colombia; and proclamations from more than 50 cities in the United States and Canada such as Chicago, New Orleans, Houston, Los Angeles and Santa Fe. Many of these proclamations, including one from the state of Maine, cited 24 October as "World Peace Day".

While many UN Associations announced plans for participation in Seven Minutes, the Sri Lanka Association was first to report back that they had incorporated the seven minutes of silence in their other UN Day activities.

For information on next year's observance, please call (754)-8484.

1985-10-oct-24-seven-min-world-peace-summary

**SEVEN MINUTES OF WORLD PEACE TO JOIN HUMANITY IN PEACE**

**THE OBSERVANCE**

Seven Minutes of World Peace is a global observance of silence sponsored by Sri Chinmoy, The Peace Meditation at the United Nations. It is held on United Nations Day, 24 October, from 1:00-1:07 p.m. Eastern Standard Time. The observance is held at the Church Center in New York City, and is broadcast live on radio and television. It is a time for silent prayer, reflection, and meditation. The observance is held in many cities around the world, and is a time for global unity and peace.

**THE PURPOSE**

The purpose of the Seven Minutes of World Peace is to foster a sense of global unity and peace. It is a time for silent prayer, reflection, and meditation. The observance is held in many cities around the world, and is a time for global unity and peace.

**THE OBSERVANCE**

The observance is held at the Church Center in New York City, and is broadcast live on radio and television. It is a time for silent prayer, reflection, and meditation. The observance is held in many cities around the world, and is a time for global unity and peace.

1985-oct-24-7-minutes-peace-brochure\_Page\_2

**PARTICIPATION DURING THE INTERNATIONAL YEAR OF PEACE**

Because 1986 has been declared as the International Year of Peace by the world's governments meeting at the United Nations, special efforts are being made to increase global involvement in this year's Seven Minutes of World Peace. In Sri Lanka, for example, the United Nations Association is planning to send 15,000 letters to institutions in the country (including all secondary schools) calling for participation in the event.

Individuals can join the Seven Minutes of World Peace by silently dedicating themselves to peace during the period from 1:00 to 1:07 pm (Eastern Daylight Time—New York time) on 24 October 1986. For information about group observances in your location or country, contact the individual or group closest to you from the list at the end of this brochure. Information has also been sent to the national United Nations Association offices around the world.

Seven Minutes of World Peace has no political affiliations or point of view other than the universal human aspiration for harmony, peace and oneness among nations and peoples.

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**COMMENTS FROM AROUND THE WORLD**

"I am happy to offer Sri Chinmoy my sincerest thanks and appreciation for all he has done throughout his extraordinary life to promote global peace and understanding . . .

"I commend him for his faith and serenity, and I hope that he will continue to exert his calming and constructive influence on the international community for many years to come."

—Brian Mulroney—  
Prime Minister of Canada

**1986-10-oct-24-seven-minutes-silence-for-peace-invite\_Page\_5-QUOTE-silently-dedicating-themselves**

*Wed Day 24 Oct '87 1/61*

**PEACE WALK FOR UNITED NATIONS DAY**  
Monday and Tuesday • 23 & 24 October 1989 • United Nations Garden

Walk for your country *(see website)*

- A silent, nation by nation relay walk around an area of the North Garden.
- Preamble to the United Nations Charter will be carried by each national group and passed to the next group.
- Ambassadors of a number of countries will be leading their national groups.

All members of the United Nations community are invited to join the International Walk on Tuesday, 24 October at 12:45 p.m.

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**SEVEN MINUTES OF WORLD PEACE**  
Global observance 1:00 - 1:07 p.m. (location to be announced)

- In the United Nations Headquarters observance of the Seven Minutes of World Peace: Individuals, groups and organizations in countries around the world will simultaneously maintain silence to experience the spirit of peace on earth.

For more information or in case of rain, call Ms. B. Torkie at (212) 963-8554.

