

# Meditation at the United Nations

United Nations



the Heart-Home  
of the World-Body

Monthly Bulletin of  
Sri Chinmoy Meditation at the United Nations

Vol. VIII, No. 12  
27 December 1980

**MEDITATION  
AT THE  
UNITED NATIONS**

**MONTHLY BULLETIN OF  
SRI CHINMOY MEDITATION  
AT THE UNITED NATIONS**

(i)

Since January, 1973, Sri Chinmoy Meditation at the United Nations has published the monthly bulletin, *Meditation at the United Nations*. This publication offers a basic introduction to meditation techniques and spirituality through questions and answers and lectures, and also reviews the Group's activities. Profits from the sale of this bulletin are donated to UNICEF.

*Editor:* Gail Silver

*Assistant:* Merri Weisbrot

*For information please write:*

Sri Chinmoy Meditation at the United Nations  
GPO 20 — Room 1931  
United Nations, New York 10017

Copyright © 1980 by Sri Chinmoy

*Sri Chinmoy Meditation at the United Nations is an association of U.N. delegates, staff, NGO representatives and accredited press correspondents.*

This information is presented as a service and does not necessarily represent the official views of the United Nations or its Agencies.

(ii)

SRI CHINMOY MEDITATION  
AT THE UNITED NATIONS

United Nations



the Heart-Home  
of the World-Body

WE BELIEVE and we hold that each man has the potentiality of reaching the Ultimate Truth. We also believe that man cannot and will not remain imperfect forever. Each man is an instrument of God. When the hour strikes, each individual soul listens to the inner dictates of God. When man listens to God, his imperfections are turned into perfections, his ignorance into knowledge, his searching mind into revealing light and his uncertainty reality into all-fulfilling Divinity.

(:))

## EDITOR'S NOTE

*Sri Chinmoy Meditation at the United Nations is an association of U.N. delegates, staff, NGO representatives and accredited press correspondents, who believe that inner reflection and meditation can bring us in touch with the founding spirit of the United Nations and inspire renewed dedication to its ideals.*

*The main focus of our activities, both in New York and in Geneva, is our twice-weekly meditations, which provide an opportunity for quiet, spiritual renewal in an atmosphere reflective of the highest purposes of the world organisation. In addition, through an ongoing series of conferences and symposia, we provide forums where ambassadors, Secretariat officials and staff, religious leaders and other world-minded individuals can share and reinforce their spiritual vision for the United Nations.*

*The Meditation Group was founded in 1970, when interested staff members invited the distinguished spiritual leader Sri Chinmoy to conduct non-denominational meditations at New York Headquarters. Since then, the Group's membership has grown considerably and its expanded activities have been warmly received by the U.N. community.*

(i v)

## TABLE OF CONTENTS

Questions and Answers . . . . .	1
• <i>About working at the United Nations</i>	
Meeting with the President of Trinidad and Tobago . . . . .	12
Human Rights Day Observance at the White House . . . . .	17
Letters of Goodwill . . . . .	18
Special U.N. Day Celebrations . . . . .	20
Activities of the Meditation Group in 1979 and 1980 . . . . .	29

(✓)

## QUESTIONS AND ANSWERS

*Below are questions about working at the United Nations, asked by members of the meditation group and answered by Sri Chinmoy during the group's meetings.*

*Question:* When several individuals form a committee to do a project, you have five different people discussing something with their own backgrounds and ideas. And in the U.N. you might have five different countries or even more discussing one topic, each country with its own firm belief. What is the best course to follow in such cases?

*Sri Chinmoy:* Sometimes, as an individual, you have an idea. Then a few minutes later, you develop or create another idea. Then, if you wait for a day or two, you create or develop or become fully aware inwardly—not outwardly—of a better idea. In this way, the same individual is approached by different ideas at various times. You cannot say that each new idea you get is better than the previous ones. In the morning, you have an idea to achieve something in one way, and in the afternoon you have another idea to achieve that thing in a different way. But the idea you get in the evening need not be the better one.

So, if there are five members on a committee, each individual should try to dive deep within and

see if at any time, he can agree with the idea offered by somebody else. Right now, he is fighting for his own suggestion. But a few days later it may happen that he himself will have the same views that he is now opposing. But if you have established your oneness with the other members, then at least you will try to understand their viewpoint, and see if there is any truth in it. Then, you can see if your idea is really the best or if somebody else's idea is really the best.

Look at five ideas as five fruits. One idea may be more mature, more practical, than the others. Everybody wants to eat the ripe fruit. But if everybody wants to eat the ripe fruit, then everyone has to look carefully at the fruits that are available. If there are five fruits, some will be unripe. Nobody wants to eat the unripe fruits. Only the idea that is most ripe and delicious you will eat. Just because one person has brought the ripe one, it does not mean that only he will eat the ripe fruit and that he will deny it to others. Others also will have equal share of the fruit that someone has brought. No matter who has offered an idea, let the others have an equal opportunity to apply that idea to their own lives. Then, no matter who has got the fruit, as long as everybody is allowed to eat it, as long as everybody is ready to share it, then the fruit will become everybody's property. This way you can have a feeling of oneness.

*Question:* What is the seeker's responsibility at the United Nations?

*Sri Chinmoy:* The seeker's responsibility at the United Nations is to pray and meditate—to pray for and meditate on those who have served or are still serving the United Nations most devotedly and



soulfully. Former Secretaries-General Dag Hammarskjöld, U Thant and those who have served or who are serving the United Nations in any capacity should receive soulful prayers and gratitude from the seekers who are now serving the United Nations. Also, the seeker must pray for all the countries that are singing the unity-song at the United Nations, for each individual member of the United Nations. Again, the seeker at the United Nations should pray for those who will serve the United Nations in the future. That is to say, they should try to connect the past, present and future—past glory, present promise and future achievements. Glory, promise and achievements must be united together by the seeker, and to do that the seeker has to pray for the departed souls or for the souls who have served the United Nations in the past, and for those who are still serving, and for those who will join the United Nations and sing the unity-song in the future.

*Question:* How can we work with dynamism and confidence at the United Nations?

