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August 1993

Dear Brother/Sister,

# This is a friendly reminder about the PEACE WALK and SEVEN

MINUTES OF WORLD PEACE. Details of both events are enclosed.

Brochures and posters for the Peace Walk like those enclosed are available.

Please see your regional coordinator or Surashri or Nilima if you have questions or need more materials.

Please contact the person indicated on the cover of this envelope by phone or fax before Wednesday, 22 September, confirming that your Peace Walk took place and giving the number of participants and any other information that you wish to convey. It is important that this information is received quickly because a report will go to Guru and to the new President of the United Nations General Assembly by Friday, 24 September.

Thank you so much!

Surashri

Enclosures:

# About the events nstructions and information for Peace Walk organizers Peace Walk brochure Peace Walk poster • Songs on Peace and the United Nations for use during the Peace Walk Peace Walk 1992 results Information page on Seven Minutes of World Peace

About the Events

The Peace Walk

THE PEACE WALK takes place on Tuesday, 21 September 1993, the United Nations International Day of Peace (third Tuesday of September each year - the opening day of the United Nations General Assembly). It was Guru's idea to have Peace Walks in Centres all over the world, and to invite prominent world citizens to participate. He also suggested that participants carry flags of the United Nations or of their own country. Guru prefers the morning hours because of the peaceful atmosphere, but you may organize your Peace Walk at another time if you feel that would be better in your area. Please see the reverse for instructions and information on organizing your local Peace Walk.

Seven Minutes of World Peace

Seven Minutes of World Peace is a simultaneous global observance of silence on United Nations Day, Sunday, 24 October 1993, at 1 p.m. New York time, or 17:00 Greenwich Mean Time. Please use the enclosed information page as an original for photocopying and distributing.

(Please see reverse)

August 1993

The Peace Walk

Instructions and information for organizers

Brochures and posters are available for you to take back to your Centre. Please see your regional coordinator, Surashri or Nilima.

1. The Peace Walk should take place on Tuesday, 21 September 1993, the United Nations

International Day of Peace. The morning is preferable because of the meditative atmosphere. The route could include a landmark symbolic of peace.

1. You may want to print a small flyer with the details of your local Peace Walk, such as time and place, and perhaps a map, to be inserted into the brochure. Sponsors should also be included - The Sri

Chinmoy Marathon Team or Centre (your choice) in co-operation with Sri Chinmoy: The Peace Meditation at the United Nations and ... You can contact the local UN Association, local government, embassies or peace, spiritual or religious groups to be co-sponsors. (The New York Peace Walk will begin and end at the United Nations from 8-9 a.m. and is co-sponsored by ambassadors of several countries to the UN.L

1. You could have a ceremony or prayer-breakfast in conjunction with the Peace Walk and invite prominent people. An interfaith theme seems to work well with this event. In New York we hold an interfaith Prayer Breakfast hosted by a UN ambassador (1993 - Argentina) after the Peace Walk, at which religious leaders from six different traditions offers prayers, and which has been quite successful.
2. Please be careful that any information you distribute or anything you say to the press, etc., is worded in such a way that it does not misrepresent Guru's relationship with the United Nations. Please be familiar with the wording in the brochure that you receive from us.
3. Spanish translations are available from Surashri. For other languages, please see your regional coordinator. If you translate this information, please send a copy to: The Peace Walk, 86-24 Parsons Blvd., Jamaica, New York, 1 1432.
4. Guru's songs on peace and the United Nations are enclosed. Singing these songs during the Peace Walk helps create a meditative atmosphere. More copies of songs are available on request.
5. If you would like to purchase flags of the United Nations or any country for the walkers to carry, we can obtain them for you at the United Nations. Please inform us how many you need. The miniature flags

(4" X 6") are $1.50 each.

1. In September, please report the results of your Peace Walk promptly by calling or faxing the person indicated on the cover of this envelope by Wednesday, 22 September. Please confirm that your Peace Walk took place and give the number of participants. You may also wish to mail a detailed report including photos, press clippings, etc. to: The Peace Walk, 86-24 Parsons Blvd., Jamaica, New York, 1 1432.