**CO-SPONSORS**  
(as of September 1989)

112. Mr. James S. Muliken Permanent Representative of the Bahamas	115. Dr. Gabriel A. Soriano Permanent Representative of Colombia	114. Raymond Stein Executive Director, Division of Peace and Security
113. Mr. Uwe-Dieter Permanent Representative of India	116. Dr. Antonia M. M. M. M. Permanent Representative of Mozambique	117. Mr. J. J. J. Permanent Representative of Nigeria
111. Mr. Tadeusz Sikorski Permanent Representative of Poland	118. Mr. M. M. M. M. Permanent Representative of Romania	119. Mr. M. M. M. M. Permanent Representative of Singapore
110. Mr. Li Lin Permanent Representative of China	119. Mr. M. M. M. M. Permanent Representative of Sri Lanka	120. Mr. M. M. M. M. Permanent Representative of Sweden
118. Mr. M. M. M. M. Permanent Representative of Thailand	121. Mr. M. M. M. M. Permanent Representative of Yugoslavia	An Observer - The Peace Walkers in the United Nations

**1989-10-oct-24-un-day-seven-min-peace\_Page\_1-QUOTE-simultaneously-maintain-silence**



**SEVEN MINUTES OF WORLD PEACE**

1989 HEADQUARTERS: FORT OFFICE BLDG 2121, BALTIMORE, MARYLAND 21285, USA

"The outer message of the United Nations is peace.  
The inner message of the United Nations is love.  
The deepest message of the United Nations is oneness."

- Sri Chinmoy: The Peace Meditator of the United Nations

**1989 ANNOUNCEMENT**

**A SIMULTANEOUS GLOBAL OBSERVANCE**

On United Nations Day, Thursday, October 24, 1989, individuals, groups and organizations around the world simultaneously will join in seven minutes of silence, silent prayer or meditation, as appropriate, to share the spirit of peace on earth. This initiative, one in it's kind, is called SEVEN MINUTES OF WORLD PEACE. Across the globe, the observance corresponds to 2:00 to 2:07 p.m. Eastern Daylight Time at United Nations Headquarters in New York (18:00 to 18:07 Greenwich Mean Time).

**HOW TO PARTICIPATE**

As home is where the heart is, we, individuals, wherever they are, can join SEVEN MINUTES OF WORLD PEACE by silently meditating themselves to peace during the time set forth above on Tuesday, October 24, 1989. Groups are invited to create and organize their own observances during the appropriate period for their time zone. After your observance of the event, you are invited to write a letter and/or send photographs of your gesture, program or news articles. Please fill us how you or your organization observed the Seven Minutes. Mail these to Seven Minutes of World Peace, P.O. Box 22507, Baltimore, MD 21222, U.S.A. Your observance will provide the basis for an inspiring and interesting brochure to spread the word about the seventh annual observance of Seven Minutes of World Peace in 1989.

**ITS PURPOSE**

SEVEN MINUTES OF WORLD PEACE seeks to focus the world's attention on the urgent need for peace in the inter-religious spirit of U Thant, Dr. Martin Luther King, Jr., Dag Hammarskjöld and the United Nations itself. The observance offers people in every country an opportunity to transcend their individual and national identities and join all humankind, even if for just a short time, in the spirit of peace as part of the human family. Seven Minutes of World Peace has no political affiliations or purposes other than to work toward and strengthen the universal human aspiration for harmony, peace and oneness among nations and peoples. If peace can reign on earth for seven minutes, it is hoped that some day it can and will endure for seven hours, seven days, seven years, seven decades, seven centuries and more.

**THE SPOUSE**

SEVEN MINUTES OF WORLD PEACE was initiated by Sri Chinmoy: The Peace Meditator at the United Nations in cooperation with the United Nations Associations and a wide range of educational, religious, spiritual and peace organizations around the world. The Peace Meditator at the United Nations is an association of the United Nations delegates, staff, 800 representatives and accredited peace correspondents who believe that lasting peace will come as the foundation for outer peace, and who actively work to promote these goals through the United Nations. Toward this end, the Peace Meditator has been holding twice-weekly meditations and other programs at the United Nations under the leadership of Sri Chinmoy since 1970.