*Sri Chinmoy:* Here we have to know that patience itself is dynamism. If we separate patience from dynamism, then we are making a mistake. Now, in patience there is confidence, in dynamism there is confidence. We can safely say that confidence is the hyphen between patience and dynamism. Dynamism is in the vital proper, patience is in the heart and confidence, let us say, is in the mind. If the mind is inundated with confidence, if the heart is inundated with patience and if the vital is inundated with dynamism, then we can easily have a far-reaching vision of the United Nations. At that time, we will know that we

embody patience, because embodied patience is already there inside our aspiring heart. And we will know that we have confidence in our mind, because the mind is constantly challenging a higher reality than what it has already achieved. That means the mind already has some capacity which we call confidence. As for the vital, we have to know that there has always been dynamism and aggression in the vital. It is up to us which of these qualities to accept, aggression or dynamism. But just because we are seekers, our vital is bound to be flooded with dynamism.

*Question:* What is the best way to serve the United Nations: through meditation or action?

*Sri Chinmoy:* There is no basic difference between soulful action and soulful meditation. Meditation and action are one, provided they are done in a soulful way. If one acts soulfully, then he is doing a really good meditation. And if one is meditating soulfully, then that person is also acting in a divine way. So, it all depends on how we meditate and how we work. If there is a soulful reality inside our action and if there is a soulful reality in our meditation, then we are serving the same purpose.

At times our mind separates action and meditation. But we can easily convince the mind by becoming the embodiment of a true seeker, by reaching a certain height with our morning meditation and by again reaching the same height through our daily actions during the day. So, in the morning let us call what we do meditation, and during the day let us call what we do dedication. This soulful dedication is undoubtedly soulful meditation.

*Question:* How can both staff members and delegates of member nations understand that spirituality is a true base to build their goals upon?

*Sri Chinmoy:* Staff members and delegates of member nations can understand that spirituality is a true base to build their goals upon only by your own personal example. If you can grow into a flower, then naturally you will emanate fragrance-reality. If you become a flame, then automatically you will spread light. So it is not by talking but by becoming. If you can become a torch-bearer of truth and light, then automatically the world around you will see light. And if you have in your inner heart flowers of oneness, flowers of peace, flowers of divinity, and if you can bring them to the fore, then automatically the essence of these flowers will emanate all around you and enter into those who are around you.

*Question:* How can we instill a spiritual feeling in the work that we do, so that it will be conveyed to the people we work for?

*Sri Chinmoy:* You can instil a spiritual feeling in the work that you do if you keep in mind that you are always working for one body and one soul. You are not working just to please your boss. You must please your boss without fail, but the ultimate goal is to please the soul of the United Nations. For that, every day you should try to increase your own aspiration and your own aspiration will automatically convey its strength to the people you work for.

*Question:* How can we best inspire the people we work with?

*Sri Chinmoy:* You can best inspire the people you work with by becoming a constant flame of aspiration that illumines all those who are still cherishing, consciously or unconsciously, ignorance-night, which is a lesser form of light.

*Question:* What is the main problem or quality in the countries of the world which keeps them from acting according to the ideals of the United Nations?

*Sri Chinmoy:* The main problem is the problem of superiority and inferiority where the sense of separativity looms large. The feeling of identification is wanting. Therefore, the receiver and the giver are not willing to stand on the same footing of inseparable oneness.

*Question:* How can I work with true spontaneity and sincerity at the United Nations?

*Sri Chinmoy:* You can work with true spontaneity and sincerity at the United Nations if you yourself constantly discover your own heart's spontaneity and cultivate your own life's sincerity at every moment of your conscious existence on earth.

*Question:* What is the best way to bring a divine consciousness to everyday activities at the United Nations?

*Sri Chinmoy:* The best way to bring a divine consciousness to everyday activities at the United Nations is by making yourself consciously and soulfully feel that you are of the one Source and you are trying to manifest the Source in order to create a new world in the heart of the present-day world.

*Question:* How can the delegates and representatives at the United Nations best convey the ideal of the United Nations to their people in their countries?

*Sri Chinmoy:* The delegates and the representatives can best convey the ideal of the United Nations to their people by making the people of their nations feel that the United Nations is the reality-tree and that their own countries are solid branches of that reality-tree, which are destined to bear all-nourishing, all-energising fruits.

*Question:* While I'm in the office how can I control my emotions? There is so much injustice and nothing we can do to help ourselves.

*Sri Chinmoy:* You say that there is nothing you can do, but I am giving you a way to protect yourself. We have been meditating here for five or ten minutes. This meditation has real power. In your office there is much injustice. Injustice itself is a kind of negative power, a destructive power. Injustice is an undivine power and justice is divine power. Now injustice is creating suffering in your life. But there is something called God's Light. You can be well protected by God's Light and be unaffected by injustice. True, you cannot change

the minds of the people who are causing this injustice, but you can protect yourself. They are striking you inwardly and because of your fear or your incapacity you don't strike them back. But if you become very strong, very powerful inwardly, your strength will take you to some other place or will give them some illumination. God's Compassion will save you from this kind of injustice if you enter into the spiritual life seriously.

Another way of saving yourself, which is quicker, is to have peace of mind. At our meditations we bring down Peace, which is very solid. It is not something imaginary. You can feel Peace; you can swim in the sea of Peace when you meditate with us here. Injustice is undivine power, but Peace is an infinitely more powerful divine weapon. It is solid power. When you are in Peace, no human power can upset you.

When you have to defend yourself or protect yourself, try to use a higher weapon. If people say something and you retaliate on the same level, there will be no end to it. Again, if you simply swallow your anger they will continue to take advantage of you. But when they see and feel tremendous inner Peace in you, they will see something in you which can never be conquered. They will see a change in you, and this change will not only puzzle them but also threaten and frighten them. They will feel that their weapons are useless.

Peace is the most effective weapon with which to conquer injustice. When you pray and meditate your whole being becomes flooded with Peace. Then no matter what other people do, you will just feel that they are your own children playing in front of you. You will say, "These are all children. What more can I expect from them?" But right now, because they are grown up in terms of years,

you become angry and upset instead. If you pray and meditate regularly, you will soon feel that your peace is infinitely stronger, more fulfilling and more energising than the unfortunate situation that they create.

*Question:* In your talk you said that if we see the problem and if we face the problem then we have greater force than the problem. Do you mean, then, that a problem is not a problem if we know how to look at it?

