

MEDITATION
AT THE
UNITED NATIONS



OUR HOPE FOR MANKIND

MONTHLY BULLETIN OF THE
UNITED NATIONS MEDITATION GROUP

VOL. III, NO. 5

27 MAY 1975

INSIDE FRONT COVER - BLANK

MEDITATION
AT THE
UNITED NATIONS

MONTHLY BULLETIN OF THE
UNITED NATIONS MEDITATION GROUP

(1)

Meditation at the United Nations is a monthly bulletin of the United Nations Meditation Group, compiled basically of transcriptions of the Group's regular meetings which are conducted by Sri Chinmoy.

Editor: Elizabeth Addison

Distribution: Margarita Ignatieff
Cynthia Austin

Assistants. France Vacher
Maureen Guiney
Rosemary Sweeney
Anselmo Evans

For information: Elizabeth Addison
Ext. 2948

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UNITED NATIONS MEDITATION GROUP



WE BELIEVE

. . . and we hold that each man has the potentiality of reaching the Ultimate Truth. We also believe that man cannot and will not remain imperfect forever. Each man is an instrument of God. When the hour strikes, each individual soul listens to the inner dictates of God. When man listens to God, his imperfections are turned into perfections, his ignorance into knowledge, his searching mind into revealing light and his uncertain reality into all-fulfilling Divinity.

Sri Chinmoy

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EDITOR'S NOTE

The United Nations Meditation Group was inaugurated on April 14, 1970, when Sri Chinmoy, the eminent Hindu spiritual teacher and philosopher, was invited to conduct its weekly meetings. The Group began its meditations in the Peace Room of the Church Center for the United Nations, but this small room was soon outgrown. Drawn by the immense spiritual wealth of the Master, many new seekers joined the Meditation Group. Coming from every department of the Secretariat as well as from associated organizations and various missions to the United Nations, they were deeply moved by the sublime peace and profound wisdom of Sri Chinmoy.

With its increased numbers and greater activities, the United Nations Meditation Group now meets on Tuesdays at 12 noon in the Chapel of the Church Center for the United Nations and on Fridays at 1:00 p.m. in one of the Secretariat Conference Rooms.

Membership is open to staff members of the Secretariat, delegates and representatives from Missions, Specialized Agencies and accredited NGOs to the United Nations.

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We warmly invite everyone at the United Nations and those officially associated with it to join us in our regular weekly meetings and other activities.

SCHEDULE FOR JUNE 1975

Regular Weekly Schedule

*Tuesdays, 12-1 p.m.
June 3, 10, 17, 24*

Every Tuesday at noon, Sri Chinmoy conducts an hour of silent meditation in the Chapel of the Church Center for the United Nations, corner 44th Street and 1st Avenue (side entrance).

*Fridays, 12-1 p.m.
June 6, 13, 27*

Every Friday during the lunch hour, in Room 550 of the Secretariat, Sri Chinmoy holds a brief meditation and then invites questions on the spiritual life from the seekers.

(Please note that on Friday, June 20, Sri Chinmoy will deliver a lecture of the Dag Hammarskjold Series, as outlined below, so the regular meeting for that day will be cancelled.)

Other Activities

Please see circular poster reprinted below.

UNITED NATIONS MEDITATION GROUP

The United Nations Meditation Group is a group of U.N. staff members, delegates and NGO representatives who believe that there is a spiritual way to work for world peace as well as a political way. The Group meets twice a week for non-sectarian meditations and spiritual discussions. Meetings, conducted by spiritual Master Sri Chinmoy, are held on Tuesdays from 12-1 in the Chapel of the Church Center for the U.N. and on Fridays in Secretariat Room 550 from 12-1. All are warmly invited to attend.

The Group also sponsors a variety of other programmes, as outlined in the following schedule.

SCHEDULE OF JUNE ACTIVITIES

Members Luncheon Meeting

Thursday, June 12, 1-2 p.m.

Boas Room, Church Center for U.N.

Regular members of the Meditation Group and their guests are warmly invited. Please sign up at the Tuesday, June 10, meeting or call ext. 4666 before Tues, 5 p.m. if coming.



Seminar on Self-Discovery

Monday, June 16, 1-2 p.m.