**PAST OBSERVANCES**

SEVEN MINUTES OF WORLD PEACE was inaugurated in 1984 with the participation of groups in some 40 countries. The initiative has continued to spread, and the observance can now be said "to have a life of its own." In 1985, '86, '87, and '88, ceremonies and observances were held around the world, and messages of support were received from several heads of state, as well as mayors, governors and members of Congress in the United States. The evening with the most enthusiastic participation in the Seven Minutes observance is undoubtedly Sri Lanka. Through the efforts of the United Nations Association of Sri Lanka, over 70,000 people joined in 1986, and millions in 1987. In the U.S.A., Congressional staff, public schools, public libraries, Masonic Temples, local chapters of Peace Links and Church Women United, as well as Unitarian and Catholic churches have documented their participation.

"The outer message of the United Nations is peace.  
The inner message of the United Nations is love.  
The deepest message of the United Nations is oneness."

- Sri Chinmoy

**SEVEN MINUTES OF WORLD PEACE - A SIMULTANEOUS GLOBAL OBSERVANCE**

On United Nations Day, Thursday, 24 October 1991, individuals, groups and organizations around the world will simultaneously join in seven minutes of silent prayer or meditation to share the spirit of peace on earth. This observance, initiated in 1989, is called SEVEN MINUTES OF WORLD PEACE. Around the globe, local observances will be held at times corresponding to 1:00 - 1:07 p.m. Eastern Daylight Time at United Nations Headquarters in New York (17:00 - 17:07 Greenwich Mean Time).

**HOW TO PARTICIPATE**

By individually or collectively observing silence to pray or meditate for peace during the local time in your time zone which corresponds to 17:00 - 17:07 Greenwich Mean Time on Thursday, 24 October 1991 - United Nations Day. Those who wish to organize a group observance may do so by informing members of their organization, their community or the public of the local time and place of the observance. The text of this announcement may be used, either in part or in its entirety, to create information circulars or articles publicizing the local Seven Minutes observance.

By notifying us of your participation immediately after the observance so that we may know the total number of participants, both individual and group (initiated by the group organizer). Please write to: SEVEN MINUTES OF WORLD PEACE, 86-24 PARSONS BUILDING, JAMAICA, NEW YORK 11432, USA. You are also invited to write a letter and/or send photos, posters, programmes or news articles. Inspiring and interesting news stories submitted will provide the basis for a brochure to spread the word about next year's observance of SEVEN MINUTES OF WORLD PEACE.

**ITS PURPOSE**

SEVEN MINUTES OF WORLD PEACE seeks to focus the world's attention on the urgent need for peace in the international and inter-religious spirit of the United Nations. The observance offers people of every country and belief an opportunity to transcend their individual and national identities and join all humankind, even if for just a short time, in the spirit of peace as part of the human family. SEVEN MINUTES OF WORLD PEACE has no political affiliation or purpose other than to work toward and strengthen the universal human aspiration for harmony, peace and oneness among nations and peoples.

**THE SPOUSE**

SEVEN MINUTES OF WORLD PEACE was initiated by Sri Chinmoy: The Peace Meditator at the United Nations in co-operation with United Nations Associations in many countries and a wide range of educational, religious and peace organizations around the world. The Peace Meditator at the United Nations is an association of United Nations delegates, staff and others accredited to the United Nations, who believe that lasting peace comes as the foundation for outer peace, and who actively work to pursue this goal through the United Nations. Toward this end, the Peace Meditator group has been holding twice-weekly meditations and a wide array of programmes and events at the United Nations since 1970 under the leadership of meditation teacher Sri Chinmoy.

**PAST OBSERVANCES**

SEVEN MINUTES OF WORLD PEACE was inaugurated in 1984 with the participation of groups in some 40 countries. The observance has since continued to spread, and can now be said "to have a life of its own." Ceremonies and observances have been held around the world, and messages of support have been received from heads of state of several countries, as well as mayors, governors and members of Congress in the United States. One of the most inspiring examples of participation was organized by the United Nations Association of Sri Lanka, where over 70,000 people joined the Seven Minutes observance in 1986, and millions in subsequent years. In the U.S.A., Congressional staff, public and private schools, libraries and local chapters of Peace Links and Church Women United, as well as Unitarian and Catholic churches, have documented their participation.

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