

A SOULFUL GIFT OF GRATITUDE  
 TO AMBASSADOR ROSSIDES  
 FROM SRI CHINMOY MEDITATION  
 AT THE UNITED NATIONS

December 1978



AMBASSADOR ROSSIDES

Ambassador Rossides,  
 O heart of sympathy-seas,  
 Your oneness-soul in closeness-role  
 Has freed our peace-cry from sleepless dole.  
 To you the U.N. Meditation Group  
 A soulful, tearful gratitude-troop.

(♩ = 108) Moderate Words and music  
by Sri Chinmoy

Am-bas-sa-dor Ro-ssi-des.

O heart of sym-pa-thy-seas-

! Your one-ness-

soul in close-

ness role Has freed our

peace-cry from sleep-less

dole To you the U. N. Me-di-ta-tion Group

A soul-ful, tear-ful gra-

ti-tude-

troop. D.C.

# ASPEN LEAVES

Words by Zenon Rossides  
Music by Sri Chinmoy

(♩ = 120) Moderate

The musical score is written on a single treble clef staff in a key signature of three flats (B-flat, E-flat, A-flat). The tempo is marked 'Moderate' with a quarter note equal to 120 beats per minute. The melody is a simple, flowing line with some grace notes and slurs. The lyrics are printed below the staff, with hyphens indicating syllables that span across multiple notes. The piece concludes with a 'fine' marking.

Wi—thin thy shade, O ce—dar tree, O cy—press, have I—  
res—ted, But dreams— o—lym—pi—an— drew from thee—  
O as—pen sil—ver— brea—sted. In thy— si—byl—lic  
mur—mur—ings I hear an an—cient sigh—ing, The voice  
of an im—mor—tal—sings— Pro—phe—tic—, deep—  
un—dy—ing. And O— when moon—shine tou—ches thee—  
And sil—ver foun—tains scat—ter, Pale— hands of  
Dry—ads— bec—kon— me To haunts of fawn and sa—tyr. *fine*

Within thy shade, O cedar tree,  
O cypress, have I rested,  
But dreams olympian drew from thee,  
O aspen silver breasted.

In thy sibyllic murmurings  
I hear an ancient sighing,  
The voice of an immortal sings  
Prophetic, deep, undying.

And O when moonshine touches thee  
And silver fountains scatter,  
Pale hands of Dryads beckon me  
To haunts of fawn and satyr.

# COSMIC RHYTHM

(♩ = 96) Moderate

Words by Zenon Rossides,  
Music by Sri Chinmoy

The musical score is written on ten staves of a grand staff (treble and bass clefs). The key signature has four flats (B-flat, E-flat, A-flat, D-flat), and the time signature is 4/4. The tempo is marked 'Moderate' with a quarter note equal to 96 beats per minute. The lyrics are written below the notes, with some words connected by lines. There are musical markings such as 'ritard' and 'a tempo' above the notes. A triplet of eighth notes is marked with a '3' above it. The piece ends with a double bar line and the word 'fine'.

I love, I love e-ven this bo-dy: so—  
ma-ny years, so— ma-ny things—, have we lived to-ge— ther .  
and I find it ly-ing— a-long the slope of the  
fo-rest—, bound to life— im-mo-va-ble,  
in em-brace of Mo-ther Earth—,  
hear-ken-ing to the un-earth-ly brea-thing,  
The moun-tain's qui-et brea-thing—,  
to the rhy—thm of the crick— et.  
I love,— I love e-ven this bo—dy.

I love, I love even this body;  
so many years, so many things, have we lived together . . .  
And I find it lying along the slope of the forest,  
bound to life immovable, in embrace of Mother-Earth,  
hearkening to the unearthly breathing,  
The mountain's quiet breathing, to the rhythm of the cricket.



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