Conference Room 9

A panel of speakers (two from the U.N. Meditation Group and two guest speakers) will discuss:

- how the spiritual search has affected their personalities and lives
- peace through meditation and its application in everyday living
- basic meditation techniques
- the necessity of choosing a particular path

All are warmly invited to attend.



Dag Hammarskjöld Lecture Series

Friday, June 20, 1-2 p.m.

Dag Hammarskjöld Auditorium

Sri Chinmoy will speak. Title to be announced later. [Please note that on that day we will not hold our regular Friday meeting in Room 550 from 12-1 p.m.]



Bicentennial Vegetarian Luncheon

Wednesday, June 23, 1-2 p.m.

Boas Room, Church Center for U.N.

Open to everyone. Vegetarian luncheon with a bicentennial theme! Please get your ticket early since space is limited to 60 persons. Tickets will be on sale outside the cafeteria on Mon. and Tues, June 23 & 24, from 12-2 p.m. or you may send written request for tickets to Richard Howard in Room 972. Price per person: \$2.50.



Whitman/Thoreau Celebration

Date and place to be announced later - scheduled around end July/early June. We will observe the birthdays of poet Walt Whitman and philosopher Henry David Thoreau with a lecture from their writings in a programme with slides and music 1 piano and flute.



For information re the Meditation Group, please call ext. 4666.

TELEVISION

JUNE SCHEDULE OF MORNING AND EVENING PRAYERS BY SRI CHINMOY ON CHANNEL 5 (WNEW – TV)

June 1	Sunday	6:12 a.m.
June 2	Monday	2-4 a.m.*
June 6	Friday	6:12 a.m.
June 7	Saturday	2-4 a.m.*
June 15	Sunday	6:12 a.m.
June 16	Monday	2-4 a.m.*
June 22	Sunday	6:12 a.m.
June 23	Monday	2-4 a.m.*
June 29	Sunday	6:12 a.m.
June 30	Monday	2-4 a.m.*

* Denotes that prayer goes on after last scheduled movie, which ends sometime between 2 and 4 a.m.



(10) PROGRAMME OF VESAK FUNCTION

UNITED NATIONS MEDITATION GROUP

CELEBRATION OF THE
BLESSING OF THE TRIPLE GEM
OR
VESAK

Celebrated in Sri Lanka, Burma, India and many Asian countries, this holy day is a festival of "light and joy", observing the anniversary of the Buddha's birth, his attainment to enlightenment and his entry into Nirvana. While these three events took place years apart, they all occurred on the same day of the year.

*Dag Hammarskjold Auditorium
Thursday, May 22, 1 p.m.*

A note about the Buddha: Prince Siddhartha was born into a family of wealth and nobility, the son of a king. When he grew up, although he was married with a child, and was surrounded by the riches and comforts of the world, his outer wealth did not fulfil him. The sights of suffering, old age, sickness and death which he saw on his outings from the seclusion of the palace filled him with a burning cry to find some deeper meaning to life, a message that would put an end to mankind's passive role in the relentless cycle of life and death. One night he stole away from the palace, leaving his life of attachment, his position, his wealth and his family, in order to practise one-pointedly the life of meditation and contemplation. He meditated for many years and finally obtained his enlightenment, thus becoming the "enlightened one", the Buddha.

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Dedication

We would like to dedicate our performance today to the memory of former Secretary-General U Thant, in whose honour *Siddhartha Becomes the Buddha* was first performed, at a special function held in May 1973.

PROGRAMME

Scenes from

Siddhartha Becomes the Buddha by Sri Chinmoy

Excerpts enacted by members of the U.N. Meditation Group

Scene 1

Who Is the Owner: The Life-Saver or the Life-Taker?

An incident from the Buddha's childhood when, as the young Prince Siddhartha, he has an encounter with his cousin Devadatta, and the Prince's own inner sensitivity and regard for the higher truth and justice prevails.

Siddhartha	Pat Brown
Devadatta	Richard Howard
Judge	Kevin Keefe

Scene 2

Siddhartha Becomes the Buddha

A later period in the Buddha's life, showing his attainment to enlightenment while he sits under the famous Bodhi tree.