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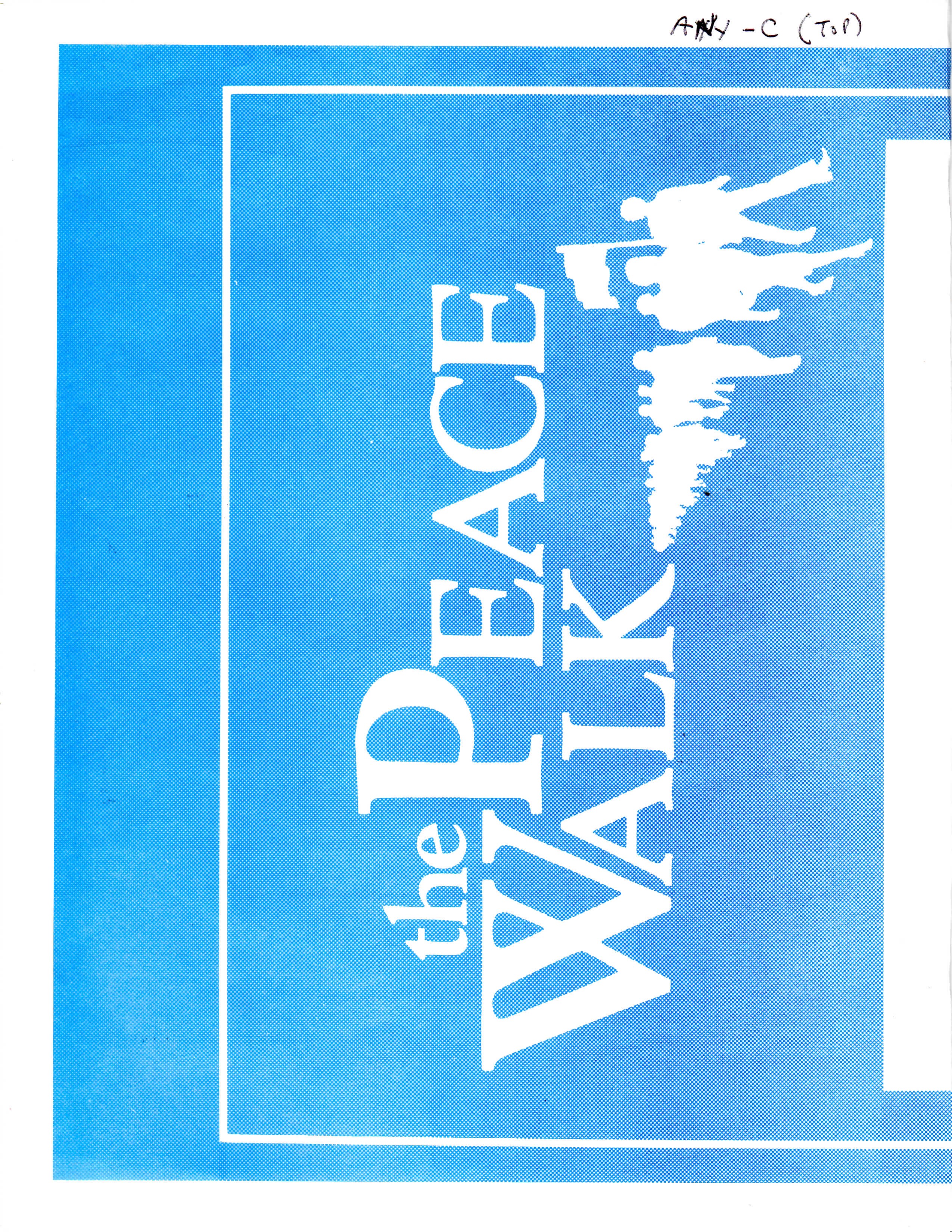
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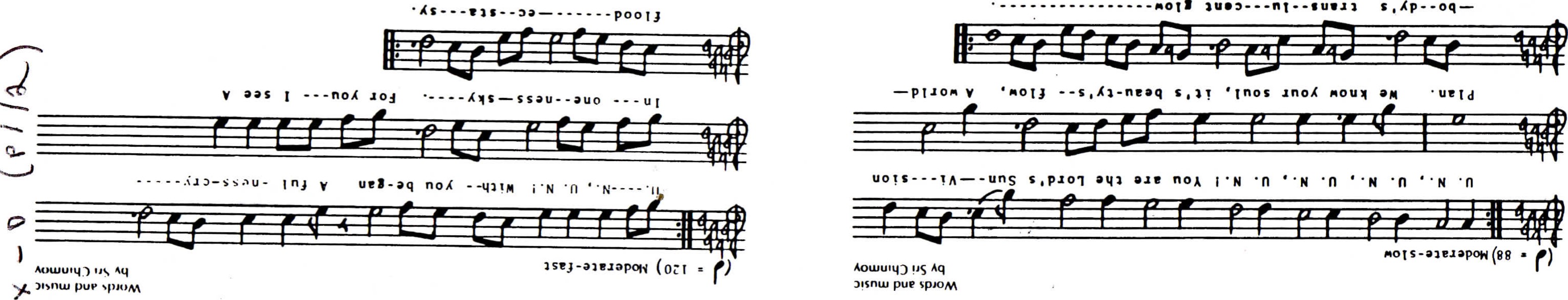