*Sri Chinmoy:* If we know how to look at a problem, half the strength of the problem goes away. But usually we try to avoid the problem; we try to run away from it. A problem is not an indication of any fault or crime of ours, so why should we be afraid to face it? Our difficulty is that when something unfortunate happens in our life, we immediately feel that we are at fault, that we have done something wrong. We must know that there are also wrong forces, undivine forces, hostile forces around us. We believe in the law of karma — that if we do something wrong, we suffer later. But even if we do not do anything wrong, the ignorance of the world may come and torture us. Think of Christ. He was a great spiritual Master. He did not have any bad karma. He did not do anything wrong. But the ignorance of the world crucified him. Of course, we cannot compare ourselves with Christ, but at our own level we have to feel that we are not necessarily at fault.

By blaming ourselves and then trying to hide, we do not solve the problem. We have to face the problem and see whether we really are to blame. If our own ignorance has made the problem then it

may be difficult to deal with. But if somebody else is creating the problem then we have to stand like a solid wall and not allow the problem to enter into us. If it is my house, my wall, I will not allow anybody to break through. But if I am the problem itself then how am I going to prevent it from entering? This problem is infinitely more difficult to solve than the problem coming from without. In order to solve the problem of myself, I have to feel that I am not the problem maker but the problem solver. Then I have to practise the spiritual life and develop inner strength, aspiration and inner detachment. Slowly, gradually, I will become inwardly strong, and then I will be able to solve the problems caused by myself, by my own inner weaknesses.

*Question:* How can a person detach himself emotionally from irritating people and situations?

*Sri Chinmoy:* First, you have to identify yourself with the standards of the person who is creating the irritation. Suppose you are in your office and somebody is creating unnecessary problems. If you get angry with him, that will not solve the problem. Instead, you will be tortured inwardly by your anger and outwardly by the person. If you allow yourself to become angry, you will only lose your own inner strength. But if you come down to the standard of that person and identify with him, you will see that he himself is very unhappy and therefore wishes consciously or unconsciously to make others unhappy as well. The moment you identify with the person who is creating the situation, you will see that there is nothing to be gained by irritation. Half of your irritation will go



away. It will feel that half of its domain is now captured by something: identification. When you identify yourself with the lowest standard of the person who is creating this undivine disturbance in you, your presence inside that person's ignorance will take away half the strength of his attack.

## MEETING WITH THE PRESIDENT OF TRINIDAD AND TOBAGO

*On Tuesday, 30 December 1980, Sri Chinmoy met with the President of Trinidad and Tobago, Sir Elis Clarke, at the President's home in Port-of-Spain. The meeting occurred during a short holiday visit by Sri Chinmoy and a number of students from his international meditation association, including some staff members of the United Nations. In addition to enjoying the beauty and peace of the islands, the group held a public concert and meditation, as well as several road races.*

*Following are brief excerpts from Sri Chinmoy's meeting with President Clarke, which included a performance by the group's choir of a song Sri Chinmoy had composed in honour of Trinidad and Tobago.*

*President Clarke:* May I extend a greeting to all of you in Trinidad and Tobago. You have been here for a little while and you have seen the most delightful part of our country: Tobago. I also extend to you season's greetings and wish you all the very best for the new year.

*Sri Chinmoy:* Four days ago I composed a song about Trinidad and Tobago. I wish to dedicate it to you.

*(Singers perform the song.)*

*President Clarke:* Thank you for the beautiful song. It was written very beautifully and also rendered very beautifully. Is it one of the requisites for joining your meditation group that one must have a good voice? (*laughter*)

*Sri Chinmoy:* These are selected singers. There are many more who don't sing.

*President Clarke:* How many of you are here in Trinidad? What is the size of the group?

*Singer:* There are about two hundred of us from North America, Europe, Australia and New Zealand. We will be here for another week.

*President Clarke:* I hope you have been enjoying your stay.

*Sri Chinmoy:* Very much so! We have come here only to enjoy your beautiful islands.

*President Clarke:* Tell me a little about your group.

*Sri Chinmoy.* We have Centres all over the world. We try to lead a better life through prayer and meditation. We do not belong to any particular religion. Our religion is love of God. Although we deeply appreciate and admire our own respective religions, we feel that if we can love soulfully, then we can have true admiration and respect for all religions. Through our prayer and meditation, we try to transcend the barriers of religions. Also, quite a few of our students work at the United Nations, and there we get an opportunity to be of greater service to mankind.

*President Clarke:* Of course, as you probably know, in our national anthem we sing, "Let every creed and race find an equal place, and may God bless our nation." We put this into practice. You have been here for the Christmas holiday, which is very important because there are many Christians here. But, then, there are also many Hindus. So we

have the festival of Devali, which is also a public holiday. And then there is the Eid-ul-fidr of our Muslim brothers and sisters. That is a public holiday as well. We do find a very large variety of creeds here. We claim to have all the races except the Eskimos. We have nothing against the Eskimos, but I think they don't like the temperature. Otherwise, we have a mixture of everybody.

Here people hold high office or any office irrespective of race or creed. We hope to keep it that way. So, we follow your teachings: let respect and admiration for human beings transcend any of the barriers that might otherwise divide our people.

*Sri Chinmoy:* We believe in human rights. We feel that there is an inner code, an inner justice. It is only through mutual love and respect that we can become good citizens of the world.

*President Clarke:* Yes, we certainly believe in this mutual love and respect. As we say, we are friends of all the countries and enemies of none. While we ourselves follow a particular path, which might perhaps be described as a middle path, we don't object if anybody believes entirely in free enterprise or socialism. We accept this, if that is what they wish for themselves. If they think that will make them happy, we say, "Good luck to you." But we insist rigidly that there be no interference in the internal affairs of any country. Those who wish to follow one path or another may do so, and we shall follow precisely what we consider our path, the middle path.

I don't know if you have heard of our Carnival. It is very spectacular. You would think that everybody has gone mad, but there is a little method in their madness. It is a time which, extraordinarily enough, I think brings out the best in us. Our watchwords are discipline, production and toler-

ance. Carnival is the time when there is more discipline than any other time. It brings out the artistic creativity of people. They work before the Carnival like Trojans to produce costumes. A tremendous amount of discipline and production is there. The tolerance is marvellous—everybody is extremely tolerant of everybody else. But I am afraid I can't say that we practise Carnival all year round.

It was good of you to come to our country and it was even better of you to compose so delightful a song in our honour.

*Sri Chinmoy*: It is our heart's feeling that we are expressing when we dedicate these soulful words to you. We are enjoying our stay here immensely and we are offering you our deepest gratitude.