Siddhartha	Pat Brown
Ascetics	Jeff Baker, Bob Mueller, John Manfredi, Ed Castro, Bill Paradis
Sujata	Louise Douglas
Forces	Anne Claxton, Estelle Sumper, Helene Wall

Directed by : Kimberly Childs
Costumes : Louise Douglas

Film screening of
Vesak

A film depicting the Vesak celebrations in Sri Lanka, directed by former UN staff member Yvonne Hannemann

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JOHN F. KENNEDY'S
BIRTHDAY
May 29

In observance of the birthday of former U.S. President John F. Kennedy on May 29, we are including the following two poems from Sri Chinmoy's book: Kennedy: The Universal Heart, written in India in 1962.

UNIQUE

Kennedy is unique.
Why?
God kindled him with His Dream.
On him God showered
His Blessings divine,
Thickly,
Lavishly,
Significantly.

Kennedy is unique.
Why?
God threw on him
The burden of the world at large,
Smilingly,
Consciously,
Inevitably.

Kennedy is unique.
Why?
His soul visioned Tomorrow's Dawn,
Far beyond the flight of imagination,
Far above the strongest investigation,
Deep within the core of transformation.

Kennedy is unique.
Why?
He pined with his bleeding heart
To free the world
From the spiked wounds of life.

This eyeless earth of ours
Will burst into glorious bloom:
He saw this diamond truth,
While dreaming,
Struggling,
Daring.

ALONE HE STOOD

Alone he stood
Above all storms of life.
He stood alone
To challenge pain and strife.

Alone he stood
To feed a blooming race.
He stood alone
To change earth's tearful face.

IN COMMEMORATION OF
360 POEMS
—written in 24 hours
“just for the joy of it”
April 28, 1974

During the 24-hour period from midnight to midnight, April 28, 1974, Sri Chinmoy wrote, “just for the joy of it”, 360 poems which comprise the book The Goal Is Won. Sri Chinmoy mustered his yogic powers of concentration in order to maintain the remarkable pace of one poem every four minutes

On Tuesday, April 29, 1975, in observance of the first anniversary of Sri Chinmoy’s celebrated poetic achievement, the following selections from The Goal Is Won were read out during the meditation, as an expression of the Group’s deep gratitude for this significant gift to aspiring mankind

LORD, I AM TIRED

Lord, I am tired.
"Since you are tired, My son,
 Even before
Your journey's start,
I shall run for you."

Lord, I am tired.
"Since you are tired, My son,
 Even before
Your journey's start,
I shall sail your dream-boat
 And reach for you
Your golden Reality-shore."

MY BELOVED

Pride was my beloved
Only the other day.

Humility was my beloved
Only yesterday.

Oneness will be my beloved
Right from today.

THE GOAL IS WON

Your days of orphan-sorrows
Are behind you
And
Not beside you.
Why, then, do you
Helplessly cry?

Your days of excellence-joys
Are ahead of you
And
Not beside you.
Why, then, do you not
Immediately run and declare:
THE GOAL IS WON.

SPIRITUAL LIGHT
ON THE
CHARTER
OF THE UNITED NATIONS

At its Friday meetings in May 1975 the U.N. Meditation Group meditated and listened to readings selected to qualify, from the spiritual point of view, significant concepts and words contained in the Charter of the United Nations.

The readings, selected and arranged under the guidance of Ms. Gail Gershon for choral reading by the Meditation Group Poetry Readers, were taken, unless otherwise indicated, from the writings of Sri Chinmoy.

May 2, 1975
Part I

CHARTER
OF THE UNITED NATIONS:

WE THE PEOPLES
OF THE UNITED NATIONS
DETERMINED

TO SAVE SUCCEEDING GENERATIONS FROM
THE SCOURGE OF WAR, WHICH TWICE IN
OUR LIFE-TIME HAS BROUGHT UNTOLD
SORROW TO MANKIND, AND

TO REAFFIRM FAITH IN FUNDAMENTAL
HUMAN RIGHTS, IN THE DIGNITY AND
WORTH OF THE HUMAN PERSON, . . .

To reaffirm faith ...

Second and Third Readers. How can we have faith in ourselves?

Third Reader: First we have to feel that our existence in this world has a special significance.

