

## suggestions as of 13 Sep 2020

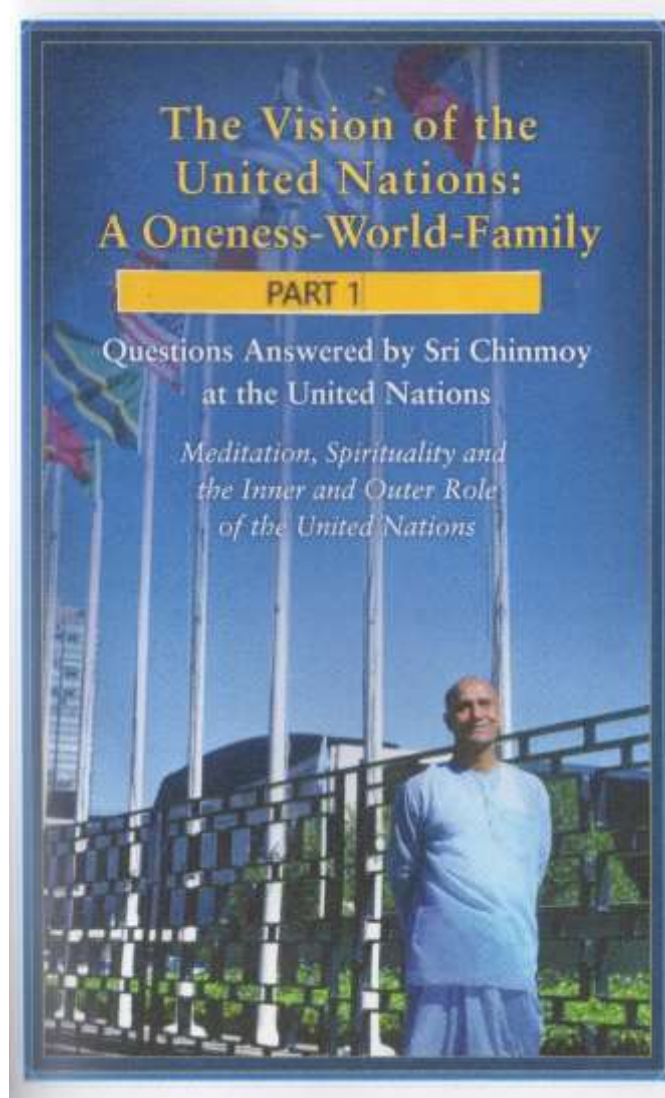
**Part 1: Questions Answered at UN Excerpts of 50th-photos-to-consider as of 13 Sep 2020**

Sep reprint of Part 1 Questions and answered at UN

Cover ; page ii; page iii, and four currently blank pages)

- A- Cover ADD "PART 1"
- B- Page ii, Add at bottom "**September** 2020 Reprint"
- C- Page iii, change last para reflect title for PART 2
- D- page iv = photo
- E- page vi = quote
- F- page x = photo or quote or birds
- Z- >>>>Possibly Page 19 -swap a photo?
- G- page 38 = photo

**suggestions as of 13 Sep 2020**



A Cover ADD "PART 1"

PART 1

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with attribution, non-derivative). We appreciate your  
quoting Sri Chinmoy's words. Please do remember  
to acknowledge the author.

Front cover: Sri Chinmoy in front of  
United Nations Headquarters in New York,  
October 1974. Photo by Sarama Minoli.  
Back cover photo by Ranjana K. Ghose.  
Inside photos by Sri Chinmoy Centre photographers,  
unless otherwise indicated.

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For the unabridged version of *My Meditation-Service at the  
United Nations* please visit [SriChinmoyLibrary.com/MUN](http://SriChinmoyLibrary.com/MUN).  
For more information please visit [SriChinmoy.org](http://SriChinmoy.org).