*President Clarke*: We are indeed appreciative of what you have said in your song and I wish all your students a very pleasant stay in our midst. I hope they will so enjoy themselves that they will think of returning to Trinidad one day. The very best to you, indeed.

*Sri Chinmoy*: Thank you.

*(The President then chatted informally with Sri Chinmoy and the singers.)*

## TRINIDAD, TOBAGO

Trinidad, Tobago—twin heavenly flames!  
Sweetness-heart and oneness-soul—God Games.  
The British flag, the French flag, the Dutch flag  
Captured the soulful beauty's isles to brag.  
Now you are your own smile and sun  
And soul-courage light: bondage night are done!

Tri - ni - dad To - ba - go . twin  
hea - ven - ly flames  
twin, twin, twin, hea - ven ly  
hea - ven - ly flames, flames, flames.  
Sweet - ness heart and one - ness soul  
God - games.  
The Bri - tish flag the  
French flag, the Dutch flag  
Cap - tured the soul - ful beau - ty's isles  
to brag.  
Now you are your own,  
now you are your own  
Smile and sun Smile and sun  
and soul - cou - rage - light.  
Bon - day nights are done, done,  
done, done.

## HUMAN RIGHTS DAY OBSERVANCE AT THE WHITE HOUSE

On 10 December 1980 the White House Prayer Group organised a programme focusing on human rights, inspired by the series of human rights observances held by the meditation group at the United Nations over the past few years.

Held in the President's Briefing Room for White House staff, the celebration featured several speakers, including Ms. Madeleine Albright, National Security Council, Congressional Liaison for Dr. Brzezinski; Ambassador Esteban E. Torres, Special Assistant to the President for Hispanic Affairs; Ms. Jane Minasian, State Department Bureau of Human Rights and Humanitarian Affairs; Dr. Marciel Tamayo, Director, United Nations Information Office in Washington, D.C.; and Ambassador Julio Sunol of Costa Rica to the Organisation of American States (O.A.S.).

## LETTERS OF GOODWILL



PERMANENT OBSERVER MISSION  
OF THE HOLY SEE

1000 N. FIFTH AVE.

December 29, 1980

Dear Sri Chinmoy:

The New Year is only a few days away and in this time of preparation, I am recalling the beautiful aspirations and the inspiring challenges your Meditation Group offers at the United Nations. May the New Year bring you continued success and may 1981 mean increased happiness and peace for you and for your associates.

With my best wishes.

Sincerely,

+

Archbishop Giovanni Cheli  
Permanent Observer of the Holy See  
to the United Nations  
Apostolic Nuncio

Sri Chinmoy  
Sri Chinmoy Meditation  
GPO 20  
Room 1931  
United Nations,  
New York, New York 10017



Card received from Ambassador Zenon Rossides  
of Cyprus

To Sri Chinmoy —

To Wish You

Happiness at Christmas

and in the

New Year

our heartiest wishes, together with  
all our admiration and love  
in the world - may your dedicated  
work in the United Nations be  
further strengthened in the coming year!  
ZENON & TERESA ROSSIDES

Dec. 1980.

## SPECIAL U.N. DAY CELEBRATIONS

The November 1980 issue of the bulletin gave reports of a unique worldwide celebration of United Nations Day, organised by students of Sri Chinmoy, who, in addition to leading meditations at the U.N., also heads an international meditation association which is an accredited non-governmental organisation to the United Nations. Throughout the United States, Canada, Europe and Australia, special ceremonies and athletic events—often held in cooperation with the local United Nations Association—highlighted the United Nations ideals and activities.

Following are some newspaper articles, letters and proclamations relating to U.N. Day events in Australia and Scotland which were not included in the November issue.

### PERTH

Following are letters from the United Nations Association of Australia, Western Australia Division, thanking students of Sri Chinmoy for their constant support of the United Nations and especially for their efforts in organising the annual U.N. Day Peace Run held in Perth.



## United Nations Association of Australia W A Division

306 Murray Street, Perth, Telephone 321 7040

PATRON: HIS EXCELLENCY THE GOVERNOR, AIR CHIEF MARSHAL SIR SALISBURY GIBSON, G.C.B., G.C.V.O.

PRESIDENT: SIR THOMAS WARDRIE

Executive Director: L. LLOYD SEMPLE

14th August, 1980

Mr. I.W. Johnson,  
31A Hampden Road,  
NEDLANDS, 6009

Dear Ian,

This is a short but very sincere note to thank you for the support of your Group at the Annual General Meeting. The contribution that was given was deeply appreciated, and this is not just my own feeling but what has been expressed by many others quite spontaneously.

We would also thank you for your "spiritual" support as well as your very practical contribution throughout the whole year.

At the Executive Meeting on the 12th of August we co-opted your Group as a Corporate member just to get the records in order, and the holding of the Fun Run on the 19th October at the beginning of United Nations Week was approved. We know that there has to be preliminary preparations for this Run and look forward to hearing from you any suggestions you may have.

Once again thanking you and each member of your Group for your very valuable contribution,

Yours sincerely,

A handwritten signature in dark ink, appearing to read "Lloyd Semple", written in a cursive style.

L. LLOYD SEMPLE  
Executive Director



# United Nations Association of Australia W.A. Division

306 Murray Street, Perth. Telephone 321 7030

PATRON: HIS EXCELLENCY THE GOVERNOR, AIR CHIEF MARSHAL, SIR WALTER KRILL, GCB, CBE, DSO, DFC

PRESIDENT: SIR THOMAS WARDLE

Executive Director: L. LLOYD SIMPSON

28th-October, 1980.

Mr. Ian Johnston,  
(Sri Chimney Group),  
31a Hampden Road,  
NEDLANDS, W. A. 6009.

Dear Ian,

It is my pleasure to pass on to you and your Group our deep sense of gratitude for organising such a successful Peace Run at the opening of U.N. Week this year.

The increase in the numbers of entrants compared with the first Peace Run last year was through excellent organising efforts that have been made and the smooth running of the event on the Sunday morning was the outcome of a lot of detailed planning. The course was a good one and the setting quite superb.

Please accept the sincere thanks of U.N.A.A. (W.A.) for a job well done, and with confidence we look forward to next years event.

Yours sincerely,

SIR THOMAS WARDLE  
(President of U.N.A.A. (W.A.))