Second Reader: We have to have faith in our life of aspiration and in the divine Grace. We have to have faith in ourselves and feel that we can become the chosen instruments of God.

*To reaffirm faith
in fundamental human rights ...*

Chorus: Is the right to happiness a human right?

First Reader Without the least possible hesitation I venture to answer this question in the affirmative.

Third Reader: Each man has a soul.

Second Reader: Each man has a goal.

Third Reader His soul silently tells him that his perennial Source is all happiness.

Second Reader: His goal lovingly tells him that in his constant God-manifestation is his own happiness.

*To reaffirm faith . . .
in the dignity and worth
of the human person ...*

Third Reader: Human achievements are relative but not man's divine worth. His divine worth is the absolute Truth of his inner Self.

Second Reader: Only when one is totally united with the rest of the world can he be truly happy. And this happiness makes a man the unparalleled soul on earth. It is not power that makes us superior or makes us feel that we are priceless; it is our matchless oneness with God.

Chorus: My wealth lies

Third Reader: in my mind's divine thoughts.

Second Reader: in my heart's pure sacrifices,

First Reader: and in my soul's conscious oneness with the Supreme.

Third Reader: Man says that he has a crying body.

Second Reader: I say that he has an aspiring temple.

Third Reader: Man says that he has a wandering soul.

Second Reader: I say that he has a glowing and flying bird.

Third Reader Man says that he achieves the Truth.

Second Reader. I say that he embodies and reveals the Truth.

First Reader: My body is the Experience of God. My life is the Manifestation of God. My freedom is the Perfection of God. My silence is the highest Pride of God.

Second Reader: There is and there can be only one definition of today's man:

Chorus: Man the God of tomorrow.

*

First Reader: We'd like to close with the Charter of the United Nations Meditation Group.

Chorus We believe and we hold

Second Reader that each man has the potentiality of reaching the Ultimate Truth.

Chorus: We also believe

Third Reader: that man cannot and will not remain imperfect forever.

First Reader: Each man is an instrument of God.

Chorus: When the hour strikes,

Third Reader: each individual soul listens to the inner dictates of God.

Chorus: When man listens to God,

Third Reader: his imperfections

Second Reader: are turned into perfections,

Third Reader: his ignorance

Second Reader: into knowledge,

Third Reader: his searching mind

Second Reader: into revealing light

Third Reader: and his uncertain reality

Second Reader: into all-fulfilling Divinity.

May 9, 1975

Part 2

CHARTER
OF THE UNITED NATIONS
continued

WE THE PEOPLES
OF THE UNITED NATIONS
DETERMINED

TO REAFFIRM FAITH . . . IN THE EQUAL
RIGHTS OF MEN AND WOMEN AND OF
NATIONS LARGE AND SMALL, AND

TO ESTABLISH CONDITIONS UNDER WHICH
JUSTICE AND RESPECT FOR THE OBLIGA-
TIONS ARISING FROM TREATIES AND
OTHER SOURCES OF INTERNATIONAL LAW
CAN BE MAINTAINED, AND

TO PROMOTE SOCIAL PROGRESS . . .

*To reaffirm faith ...
in the equal rights of men and women ...*

Second Reader: In the inner world, woman and man have equal freedom to cherish the mind's inspiration, the heart's aspiration and the soul's realisation.

First Reader: Furthermore, inspiration is woman; aspiration is man; and realisation is man and woman both.

Third Reader: Both men and women are of equal importance in God's Eye.

Fourth Reader: God is both male and female.

Second Reader: Each is of equal importance but each need not play the same role.

First Reader: Both men and women should march together toward the same destination.

Third Reader: They can run soulfully, devotedly and speedily toward the same goal.

Fourth Reader: Each nation is humanity's conscious cry for perfect perfection.

*To establish conditions under which
justice and respect
for the obligations arising
from treaties and other sources of
international law can be maintained ...*

Second Reader: The divine justice is the divine ideal in each human being.

First Reader: When a nation is not awakened, it is unaspiring and unilluminated, it feels that might is right.

Chorus This is human justice.

Third Reader But when a nation is illuminated, all-loving and all-embracing, it feels that right is might.

Chorus: This is divine justice.