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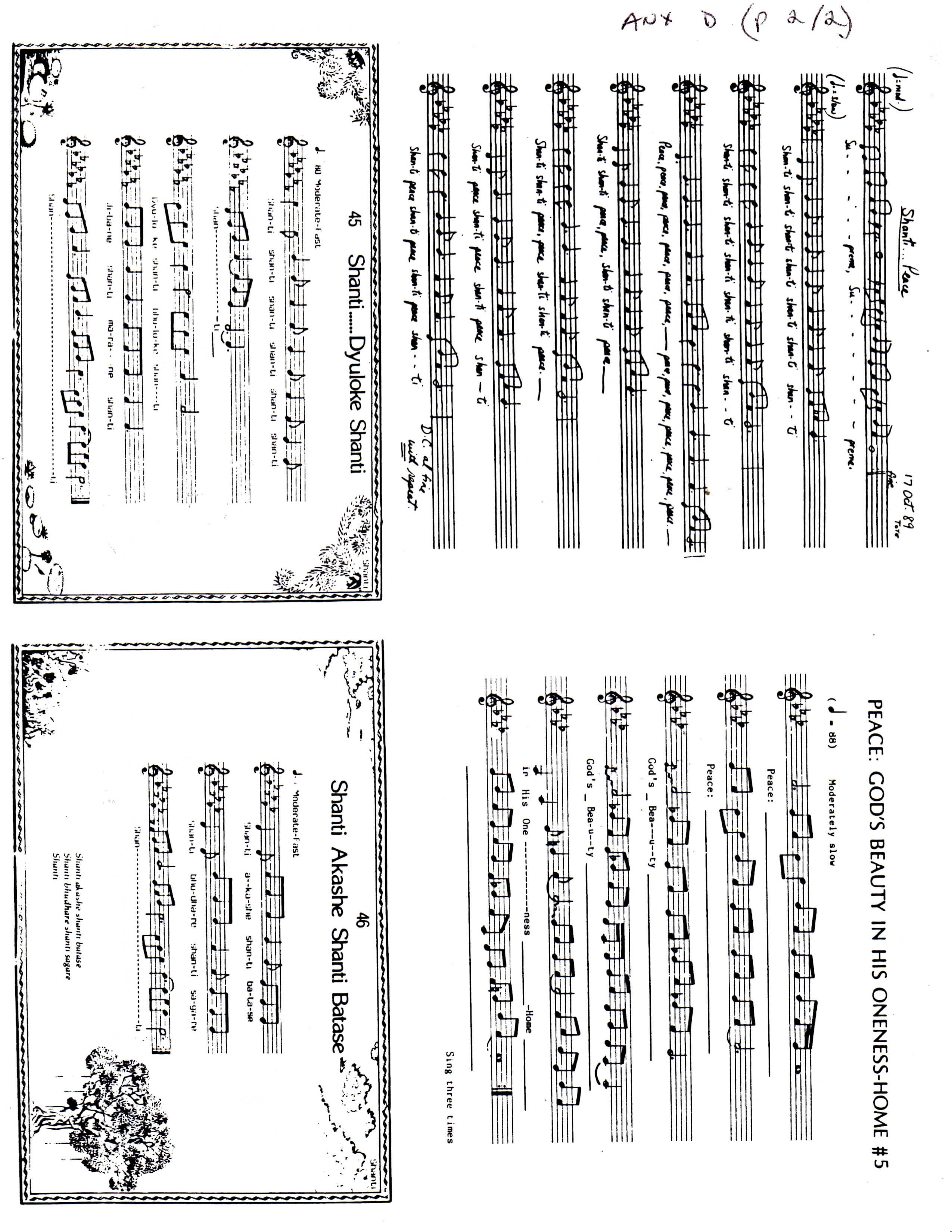
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The World-wide Event