## AUSTRALIA

### MELBOURNE

A team of six cyclists rode across Melbourne on 24 October 1980 to celebrate the U.N.'s 35th anniversary. The riders met with representatives of various municipalities to exchange messages of goodwill and proclamations, in an attempt to highlight the higher aims and ideals of the world organisation. Following are several newspaper articles and proclamations relating to the event.

**Sandringham  
& Brighton**



**Advertiser**

WEDNESDAY, NOVEMBER 6, 1980

Recommended Price 12 cents

**PEACE** on earth and goodwill to all men (and women) is usually a Christmas message, but this was the message that three cyclists brought to Sandringham on October 24.

The six peaceful pedal pushers met with Sandringham town clerk Mr Peter Sherman to exchange messages of goodwill.

The cyclists were members of a meditation group at the United Nations, who with support from the United Nations Association of Australia, were riding across Melbourne to celebrate the 35th anniversary of the establishment of the world body.

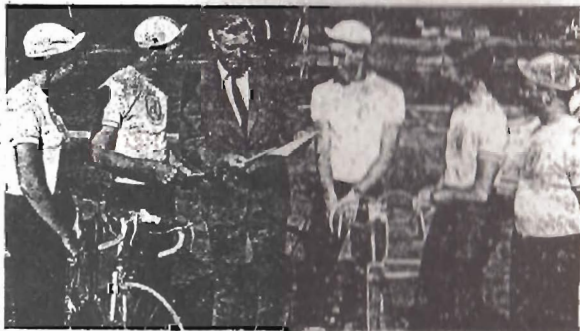
The riders met with mayors or representatives of various municipalities to exchange greetings and proclamations in an attempt to highlight the higher aims and ideals of the U.N.

Inspiration for the ride came from Sri Chinmoy, whose work at the United Nations for the past 10 years, to bring greater understanding of peace through prayer and meditation, has been acclaimed by world leaders.

The ride began at 9 a.m. with a ceremony at Altona Town Hall under the United Nations flag and finished eight hours later on the steps of South Melbourne Town Hall at 5 p.m.

The riders stopped at Williamstown, Footscray, Essendon, Coburg, Heidelberg, Camberwell, Malvern, Waverley, Caulfield, Murrabbin, Sandringham and Prahran.

## Peddlers in powerful peace push



23

# Moorabbin Standard



Phone 83 3301, classifieds 83 2287

WEDNESDAY, NOVEMBER 1980

Recommended Price 12c



AS part of the celebrations for United Nations Day six members of a medication group at the UN, with support from the UN Association in Australia, rode bicycles around Melbourne to mark the 35th anniversary of the world body.

In an attempt to highlight the higher aims and ideals of the UN the riders met the mayors of various municipalities to exchange greetings and proclamation.

They are pictured here paying their official call to Moorabbin town hall where they were met by the mayor, Cr Frank Le Page.



## CITY OF HEIDELBERG

All communications to be addressed to the TOWN CLERK TOWN HALL IVANHOE, VIC 3079 Telephone 49 1221

Telephone enquiries to

Ext. ....

24th October, 1980.  
(United Nations Day)

Sri Chinmoy and Sri Chinmoy Cyclists for Peace,  
c/- 16 Waterdale Road,  
IVANHOE, 3079.

Dear Cyclists:

It gives me very much pleasure to write this letter of greetings and goodwill to all of you who are participating in the "Cyclists for Peace" ride today, United Nations Day.

Most of the peoples of the world want peace but it often seems that as ordinary people we can do little to stop the belligerency and hatred and cruelty that provoke and permeate wars. We all hope that the United Nations will successfully fulfil the function for which it was founded, and it is good to know that there are people like Sri Chinmoy at the United Nations who work for peace with an emphasis on spiritual values.

On behalf of the people of my City I greet you and hope that you will always ride on and spread the good news of peace and fellowship to all mankind.

Yours sincerely,

(Cr.) H. H. Weinberg, J.P.  
MAYOR

25

# CITY OF ESSENDON

CIVIC CENTRE, MOONEE PONDS, 3039  
P.O. BOX 126, TELEPHONE: 370 2111

All communications to be addressed to the Town Clerk /City Manager

In reply please quote Ref. No.:

OUR REF: BCB:BL

Telephone enquiries:

October 24, 1980.

Sri Chinmoy Meditation at the United Nations  
in Association with the U.N.A. of Australia (Vic.),  
21 Edgecombe Street,  
K E W. 3101.

Dear Sirs,

On behalf of the Mayor, Councillors and Citizens of the City of Essendon, I extend to your organisation the goodwill and support of the City. Council is fully aware of the efforts of the United Nations in its endeavours to bring peace and fellowship to the world and is aware of the work of Sri Chinmoy Meditation at the United Nations in this regard.

The City of Essendon supports the need for peace throughout the world and the efforts of the United Nations in this regard over past years is to be congratulated and commended. The security of our world is uppermost in the minds of all people and the United Nations and its various agencies have worked towards providing a more secure and peaceful world for us all. In our country, Australia, we are not aware, except by media reports, of the problems being faced by other countries, in particular, in the third world and it is organisations like the United Nations and its agencies which are doing such grand work towards securing peace and security for all inhabitants on this earth.

Yours faithfully,



B. C. Beattie,  
City Manager/Town Clerk.

26





## City of Footscray

Tel.: 688-0209

OFFICE OF THE MAYOR  
TOWN HALL,  
FOOTSCRAY, 3011

24th October, 1980.

Mr. Paul Cunningham,  
21 Edgecombe Street,  
KEW, VIC. 3101.

Dear Mr. Cunningham,

As Mayor of the City of Footscray, Victoria, Australia, it is with a great deal of pleasure that I extend greetings from our City to the "Sri Chinmoy Meditation Group at the United Nations" on this most auspicious day - the 35th. anniversary of the signing of the United Nations Charter.

I feel that this bicycle ride is a most innovative attempt by the "Sri Chinmoy Cyclists for Peace" to highlight the aspirations and ideals of the United Nations in its endeavours to bring about lasting peaceful co-existence of nations throughout the world.

On behalf of the City of Footscray, I would offer heartfelt appreciation to the United Nations at its headquarters in New York, for the wonderful contribution it has made to world peace and security, for which, I am sure, all people of the world are truly grateful.

I trust that the member nations may continue with their work unimpeded, and also commend the cyclists and the United Nations Association of Australia, Victorian Division, for their initiative in being involved in this day of commemoration.