Fourth Reader God's justice can be seen and felt only when we have the feeling of

Chorus universal oneness.

To promote social progress ...

Second Reader: Human progress wants to see more and more of the world, it wants to understand the mystery of the world.

Third Reader: Divine progress wants to see more and more of God in each human being.

Fourth Reader: Human progress feels that slow and steady wins the race.

First Reader. Divine Progress teaches us that Grace is the swiftest way to the Goal.

Second Reader: There are two things that prevent us from making progress: self-love and self-indulgence. Self-love makes continuous mistakes and Himalayan blunders, while self-indulgence is a Himalayan blunder itself.

First Reader: There is one way for us to make constant and conscious progress, and that is through God-love and God-service. God-love does everything perfectly, and God-service is nothing short of perfect perfection.

Third Reader. Progress is movement and movement is progress. Thousands of years ago, the Vedic seers offered their divine message,

Third, Second and First Readers. "Charai veti, charai veti, charai veti." move on, move on, move on.

Fourth Reader Again the seers of the Upanishads taught us to be dynamic and not to fear action. If we do disinterested action, this action can not bind us or claim anything of our existence. Action cannot claim a man of devoted and dedicated service.

Second Reader: As seekers, at every moment we are devotedly doing selfless service. The result can never be of importance to us. It is only our attitude, our motive that concerns us. The result will come in the form of failure or success and both of these experiences we have to offer at the Feet of the Lord Supreme with equal joy and delight. In this way we can make the fastest progress.

First Reader In the words of Dag Hammarskjöld "We give to our daily work what is in our power to give when we meet the demands

facing us to the full extent of our ability. This will ultimately lead us to greater justice and good will, even if nothing would seem to give us hope of success or even of progress in the right direction.”

Third Reader: Just say that the past is dust.

Fourth Reader: Lo! You have made enormous progress.

First Reader: Just tell yourself that your name is adamantine Determination.

Chorus: Lo! You have made genuine progress.

*

May 16, 1975

Part 3

CHARTER
OF THE UNITED NATIONS

continued ...

WE THE PEOPLES
OF THE UNITED NATIONS
DETERMINED

TO PROMOTE SOCIAL PROGRESS AND
BETTER STANDARDS OF LIFE IN LARGER
FREEDOM,

AND FOR THESE ENDS

TO PRACTICE TOLERANCE AND LIVE
TOGETHER IN PEACE WITH ONE ANOTHER
AS GOOD NEIGHBORS, ..

*To promote .
better standards of life
in larger freedom ...*

First Reader: We fight for the outer freedom.

Second Reader: We cry for the inner freedom.

First Reader: With the outer freedom, we see and rule the four corners of the globe.

Second Reader: With the inner freedom, we see the Soul and become the Goal of the entire universe.

Third Reader: True freedom does not lie in speaking ill of the world, or in speaking ill of an individual or individuals. Again, true freedom does not lie in merely appreciating and admiring the world or humanity at large.

First Reader: True freedom lies only in our inseparable oneness with the world's inner cry and its outer smile. The world's inner cry is God the Realisation. The world's outer smile is God the Manifestation.

Second Reader: World peace can come into existence when each individual nation consciously feels that the other human beings, the other nations, need not depend on it. No nation is indispensable; but if one nation helps another devotedly

and unconditionally, then the world will be inundated with fulfilling peace.

To practice tolerance ...

Third Reader: Today's United Nations sees the nations as its true friends.

First Reader: Tomorrow's United Nations will see the nations as its real sisters and brothers.

Third Reader: Today's United Nations offers hopeful and soulful advice to mankind.

First Reader: Tomorrow's United Nations will offer fruitful and fulfilling peace to mankind.

First Reader: How can we fulfil all our responsibilities? We have tried in human ways but we have failed. We think of the world with good thoughts and ideas, but the world remains exactly the same as it was yesterday. We love the world, but the world still remains full of cruelty and hatred. We try to please the world, but the world doesn't want to be pleased. It is as if the world has taken a vow that it won't allow itself to be pleased.