For more information on the  
weekly meditations and other activities please contact  
*Sri Chinmoy: The Peace Meditation at the United Nations*  
P.O. Box #4225 (Grand Central)  
New York, NY 10163, USA  
or  
+1 347-558-6300 (for voice or text)

This information is presented as a service  
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August 2020 reprint

## Celebrating 50 Years with 50 Questions

During his nearly four decades of service at United Nations Headquarters in New York, Sri Chinmoy was asked hundreds of questions on meditation, spirituality and the inner and outer role of the United Nations. Following are just a few excerpts from his illuminating answers, which continue to offer great insight, wisdom and hope for a peaceful oneness-world.

This selection of 50 questions and answers is presented in honour of the 50<sup>th</sup> anniversary of *Sri Chinmoy: The Peace Meditation at the United Nations* on 14 April 2020, and the 75<sup>th</sup> anniversary of the United Nations on 24 October 2020. The questions originally appeared in *My Meditation-Service at the United Nations for 25 Years*, published in 1995 and reprinted again in 2018. Question numbers from the 2018 printed edition and online version of *My Meditation-Service at the United Nations* are listed in the Contents for ease of reference to the original unabridged text.

This publication is a companion volume to *The Vision of the United Nations: A Oneness-World-Family, Part 2*, which contains excerpts from 50 Talks offered by Sri Chinmoy at the United Nations. The booklet was also printed in honour of the 50th anniversary of the *Peace Meditation Group*.

C- Page iii,  
Change last  
para reflect  
title for PART 2

This  
publication is a  
companion  
volume to *The  
Vision of the  
United  
Nations: A  
Oneness-  
World-Family,  
Part 2*, which  
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Group*.

B Page ii, Add at bottom "September 2020 reprint

C- Page iii, Change last para reflect title for PART 2

D- page iv = Full page available

E- page vi = Full page quote

<<<<<<<<< Alternative  
(maybe swap for bottom page 19?)



Sri Chinmoy offers a Peace Concert at the United Nations  
in the Dag Hammarskjold Auditorium.

*The inner heart of the United Nations  
is flooded with peace.*

*The outer heart of the United Nations  
is trying to  
spread peace all over the world.*