Sincerely yours,

COUNCILLOR RAY HUCKEL  
MAYOR, CITY OF FOOTSCRAY.

27

## SCOTLAND

### GLASGOW

A U.N. Day run started at 8 a.m. on 24 October 1980 in which runners visited all the Consulates and High Commissions in the city, as well as the City Chambers, where they met with the Lord Provost's representative. The event was televised by BBC Scotland and shown on a lunchtime new programme. Below is one of the thank you letters received from the consulates.

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΠΡΟΞΕΝΕΙΟ ΓΛΑΣΚΩΒΗΣ



HELLENIC REPUBLIC  
CONSULATE FOR GLASGOW  
AND THE STRATHCLYDE REGION

Head of Mission:  
J.C. Cavouras, M.Sc., Ph.D.  
Honorary Consul  
Honorary Secretary:  
Miss I. S. Theoharic

98 BaronaId Drive  
Glasgow G12 0HY  
Telephone  
041-334 0360

10th November, 1980

The Sri Chinmoy Centre,  
203 West George Street,  
Glasgow

The Consul for Greece thanks the Sri Chinmoy Centre for its kind greetings on United Nations Day, October 24th, 1980 and conveys his own wishes for world peace, international understanding and universal harmony.



Dr. John C. Cavouras

## ACTIVITIES OF THE MEDITATION GROUP IN 1979 AND 1980

Below is a chronological listing of the activities of the meditation group during 1979 and 1980. Each entry is followed by the issue of *Meditation at the United Nations* containing the report of the event. Following the chronological listing is an alphabetical index of countries, people and organisations which have participated in the programmes.

### CHRONOLOGICAL LISTING OF ACTIVITIES

(showing issue of *Meditation at the United Nations*  
which contains the report)

- 2/1/79 Meeting with Premier V.C. Bird of Antigua, 1 79  
12 1 79 Woodrow Wilson honoured, 1/79  
19 1 79 Swami Vivekananda honoured, 1 79  
23 1 79 Tribute to the International Red Cross, 1 79  
29 1 79 Runners' Dinner at the United Nations, 2 79  
30 1 79 Australia's 34th year at the U.N. honoured, 2 79  
30 1 79 Meeting with Muhammad Ali, 2 79
- 2 2 79 Tribute to Nelson Rockefeller, 2 79
- 4 2 79 Participation in memorial service for Nelson Rockefeller,  
2 79
- 9 2 79 Birthday of Ambassador Zenon Rossides observed, 2 79

- 16 3 79 Farewell for U Thant's family, 3/79
- 18 3 79 Centennial commemoration for Albert Einstein, Princeton University, 4/79
- 20 3 79 Centennial commemoration for Albert Einstein, United Nations, 4/79
- 21 3/79 Meeting with Leonard Bernstein, 3/79
- 27 3/79 Painting for IYC presented, 3/79
- 30 4 79 Performance for IYC at Riverside Church, 7/80
- 7 5/79 Dedication to Rabindranath Tagore, 7/80
- 22 5/79 Tribute to J.S. Bach, 7/80
- 23/5/79 Reception for IYC at U.S. National Visitors Center, 1/80
- 1/6/79 Meditation Garden for IYC dedicated, 1/80
- 27/6/79 U.N. Charter Day observed, 8/80
- 31/7/79 Dag Hammarskjöld's birthday observed, 8/80
- 1/8/79 Concert of Indian devotional music, 7/80
- 13/8/79 Folk music of Sweden and the Philippines, 7/80
- 14/8/79 Reception for IYC at the Jharna-Kala Gallery, 1/80
- 4/9/79 International Literacy Day observed, 8/80
- 7/9/79 Salute to World Labour and the ILO, 8/80
- 11/9/79 Tribute to the Bahamas. 4/80
- 17/9/79 Birthday of Ambassador Jorge Illueca observed, 4/80
- 28/9/79 Tribute to Spain, 4/80

- 4/10/79 IYC dedication in U.S. President's Park, 1/80
- 11/10/79 Meeting with Indian Foreign Minister, 4/80
- 16/10/79 Tribute to the Federal Republic of Germany, 4/80
- 19/10/79 Tribute to women in international affairs, 8/80
- 23/10/79 Tribute to the Philippines, 4/80
- 24/10/79 United Nations Day events for IYC, 1/80
- 
- 13/11/79 Reception for former U.S. delegates to the U.N., 4/80
- 16/11/79 International Thanksgiving Day observed/special prayer session for the Iranian hostage crisis, 2/80
- 10/12/79 Human Rights Day observed, 2/80
- 
- 15/1/80 Martin Luther King, Jr.'s birthday observed, 2/80
- 
- 4/2/80 Tribute to Sri Lanka, 4/80
- 
- 10/3/80 International Women's Day observed, 8/80
- 21/3/80 Memorial for Allard Lowenstein, 8/80
- 24/3/80 Tribute to Greece, 4/80
- 
- 7/4/80 Concert by Devadip Carlos Santana, 7/80
- 14/4/80 10th anniversary of the meditation group observed, 6/80
- 21/4/80 Batik art of Sri Lanka lecture and exhibition, 7/80
- 22/4/80 Tribute to Jesse Owens, 5/80
- 
- 6/6/80 Address at the U.S. State Department, 6/80
- 16/6/80 Meeting with U.N. Director-General in Geneva, 7/80, 9/80
- 16/6/80 Meetings with Indian Ambassador to Switzerland and Vice-President of the International Red Cross, 9/80
- 18/6/80 Meeting with Pope John Paul II, 7/80

- 11/7/80 Concert honouring Ms. France Vacher, 9/80
- 30/8/80 Opening of Pan American Masters Games, 9/80
- 5/9/80 Concert in tribute to the Bahamas, 9/80
- 17/9/80 Birthday of Ambassador Jorge Illueca observed, 9/80
- 22/9/80 World Gratitude Day observed, 9/80
- 3/10/80 Meeting with Foreign Minister of India, 10/80
- 24/10/80 United Nations Day observed, 10/80
- 24/10/80 Athletic events for U.N. Day, 11/80, 12/80
- 31/10/80 Tribute to Sudan, 10/80
- 17/11/80 International Thanksgiving Day observed, 11/80
- 10/12/80 Human Rights Day observed at the White House, 12/80
- 30/12/80 Meeting with the President of Trinidad and Tobago,  
12/80