Third Reader: And why does all this happen? It is because we have not pleased our Inner Pilot, the One we have to please first. If we have no aspiration to please our Inner Pilot, how can we offer the world Peace, Joy and Love? Unless and until we have pleased the Inner Pilot, the world will always remain a battlefield where the soldiers of fear, doubt, anxiety, worry, imperfection, limitation and bondage will fight; and consciously or unconsciously we will play with these undivine soldiers. Fear, doubt, anxiety, worry and animal propensities can never offer us peace, world peace.

Second Reader: Again, deep within us divinity is crying to come to the fore. There the divine soldiers are our simplicity, sincerity, purity, humility and feeling of oneness. These soldiers are more than ready and eager to fight with fear, doubt, anxiety and worry. Unfortunately, we are not consciously identifying ourselves with the divine soldiers; we are consciously or unconsciously identifying ourselves with the undivine soldiers, and that is why world peace is still a far cry. World peace can be achieved, revealed, offered and manifested on earth when the divine Power of Love replaces the undivine love of power.

... *And live together
in peace with one another
as good neighbors, . . .*

Third Reader: The peace-lover, our ex-Secretary-General Dag Hammarskjold, offers us a sublime message: "No peace which is not peace for all..." In peace, what looms large is eternal, fulfilling rest. He says, "...no rest until all has been fulfilled."

First Reader: As human beings are countless, even so are their endless prayers. Each human being can doubt the value of spiritual prayer during his short span of life, but no human being on earth can say that he never prayed. Be it for a fleeting second or for hours or for months or for years, each individual has to pray. This prayer has intrinsic value. Again, when it is a matter of the individual, one individual can far excel the rest of mankind; similarly, one individual prayer far excels all prayer.

The profound seeker in Dag Hammarskjold offers an unparalleled prayer for mankind:

Third Reader: Before Thee in humility;

Second Reader: With Thee in faith;

First Reader: In Thee in Peace.

Chorus: Before Thee in humility; with Thee in faith; in Thee in Peace.

Second Reader: In a televised interview some time ago, a youngster of sixteen asked me, with concern, why there is no reference to God in the United Nations Charter. In my reply, I drew his attention to the Preamble of the Charter where the nations express their "faith in the dignity and worth of the human person" and pledge themselves "to practice tolerance and live together in peace with one another as good neighbors." I felt sure that he saw here an expression of what was recognized as the will of God: that we should love our neighbors as ourselves. [*Dag Hammarskjöld*]*

Third Reader The road of Beethoven in his *Ninth Symphony* is also the road followed by the authors of the Preamble of the Charter. [*Dag Hammarskjöld*]*

First Reader: It begins with the recognition of the threat under which we all live, speaking as it does of the need to save succeeding generations

from the scourge of war which has brought untold sorrow to mankind. [*Dag Hammarskjöld*] *

Second Reader. It moves on to a reaffirmation of faith in the dignity and worth of the human person. [*Dag Hammarskjöld*] *

Third Reader. And it ends with the promise to practice tolerance and live together in peace with one another as good neighbors and to unite our strength to maintain peace. [*Dag Hammarskjöld*] *

First Reader. Experience has shown how far we are from the end which inspired the Charter. We are indeed still in the first movements. [*Dag Hammarskjöld*]

Second Reader. But no matter how deep the shadows may be, how sharp the conflicts, how tense the mistrust effected in what is said and done in our world of today we are not permitted to forget that we have too much in common, too great a sharing of interests, and too much that we might lose together, ever to weaken in our efforts to surmount the difficulties. [*Dag Hammarskjöld*]

Third Reader. We must turn the simple human values which are our common heritage into the

firm foundation on which we may unite our strength and live together in peace. [*Dag Hammar skjold*] *

Chorus: May the symphony develop its themes, uniting us in its recognition of fear and its confession of faith. [*Dag Hammar skjold*] *

Second Reader: Then there comes a time when we see a thousand-petalled lotus fully bloomed within us, and we see consciously our Divine Pilot, our Divine Comrade, our Eternal Friend, the Supreme, right in front of us; and He makes us see and feel that through eternity we shall be not only with Him, but also for Him.

First Reader: In our conscious awareness, in our conscious seeing of His Presence, in our conscious feeling of inseparable oneness with Him, we shall establish here on earth, here and nowhere else, the Kingdom of Light, Truth, Peace and Delight.