**- Sri Chinmoy**

*The Tears of Nation-Hearts, New York, 1974 (TNH-10)*

**F- page x =**

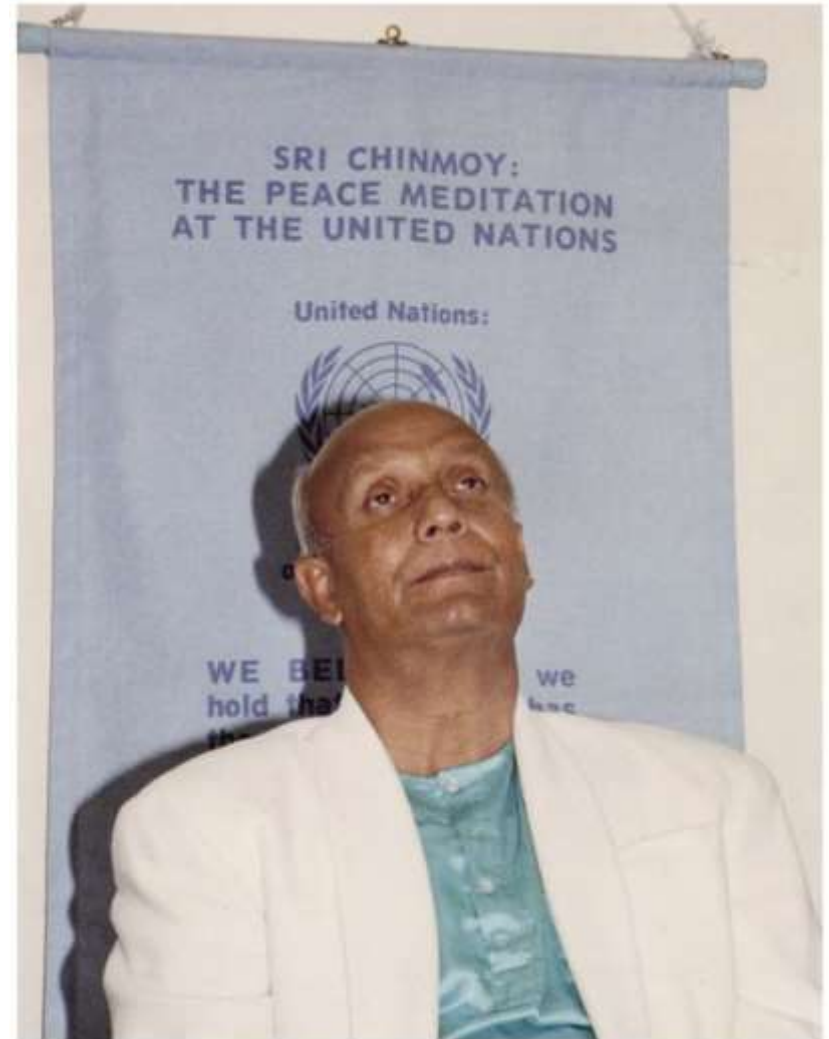
**-see alternative** *Or quote birds*

**Or page 19, peace concert in the UN General Assembly Hall Lobby**  
*on 23 May 1995 below*

*Or quote birds*



**G page 38**



Sri Chinmoy meditates for Peace at United Nations during meeting of the Peace Meditation Group

you get peace, joy and bliss from your meditation, you can share it with others in silence. Sometimes they may not use it; inwardly they may find fault with it and reject it. But you can do your part by offering others the peace and joy that you get.

20. Question: *If we are feeling tired, is it still beneficial to attend the meditation sessions at the United Nations?*

*Sri Chinmoy:* If you are tired, you should come to the meditations in order to get a new flow of life energy, new enthusiasm and new promise. Meditation is a process that awakens our dormant energy or allows us to acquire energy that right now we do not have. Meditation has the capacity to bring into our physical existence the cosmic energy that is all around us; it can supply us with constant energy. So it is always advisable to come to the meditations regularly; then you will have new energy.

21. Question: *You have started offering songs to the Peace Meditation Group to sing at our United Nations meetings, and I was wondering if you could expound upon the purpose of this?*

*Sri Chinmoy:* Music is a universal language; it is the easiest and most effective way for the heart to unite the inner world with the fragmented outer world. When the members of the Peace Meditation Group perform these songs, they should feel that they are

*Sri Chinmoy performs his music on fifty instruments from various nations at a Peace Concert held in the UN General Assembly Hall Lobby on 23 May 1995, one of fifty free Concerts that he offered at the UN and other venues around the world throughout 1995 to commemorate the UN's 50th Anniversary.*



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**United Nations:  
The Heart-Home of the World-Body\*  
- Sri Chinmoy**

*\*3 May 1977, Martha Lackner, World Environment Day Coordinator unveiled Sri Chinmoy's painting dedicated to the UN efforts toward World Peace. The painting entitled: "The United Nations: The Heart-Home of the World-Body" later toured several cities in support of UN efforts. 19 Sep 1977, to mark the opening of the year's General Assembly, UN delegates, staff and NGO representatives met in Conference Room 1 to reflect on this theme. Speakers explored the expanding role the UN plays at the heart of the global community. Sri Chinmoy's poetic description of the UN continues to inspire many.*

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#### **United Nations:**

##### ***The Heart-Home of the World-Body***

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## *United Nations: The Heart-Home of the World-Body\**