## ALPHABETICAL INDEX OF PARTICIPANTS

(showing issue or issues of  
*Meditation at the United Nations* in which  
the country, individual or organisation appears)

### COUNTRIES

- Antigua, 1/79, p. 6  
Australia, 2/79, p. 5  
Bahamas, 4/80, p. 2; 6/80, p. 14, p. 34; 9/80, p. 22;  
10/80, p. 15  
Burma, 3/79, p. 1  
Canada, 2/79, p. 32; 2/80, p. 2  
Costa Rica — 12/80, p. 17  
Cyprus, 2/79, p. 41; 4/79, p. 21; 5/80, p. 14; 6/80,  
p. 14; 8/80, p. 27; 10/80, p. 10; 12/80, p. 19  
Dominican Republic, 1/80, p. 20  
Egypt, 2/80, p. 12  
Germany, Federal Republic of, 4/80, p. 14; 5/80, p. 8;  
9/80, p. 1; 11/80, p. 37  
Greece, 4/80, p. 37  
Guatemala, 1/79, p. 20  
Holy See, 2/80, p. 2; 7/80, p. 2; 9/80, p. 30; 10/80,  
p. 13; 12/80, p. 00  
India, 1/79, p. 14; 3/79, p. 39; 1/80, p. 23; 4/80,  
p. 11; 7/80, p. 21; 9/80, p. 16; 10/80, p. 1  
Iran, 2/80, p. 1  
Israel, 4/79, p. 12; 2/80, p. 12; 5/80, p. 10  
Italy, 10/80, p. 7  
Liberia, 6/80, p. 26  
Mexico, 1/80, p. 15  
Nigeria, 11/80, p. 1  
Pakistan, 2/80, p. 25  
Panama, 1/80, p. 13; 4/80, p. 9; 6/80, p. 14; 7/80,  
p. 5; 8/80, p. 2; 9/80, p. 26  
Philippines, 3/79, p. 39; 1/80, p. 18; 4/80, p. 18;  
7/80, p. 26  
Seychelles, 1/80, p. 21

Singapore. 2/80, p. 25  
Spain, 4/80, p. 21; 11/80, p. 1  
Sri Lanka, 4/80, p. 32; 6/80, p. 26; 7/80, p. 10  
Sudan, 10/80, p. 16  
Suriname, 1/80, p. 25  
Sweden, 7/80, p. 26  
Switzerland, 9/80, p. 9, p. 14  
Trinidad and Tobago, 12/80, p. 1  
United Republic of Tanzania, 2/80, p. 12  
United States, 2/79, p. 19; 1/80, p. 2; 2/80, p. 2,  
p. 12, p. 25; 4/80, p. 23; 5/80, p. 12; 6/80, p. 1,  
p. 33; 8/80, pp. 16, 18; 12/80, p. 17  
Zaire, 11/80, p. 1

#### *PEOPLE*

Abdalla, A.R., 10/80, p. 16  
Andrus, Cecil D., 1/80, p. 2, p. 29  
Albright, M., 12/80, p. 17  
Ali, Muhammad, 2/79, p. 1  
Arlotta, Vincent, 1/79, p. 20  
Bach, J.S., 7/80, p. 13  
Balasubramaniam, Nadarajah, 4/80, p. 32; 6/80, p. 26;  
7/80, p. 10  
Barton, W.H., 2/79, p. 32  
Beame, Abraham D., 2/79, p. 34  
Bernstein, Leonard, 3/79, p. 8  
Bird, V.C., 1/79, p. 6  
Blum, Yehuda Z., 4/79, p. 12; 2/80, p. 18; 5/80, p. 10  
Bonker, Don, 4/80, p. 28  
Bradley, Bill, 4/79, p. 24  
Burdick, Quentin, 2/79, p. 33  
Byrne, Brendan T., 4/79, p. 23  
Byrne, Jane, 1/80, p. 34  
Carey, Hugh L., 2/79, p. 30; 7/80, p. 25  
Cheli, Giovanni, 12/80, p. 18  
Chellenor, Herschelle, 4/80, p. 23



Clark, B.A., 11/80, p. 1  
 Clark, Sir Elis, 12/80, p. 1  
 Conte, Silvio O., 4/80, p. 29  
 Coopersmith, Esther, 2/80, p. 21; 8/80, p. 15  
 Corbitt, Ted, 2/79, p. 49; 10/80, p. 33  
 Cottafavi, Luigi, 7/80, p. 4; 9/80, p. 14  
 Cox, Howard H., 7/80, p. 13  
 Criscitiello, Sue, 8/80, p. 24  
 Cuevas Cancino, Francisco, 1/80, p. 15  
 De Barish, Emilia Castro, 1/80, p. 25  
 De Concini, Dennis, 2/79, p. 34  
 Dharmawardena, Vipula, 7/80, p. 10  
 Douglas, Herb, 5/80, p. 1  
 Einstein, Albert, 4/79  
 Esquea-Guerrero, Emmanuel, 1/80, p. 20  
 Ferraro, Geraldine, 1/80, p. 6  
 Fluckiger, Max, 4/79, p. 31  
 Gasser, Adolph, 4/79, p. 28  
 Ginzburg, V.L., 4/79, p. 29  
 Gordon, Ernest, 4/79, p. 3  
 Greif, Olivier, 3/79, p. 8; 9/80, p. 22  
 Hammarskjold, Dag, 8/80, p. 32  
 Hay, Alexander, 1/79, p. 20  
 Hepburn, Davidson L., 4/80, p. 2; 6/80, p. 19, p. 32,  
 p. 34; 9/80, p. 22; 10/80, p. 15  
 Hoffman, Banesh, 4/79, p. 32  
 Holton, Gerald, 4/79, p. 26  
 Hutchison, Ira, 1/80, p. 3  
 Illueca, Jorge E., 1/80, p. 13; 4/80, p. 9, 6/80, p. 17;  
 7/80, p. 5; 8/80, p. 2; 9/80, p. 26  
 Illueca, Mrs. J.E., 7/80, p. 5  
 Jaen, Omar, 1/80, p. 25  
 Jaipal, Rikhi, 3/79, p. 39  
 James, Ian, 2/79, p. 5  
 Javits, Jacob, 2/79, p. 19; 4/80, p. 26  
 Jehle, Dr., 4/79, p. 30  
 Joseph, James A., 1/80, p. 8  
 Kamanda, Kamanda wa, 11/80, p. 1  
 Kamen, Jeff, 2/80, p. 00  
 Katapodis, Nicolas, 4/80, p. 37