Peace Walks took place on 15 September 1992

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| Argentina | Montpellier |
| Buenos Aires  Australia | Nancy  Paris |
| Adelaide | Germany |
| Melbourne | Berlin Münich |
| Austria  Salzburg | Nürnberg |
| Vienna  Belarus | Hungary  Budapest |
| Minsk  Croatia | India  Hyderabad |
| Zagreb  Canada | Italy  Milano |
| Edmonton | Japan |
| Halifax  Montreal | Tokyo |
| Ottawa | Russia |
| Quebec | Moscow |
| Vancouver | Smolensk |
| Victoria | St. Petersburg |
| Finland | sierra Leone |
| Helsinki  Vaasa | Freetown  Slovenia |
| France | Lj ubljana |

in over 50 cities:

Sweden

Stockholm Uppsala 

United Kingdom

Cambridge Ipswich

USA

Boston Carrboro, North Carolina

Cincinnati

Los Angeles

Miami

New York

Portland, Oregon

Providence

Tampa Bay, Florida

Washington DC

Woodstock, Vermont

Yugoslavia

Belgrade

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Novi Sad

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## S E V E N M I N U T E S O F WO R LD P E A C E

86-24 PARSONS BOULEVARD, JAMAICA, NEW YORK 1 1432, U.S.A.

"The outer message of the United Nations is peace.

The inner message of the United Nations is love.

The inmost message of the United Nations is oneness. "

— Sri Chinmoy

### SEVEN MINUTES OF WORLD PEACE - A SIMULTANEOUS GLOBAL OBSERVANCE

On United Nations Day, Sunday, 24 October 1993, individuals, groups and organizations around the world will simultaneously join in seven minutes of silent prayer or meditation to share the spirit of peace on earth. This observance, initiated in 1984, iB called SEVEN MINUTES OF WORLD PEACE. Around the globe, local observances will be held at times corresponding to 1.00 — 1.07 p.m. Eastern Daylight Time at United Nations Headquarters in New York (17.00 — 17.07 Greenwich Mean Time) .

### HOW TO PARTICIPATE

By individually or collectively observing silence to pray or meditate for peace during the local time in your time zone which corresponds to 17.00 — 17.07 Greenwich Mean Time on Sunday, 24 October 1993 — United Nations Day. Those who wish to organize a group observance may do so by informing members of their organization, their comrnunity or the public of the local time and place of the observance. The text of this announcement may be used, either in part or in its entirety, to create information circulars or articles publicizing the local Seven Minutes observance;

 By notifying us of your participation immediately after the observance so that we may know the total number of participants, both individual and group (submitted by the group organizer) . Please write to: SEVEN MINUTES OF WORLD PEACE, 86-24 PARSONS

BOULEVARD, JAMAICA, NEW YORK 11432, USA. You are also invited to write a letter and/or send photog, posters, programmes or news articles.