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More of painting showing

19

Bottom of page 19 possible alternative formats wording

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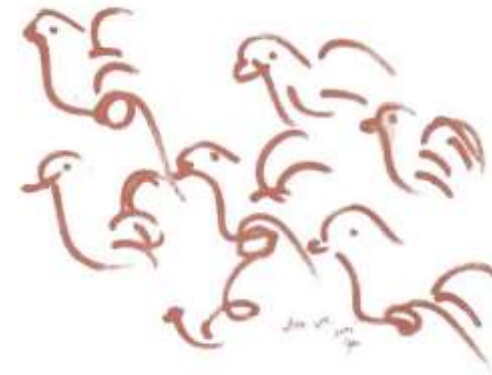
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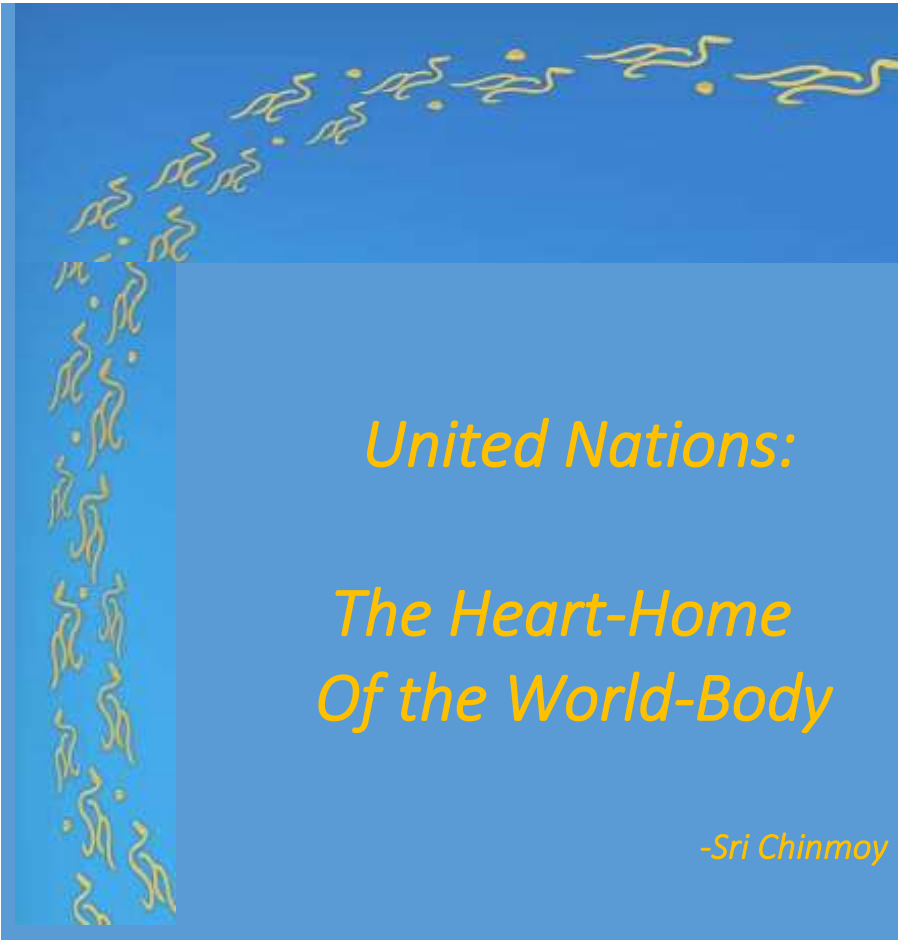
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If q white background

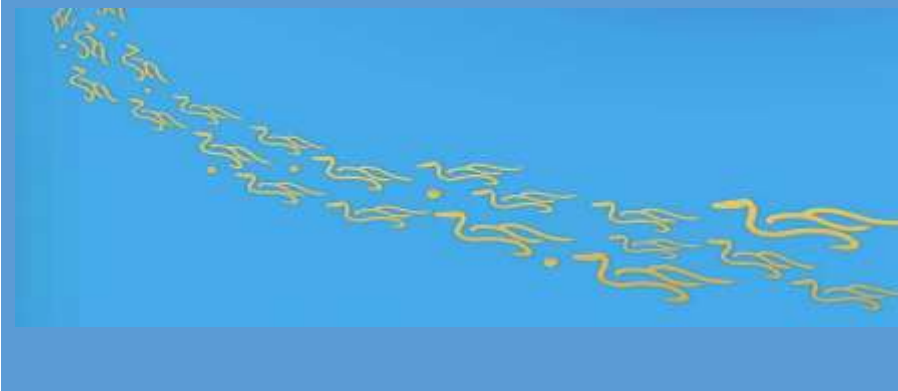
Possibly the birds could be in Gold

or Blue

*United Nations:*

*The Heart-Home Of the World-Body*

*-Sri Chinmoy*



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