- Keefe, Kevin, 1/80, p. 4
- Keys, Donald, 1/79, p. 9; 2/79, p. 19, p. 41; 3/79, p. 1; 6/80, p. 15, p. 24; 8/80, p. 2, p. 19, p. 27
- King, Jr., Martin Luther, 2/80, p. 25
- Koch, Edward I., 2/79, p. 37; 2/80, p. 4
- Koh, Tommy, 2/80, p. 25
- Lederman, Leon M., 4/79, p. 34
- Liggett, Thomas, 4/79, p. 19
- Lim, Estefania Aldaba, 3/79, p. 39
- Lindsay, John V., 2/79, p. 19
- Loranger, Julie, 2/80, p. 2
- Lowenstein, Allard, 8/80, p. 18
- Mahmoud, Mahmoud Karem, 2/80, p. 22
- Marshak, Robert, 4/79, p. 16
- Martinez, Pedro Brin, 1/80, p. 25
- McHenry, Donald, 2/80, p. 28
- Minasian, Jane, 12/80, p. 17
- Mishra, S.N., 4/80, p. 11
- Moynihan, Daniel P., 2/79, p. 32
- Muller, Robert, 3/79, p. 1
- Myint-U, Tyn and Aye Aye, 3/79, p. 1
- Naik, Niaz A., 2/80, p. 31
- Nsubuga, Maryanne, 1/80, p. 21
- Ofosu-Benefo, Kwandwo, 6/80, p. 16
- Olivarrieta, Luis, 2/80, p. 39
- Owens, Jesse, 5/80
- Percy, Charles, 4/80, p. 27
- Pestalozzi, Mr., 9/80, p. 17
- Pope John Paul II, 1/79, p. 34; 7/80, p. 2
- Povman, Morton, 4/79, p. 20
- Rao, Narasimha, 10/80, p. 1
- Rauf, Muhammad Abdul, 2/80, p. 2
- Ribicoff, Abe, 4/80, p. 30
- Richard, Allison, 8/80, p. 7
- Richards, Alan, 4/79, p. 5
- Richardson, Janet, 2/80, p. 2; 9/80, p. 30; 10/80, p. 13
- Rickman, Herbert, 2/80, p. 2
- Rockefeller, Nelson, 2/79, p. 19
- Rosenhouse, Ruth Garcia-Granados de, 1/79, p. 20

- Rossides, Zenon, 2/79, p. 41; 4/79, p. 21; 5/80, p. 14;  
6/80, p. 21; 8/80, p. 27; 10/80, p. 10; 12/80, p. 19
- Rustin, Bayard, 5/80, p. 1
- Salim, Salim Ahmed, 2/80, p. 15, p. 44
- Sander, Norb, 2/79, p. 49
- Santana, Devadip Carlos, 7/80, p. 5
- Schwam, Marcy, 10/80, p. 33
- Shimizu, Yasu, 10/80, p. 31
- Shriver, Eunice Kennedy, 7/80, p. 24
- Sibal, Nina, 1/80, p. 23
- Singh, Gurbachan, 9/80, p. 16
- Sorenson, Gillian Martin, 6/80, p. 27; 8/80, p. 7
- Stewart, Peter, 11/80, p. 9
- Stokes, Carl B., 2/80, p. 25
- Stollberg, Frank, 4/80, p. 14
- Subba Rao, G., 1/79, p. 14; 6/80, p. 14
- Sunol, Julio, 12/80, p. 17
- Tagore, Rabindranath, 7/80, p. 21
- Tannenbaum, Marc, 2/80, p. 2; 5/80, p. 17
- Tapacio, Roberta, 7/80, p. 23
- Tetlow, Robert, 1/80, p. 30
- Teymour, Aly I., 2/79, p. 31
- Thomas, David M., 6/80, p. 26
- Tomayo, Marciel, 12/80, p. 17
- Torres, Esteban E., 12/80, p. 17
- Tureck, Rosalyn, 7/80, p. 13
- Turkevich, John, 4/79, p. 9
- U Thant, 3/79, p. 1
- Vacher, France, 9/80, p. 32
- Vanden Heuvel, W.J., 5/80, p. 12; 6/80, p. 33
- Van Hove, Leon, 4/79, p. 30
- Vasquez, Ana Esther de la Maza, 1/80, p. 25
- Vinci, Piero, 10/80, p. 7
- Vivekananda, Swami, 1/79, p. 14
- Von Wechmar, Rudiger, 5/80, p. 8; 11/80, p. 37
- Waldheim, Kurt, 4/79, p. 67; 2/80, p. 42, p. 43;  
6/80, p. 29-31
- Werners, Seigfeld, 1/80, p. 25
- Williams, N., 1/80, p. 25
- Wilson, Malcolm, 2/79, p. 35

Wilson, Woodrow, 1/79, p. 9  
Winn, Larry, 4/80, p. 25  
Xifra, Don Jose, 4/80, p. 21, 11/80, p. 1  
Yango, Alejandro D., 1/80, p. 18; 4/80, p. 18  
Zablocki, Clement J., 4/80, p. 30  
Zakkay, Lillemor, 7/80, p. 23

### ORGANISATIONS

American Jewish Committee, 2/80, p. 5; 5/80, p. 17  
Center for World Thanksgiving, 11/80, p. 9  
City College of CUNY, 4/79, p. 16  
Food and Agriculture Organization, 9/80, p. 14  
International Bach Society, 7/80, p. 14  
International Labour Organisation,  
International Red Cross, 1/79, p. 20; 9/80, p. 17  
International Year of the Child, 3/79, p. 39; 1/80;  
7/80, p. 23  
Islamic Center, 2/80, p. 8  
Moravian Theological Seminary, 7/80, p. 15  
New York City, 4/79, p. 20; 2/80, p. 4; 6/80, p. 26;  
8/80, p. 7  
Pan American Masters Games, 9/80, p. 19  
Planetary Citizens, (*see* Keys, Donald)  
Randolph, A. Philip, Educational Fund, 5/80, p. 5  
Special Olympics, 7/80, p. 24  
UNESCO, 4/80, p. 23  
World Conference of the U.N. Decade for Women,  
8/80, p. 7  
World Education, 8/80, p. 24  
World Peace News, 4/79, p. 19

(---)