May 23, 1975

Part 4

CHARTER
OF THE UNITED NATIONS

continued ...

*WE THE PEOPLES
OF THE UNITED NATIONS
DETERMINED*

*TO UNITE OUR STRENGTH TO MAINTAIN
INTERNATIONAL PEACE AND SECURITY,
AND*

*TO ENSURE, BY THE ACCEPTANCE OF
PRINCIPLES AND THE INSTITUTION OF
METHODS, THAT ARMED FORCE SHALL
NOT BE USED, SAVE IN THE COMMON
INTEREST, AND*

*TO EMPLOY INTERNATIONAL MACHINERY
FOR THE PROMOTION OF THE ECONOMIC
AND SOCIAL ADVANCEMENT OF ALL
PEOPLES.*

HAVE RESOLVED TO
COMBINE OUR EFFORTS TO
ACCOMPLISH THESE AIMS.

To unite ..

First Reader: The absence of unity is imminent confusion.

Second Reader: The absence of oneness is the ultimate destruction.

Third Reader: The presence of unity is the immediate end of human imperfection and limitation.

Chorus The presence of oneness is the glorious beginning of man's perfect perfection.

First Reader: One nation can surpass all other nations only by becoming one with them in their suffering, in their joy and in their achievements.

Chorus: When we become one, we really surpass.

Second Reader: What do we surpass?

Third Reader: We surpass not only the capacity of our own achievements and of others' achievements, but also the capacity of limited feelings.

Chorus: Real Supremacy comes when we grow into vastness.

Third Reader: If we become the vastness of Self, then who or what can be superior to us?

To unite our strength .

Second Reader: In prosperity our inner strength remains static

First Reader: In adversity our inner strength becomes dynamic.

Third Reader: None can deny the fact that every step of progress which the world has made has come from both the smiles of prosperity and the tears of adversity.

Chorus: The stronger we are within the brighter we are without

*To unite our strength
to maintain peace and security ..*

Second Reader: Security does not lie in our material achievements.

First Reader: Security does not lie in our earthly possessions.

Chorus: The richest man on earth is not secure.

Third Reader: A king,

Second Reader: a president

First Reader: or a dictator

Chorus: is not secure.

Third Reader: His hunger for sovereign power in ever-increasing measure and his fear of losing the power he has do not allow him to be secure. He is more insecure than the most insignificant human being on earth.

Second Reader: As an individual cannot be secure by amassing material wealth and by acquiring heights of power, even so a nation cannot be secure by displaying geographical boundaries and by declaring historical achievements.

First Reader. Money-power is no security.

Third Reader: Expansion-power is no security.

Second Reader: Possession-power is no security

Chorus: It is the soul-power that is all security

Second Reader And our love-power, which has free access to the soul-power, is always at our disposal.

WE THE PEOPLES
OF THE UNITED NATIONS
DETERMINED



(44)

FLEUR DU MATIN

Animé par le chant des oiseaux
Et les rayons du soleil nouveau
Un printemps éclatant de joie
Est entré.

L'or et le violet
Des crocus au col vert
Ecartant neige et glace
Pour sourire aux passants
A cédé à la majesté
Des bouquets roses et blancs,
Fleurs de pêchers, cerisiers
Ou pommiers,
Dans le vent
Frissonnant.

Et, de la terre à peine éveillée,
Ses gazons et buissons
Dans l'or du ciel baignés,
Monte un parfum subtile,
Enchanteur et grisant.

Pramoda

*New York,
Le 8 mai 1975*

TUESDAY MEDITATIONS

*The Chapel
Church Center for the
United Nations*

At each Tuesday meeting, Sri Chinmoy conducted an hour of silent meditation. Following are the "Meditations for the Day" by Sri Chinmoy for the respective weeks in May.

May 6

Self-love and self-hatred are two diseases but they can be cured by one medicine, and that medicine is: God-love.

May 13

My duty is to love God.
God's necessity is to love me.

May 20

In the spiritual life, surrender, if you can;
Love, if you dare.

May 27

God has given us His mightiest weapon, Com-
passion, to fight against our imperfections.

Unfortunately, we are using His weapon against
Him all the time.

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