### ITS PURPOSE

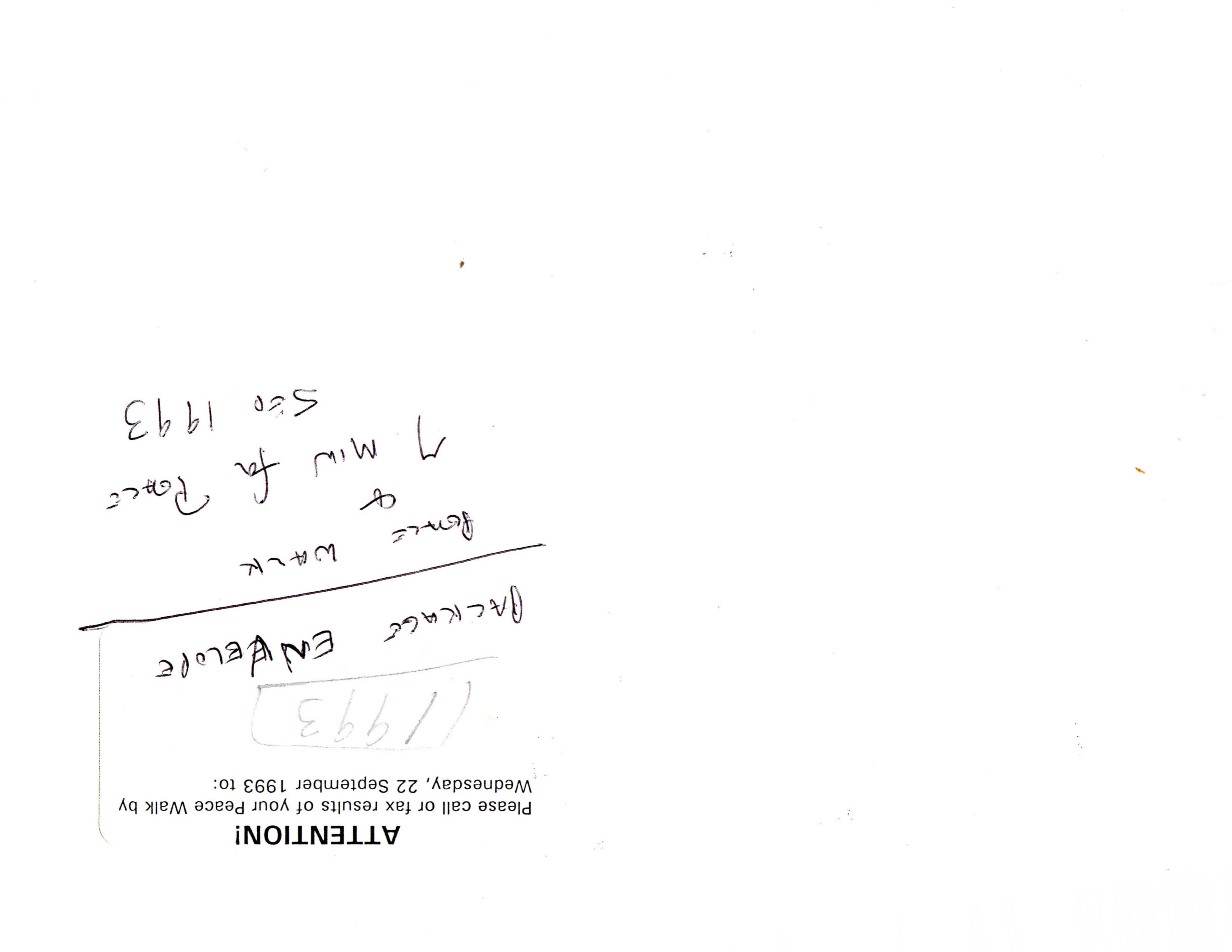
SEVEN MINUTES OF WORLD PEACE seeks to focus the world's attention on the urgent need for peace in the international and inter—religious spirit of the United Nations. The observance offers people of every country and belief an opportunity to transcend their individual and national identities and join all humanity, even if for just a short time, in the spirit of peace as part of the human family. SEVEN MINUTES OF WORLD PEACE has no political affiliation or purpose other than to work toward and strengthen the universal human aspiration for harmony, peace and oneness among nations and peoples.

### THE SPONSOR

SEVEN MINUTES OF WORLD PEACE was initiated by Sri Chinmoy: The Peace Meditation at the United Nations in co—operation with United Nations Associations in many countries and a wide range of educational, religious and peace organizations around the world. The Peace Meditation at the United Nations is an association of United Nations delegates, staff and others accredited to the United Nations, who believe that inner peace serves as the foundation for outer peace, and who actively work to pursue this goal through the United Nations. Toward this end, the Peace Meditation group has been holding twice—weekly meditations and a wide array of programmes and events at the United Nations since 1970 under the leadership of meditation teacher Sri Chinmoy.

### PAST OBSERVANCES

SEVEN MINUTES OF WORLD PEACE was inaugurated in 1984 with the participation of groups in over 40 countries. The observance has since continued to spread, and can now be said to have a life of its own. Ceremonies and observances have been held around the world, and messages of support have been received from heads of State of several countries, as well as mayors, governors and members of Congress in the United States. One of the most inspiring examples of participation was organized by the United Nations Association of Sri Lanka, where over 70, 000 people joined the Seven Minutes observance in 1986, and millions in subsequent years. In the U.S.A., congressional staff, public and private schools, libraries and local chapters of Peace Links and Church Women United, as well as Unitarian and Catholic Churches, have documented their participation.



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